Dear friends,

It’s the right time to outline an innovative vision for 2018 and let us laid the roadmap for a stronger, collaborative and futuristic Indian Psychiatric Society. We have to begin with “Membership Acceleration Drive”. There are over 50,000 physicians and more than 350 post graduate trainees in Psychiatry in a year. At present IPS membership stands little more than 6,000. We need to increase our membership numbers by including maximum number of psychiatrists and other mental health professionals and make the organization robust.

As per our action plan, we like to concentrate on the post graduate education. The Annual National conference, National MidTerm CME and a large number of CMEs by zone, state and local branches associates the PG students in acquiring the latest updates of the subject. Our concern is that despite our best efforts there is a huge and growing mistrust and dissatisfaction between patient and the doctor. To improve the doctors and patient relation, we must include a subject related to this under the UG and PG course curriculum. Communicating effectively with patients and families is a cornerstone of providing quality health care. IPS should take a stall role in improving communication skills to other professionals also.

We are happy to inform that the research wing of IPS Task Force “research, Education & Training Foundation” has already taken an active role in this under the able leadership of Dr. Ajit Avasthi, Dr. Suresh Bada Math, Dr. Adarsh Tripathi and their team. We proudly recognize the enormous effort by Dr. Shiv Gautam, Dr. Ajit Avasthi and Dr. Sandeep Grover in the creation of consensus based practice guidelines in collaboration with various specialties of Psychiatry. We like to keep in record that all the Sub-Committees, Specialty Sections, Task Forces have done excellent work in the field of psychiatry. Our heartfelt congratulations to all the Chairpersons, Co-chairpersons and Conveners upon their tireless efforts.

An enormous knowledge bank exists in our society, I personally believe that if we can form an Advisory Forum for assertive leadership which can influence, guide and work with the government to tackle mental healthcare challenges in India effectively.

Friends, let us not forget that a small sharing of your knowledge and experience enrich our society in all respect. For members, especially juniors, this is a call from your General Secretary to take responsibility in serving Indian Psychiatric Society for the excellence in the field of psychiatry and nation as a whole.

Visit our newly designed and more informative website: www.indianpsychiatricsociety.org and please contribute.

Long live Indian Psychiatric Society.

Dr. Gautam Saha
Hon. General Secretary, IPS

My dear friends,

It is a pleasure, privilege and honour to put in a capsule of what transpired since we met last along with my appraisals thereof. As I set down to pen these few words for our Newsletter I was reminded of the great American poet Longfellow - “Not enjoyment and not sorrow is our destined end or way; but to act, that each tomorrow find us farther than today,” he said. It is true that today we are ahead than when we started in many ways but much ground remains to be covered. Our steadfast pursuit of the goals we set for ourselves will have to continue with zest and determination.

You may recall that I set myself a few tasks when I occupied the chair. Putting our headquarters in shipshape, activating our website, mental health of the tribal people, integration, mental health care bill- now an Act, getting sister societies of the Commonwealth on a common professional platform were some of the key result areas. Our progress in all directions so far has been satisfactory. I am very optimistic that we will be able to meet the targets in fair time.

Most of the ground work for refurbishing our headquarters is complete. I see no hindrance in work getting completed in the next few months. We have been able to collect about eighty percent of all the required documents that are needed for the renewal of the registration of our society. It was indeed a painstaking effort to wade through the files. We are now streamlining the filing system and documentation. You are aware that our website was not of a standard commensurate to the work we are doing. We are working hard to bring the website to its perfection.

You may recall that I set myself a few tasks when I occupied the chair. Putting our headquarters in shipshape, activating our website, mental health of the tribal people, integration, mental health care bill- now an Act, getting sister societies of the Commonwealth on a common professional platform were some of the key result areas. Our progress in all directions so far has been satisfactory. I am very optimistic that we will be able to meet the targets in fair time.

With Best Compliments from

INDIAN PSYCHIATRIC SOCIETY

Operational Editor Dr. Om Prakash Singh
Message from President

Continued from page 1

our stature in the committee of societies. I am happy to report that the final draft version of website has an inviting look and has some novel features. We should see it get launched at our midterm CME at Visakhapatnam.

Our journal gaining an impact factor for the first time, I sincerely believe, is a landmark event. You will agree with me that the current impact factor is not a true reflection of the quality of our journal. The process is on to achieve a more appropriate acknowledgement of the standard of our journal.

Tribal Psychiatry is gaining momentum. We are all set to hold the first ever tribal psychiatry conference at Bhubaneswar in October. I had the good fortune to meet colleagues from SAARC countries at Abu Dhabi at the world Convention of Asian Psychiatry (WCAP) in March this year. The bonhomie was heady. It was unanimously decided to hold the SAARC Psychiatric Federation (SPF) Conference at Kolkata in December. I availed the opportunity at WCAP to have some informal discussions with many colleagues from SAARC countries and other countries as well about the proposed common forum for colleagues from Commonwealth countries. All were quite sanguine to the idea. We will have a core committee meeting of the psychiatrists of Commonwealth countries at Kolkata this year.

The Mental Healthcare Act is undoubtedly an idea for which the time has come. But you are aware that our society had some misgivings about certain provisions from the outset and we feel it is drafted poorly and in a way that it is very difficult to envisage equitable distribution of benefits of the provisions of the act. We met the Union Health Minister and apprised him of our apprehensions. Unfortunately our pleas could not find the ears of the government. We discussed the issue at the Council meeting at Lucknow as well as at the special Council meeting held at our headquarters recently. The committee which is appointed by the central government to frame the rules and regulations cannot change the Act. It was decided to go for a public interest litigation. The matter is now being pursued energetically in consultation with legal experts.

It is heartening to see much enthusiastic activity going on at our various branches. I tried my best to attend as many of these events as possible across the country, to rub shoulders with colleagues and pick their brains for useful bytes. Recently we had had highly fruitful discussions on framing clinical practice guidelines for geriatric psychiatry at Jaipur. I think this team is making a huge contribution to our society. The publication subcommittee is also doing some outstanding work with quiet assurance.

I will be representing you at the BIPA Conference in UK and WPA Conference at Berlin in September and October respectively. Our AGM commanded me to stand for the position of Zone 16 Representative of WPA. With the strength of your support egging me on I think we will make a job of it at the hustings.

This is for the first time fifty of our younger colleagues won laurels at the world stage. They made us proud. I salute them.

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I am acutely aware of the fact that excellence is an elusive target; but its pursuit, the very process of it, makes it exciting and rewarding. I am sure our tomorrows will find us little ahead than the preceding yesterdays.

Long live Indian Psychiatric Society!

Dr. (Brig.) M.S.V.K. Raju
President, IPS

Awards & Achievements

President of India presenting the Dr. B.C. Roy Award to Dr. Karri Rama Reddy on 28th March

Dr. Karri Rama Reddy received the prestigious Dr. B.C. Roy National Award for 2014 from President Pranab Mukherjee. Dr. Reddy was the only one from A.P. to receive the award being administered by the MCI. The award was given in recognition of his outstanding service in providing socio-medical relief. He was also selected for the Dr. D.L.N. Murthy Rao award, the highest given every year by Indian Psychiatric Society.

Prof. Suresh Bada Math received Sir. CV Raman Young Scientist Award for Medical Sciences

Prof. Suresh Bada Math, received ‘Sir. CV Raman Young Scientist Award’ for Medical Sciences on 12 April 2017 from Hon. Chief Minister of Karnataka. This award is instituted by the Department of Information Technology, Biotechnology and Science & Technology, Government of Karnataka and Karnataka State Council for Science and Technology, Indian Institute of Science Campus, Bangalore.

Dr. Dipti Shah received Ghatkopar Kutch Ratna Award 2017 on June 24 2017

Dr. Dipti Shah (Gada) who was awarded prestigious Ghatkopar Kutch Ratna Award 2017. Traditional Kutchi Pagadi (Hat) was put on her head. The award is given to a Kutchi who has done outstanding community work.

Felicitation of Surgeon Vice Admiral AA Pawar

Indian Psychiatric Society salutes the great achievement of Surgeon Vice Admiral AA Pawar for the post of Director General Medical Services (Navy) on 01 Jun 2017 and felicitates him in the inaugural function of Nation MidTerm CME 2017, Visakhapatnam. For Dr AA Pawar’s dedication and commitment to the service, has been awarded Visishht Seva Medal in 2012, Chief of Naval Staff Commendation in 2012 and Flag Officer Commanding-in-Chief (WNC) Commendation in 2001. We are proud to mention that he is appointed as Honorary Surgeon to the President (PHS).
EC Meeting at Lucknow on 8 April 2017
The EC Meeting at Lucknow was presided by Dr. (Brig) MSVK Raju. The EC discussed many important issues and the committee members presented their activity report. Thanks to the organizing team of ANCIPS 2019.

Meeting for Society Registration on 21 June' 17
The issue related to renewal of the registration of the society remains very sensitive and tender. Dr. (Brig) MSVK Raju President and Dr. Gautam Saha Hon. General Secretary went to Chennai on 21st June 2017 to discuss the pros and cons of the situation with our Finance Committee Chairperson Dr. R. Ponnudurai. We assessed the situation and criteria to renew the registration of IPS. We are very much hopeful we will solve this problem within couple of months.

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Office Bearers Meeting at Ranchi on 14 June'17
Meeting at CIP Ranchi to discuss about ANCIPS 2018 - Draft brochure, cut of dates for the award papers, posters and symposia.

Office Bearers meeting at Delhi HQ on 10 May'17
10th May 2017 The discussion was regarding the renovation of the HQ. and drafting Scientific Program of forthcoming National Mid-Term CME at Vizag, renewal of society registration in Chennai.

Meeting of Website Committee on 01 August' 17
Initiative was taken to revamp www.indianpsychiatricsociety.org the official website and was set to be launched with new dimensions for the benefit not only for our members, but also for the common public.

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10th SAARC International Psychiatric Conference @ Kolkata, Bengal Book the dates – 15,16,17 December 2017
Dr. Gautam Saha Organizing Chairperson Dr. (Brig) M.S.V.K. Raju President, SAARC Dr. Jay Shastri Organizing Secretary
IPS Members’ Activities

**Felicitation as International Fellow of APA in Annual Conference 2017**

On 20th May, 2017 Dr. Gautam Saha, Hon General Secretary and Dr. Anjay Gupta, Fellow Member were felicitated as International Fellow of American Psychiatric Association (APA) in Annual Conference of APA 2017 in San Diego.

**IAPP Midterm CME at Kumarakam, Kerala**

Mid-Term CME of Indian Association of Private Psychiatry was held up on 22nd and 23rd April, 2017 at Zuri Kumarako, Kerala. Dr. Dinesh Narayana, Dr. A. A. Ameen and Dr. A. J. John was Organising Chairperson, Organising Co-Chairperson and Organising Secretary respectively.

**Dilli Chalo – IMA Health Walk Protest March on 6th June, 2017**

Indian Medical Association had decided that “Enough is Enough” had given the call “Dilli Chalo” a massive march program from Rajghat to Indira Gandhi indoor stadium, New Delhi on Tuesday 6th June 2017. IPS was invited by the National President of IMA Dr. K.K. Agarwal in which he on behalf of IMA has requested members of Indian Psychiatric Society to participate in large number in this valuable cause. President Dr. Brig. MSVK Raju, Dr. Gautam Saha and past Presidents and senior members of IPS joined the march for the cause.

**Screening of short film on Depression**

A Ray Of Hope – Goodbye Depression is a short film which was created by the staff of hospital for mental health to spread awareness for depression. The story and direction was by Dr. Deepti Bhatt.

**Program on school education at Surat on 22–23 July 2017**

National convention on “Parenting For Peace” working in Gujarat to create awareness about mental health & suicide prevention in children as well as adults at Surat on 22 – 23 July. Dr. Khyati Mehtalia, Co-Chairperson and Dr. Arti Mehta, Convenor School Education and Counselling were invited as guest speaker.

**E-Voting**

It’s time for second online voting. Keep an eye on the election notification coming up shortly. Please update your Name, Fellowship Number, Active Email ID & Active Cell Number.

Dr. K. Sudarsan Chairperson
Dr. Roop Sidana Returning Officer
Dr. Prabir Paul Election Officer
IPS Election Commission
We all know, many programmes related to the theme of the World Health Day were organized in India by our Fellow members. We have tried to picturise most of them, but some of them may got missed out for limited space in this newsletter.
IPS Branch Activities

Zonal

IPS East Zone Mid-Term CME, 2017

Inaugural function of IPSEZ Mid-Term CME hosted by IPSWB with gracious presence of VICE CHANCELLOR, WBUHS, Prof Bhabotosh Biswas; DME, Govt of West Bengal, Prof Debashish Bhattacharya, Brig (Dr) MSVK Raju, President IPS, Dr Gautam Saha, Hony Gen Secretary, IPS and other dignitaries; Performance of drama “Raktakarabi” by “Iswar Sankalpa” (NGO) and guest performance by IMON CHAKRABORTY followed by IPSEZ Talent hunt.

Discussion on the Rules and Regulations of Mental Healthcare Act, 2017

Department of Psychiatry of NIMHANS in collaboration with IPS office bearers and office bearers of IPS Karnataka Chapter had a preliminary strategic discussion focused on the Rules and Regulations of Mental Healthcare Act, 2017 (Central and State Rules). This meeting was held on 22 July 2017 at NIMHANS, Bangalore.

West Zone Annual Conference at Rajkot, Gujarat

The Organising Committee of Indian Psychiatric Society West Zone Annual Conference welcomes you all to Rajkot from 29 September to 1st October and make the conference successful.

State

CMEs under the aegies of IPS West Bengal State

An interactive workshop and CME on ‘Obsessive Compulsive Disorder’ held at Kolkata on 25 th June organized by the IPS, West Bengal State Branch. Dr Y.C.Janardhan Reddy, Dr Janardhanan, Paulami Sudhir and Preeti Jacob from NIMHANS and extremely talented young psychiatrists from Bengal Dr Sanjay Garg & Dr Alakananda Dutta will be amongst eminent faculties. Chairperson: Dr Gautam Saha.

No Tobacco Day – CME

A CME on “Cut to Quit” quality presentation and discussion on 31st May at Kolkata. Thanks a ton to the speakers Dr. Prathama Guha Chowdhury, Dr Madhurima Ghosh and chairperson Dr. Gautam Saha, Hony Gen Secretary, IPS. Many members participated.

Maharashtra State Branch Annual Conference

IPS, Maharashtra State Branch organized annual conference on 5th and 6th August at Nagpur. The theme was “Psychiatry and Law”. Dr. Mrugesh Vaishnav delivered a lecture on “Marriage, Mental Health and Legislation”. 150 other renowned psychiatrists of Maharashtra were present.

Local

Monthly CME of IPS Kalyani-Barrackpore-Barasat Local Branch

Activities: Sub Committees, Specialty Sections, Task Forces

7th April, 2017: World Health Day – HAPPY INDIA CAMPAIGN Organised by community Psychiatry Speciality Section

Organised by community Psychiatry Speciality Section under the able leadership of Dr. Mrugesh Vaishnav on 7th April 2017 on occasion of World Health Day. Almost 3000 delegates attended the program. Shri Bhupendrabhai Chudasama, the Education Minister of Gujarat graced the program as chief guest. Other faculties were Dr (Brig) MSVK Raju (President), Dr Mukesh Jagiwal (Treasurer), Dr. Mrugesh Vaishnav (Chairperson), Dr. V. D. Meel (Co Chairperson) Dr. Sanjay Gupta (Convenor), Dr Yusuf Matcheswalla, and Dr. Parth Vaishnav.

National Symposium On “Forensic Psychiatry – Past, Present And Future”

A National Symposium On “Forensic Psychiatry – Past, Present And Future” was organised by The Department of Psychiatry, B. J. Govt. Medical College & MIMH, Pune, in collaboration with The Forensic Psychiatry – Sub Speciality Section of Indian Psychiatric Society on 8th July, 2017 at BJMC & MIMH Pune

Perinatal Psychiatry Speciality Section meeting at NIMHANS, Bangalore

22.07.2017: A Meeting of Perinatal Psychiatry, Speciality Section of IPS was organised at NIMHANS, Bangalore on 22nd July. The organisers included Dr. Prava Chandra as Chairperson, Dr. Sonia Parial as Co-Chairperson and Dr. Anita Gautam as the Convenor.

IPS Task Force on Practice Guidelines meeting at Jaipur, Rajasthan

A Great meeting was arranged at Jaipur by IPS Task Force on Practice Guidelines. Dr. Shiv Gautam, Dr. Ajit Avasthi and Dr. Sandeep Grover was present. Special thanks to Dr. Manaswi Gautam for great hospitality.

World Yoga Day

International Yoga Day was celebrated on 21st June at Dr CSN Degree College Bhimavaram. It was conducted under the aegis of Task Force on Yoga and Meditation of IPS, Sri Jana Vijnana Vedika, NSS Unit of Adikavi Nannaya University, Rajahmundry. Dr. (Brig) MSVK Raju, President of IPS, Dr Gautam Saha, Hon. Gen. Secretary of IPS, Dr B N Gangadhar, Chairman of the Task Force on Yoga and Meditation were present and grace the occasion.

Upcoming books to be published by IPS Publication Sub- Committee

Thanks to Dr. Vinay Kumar, Avinash D’Souza and Dr. Amlan Kusum Jana.