# **NEWSLETTER**

**BI-MONTHLY** 

From the desk of Hon. General Secretary



# **INDIAN PSYCHIATRIC SOCIE**

**ISSUE 01 • March 2016** 

Operational Editor Dr. Om Prakash Singh



Message from Hon. General Secretary

Dear Friends,

Greetings to you in the most precious name of our Society - Indian Psychiatric Societu.

I was installed as the Hon. General Secretary of Indian Psychiatric Society (IPS) at the Annual General Meeting held on 23rd January 2016, at People's World, Bhopal and I took charge of the office formally from Dr. N.N. Raju.

First of all I thank my parents, family and my extended family which includes my dear friends and members of the society for the privilege they bestowed on me to serve you all from this position of responsibility. At the same time I express my deep sense of gratitude for reposing your faith in me and electing me to lead Indian Psychiatric Society, one of the largest such member in the World Psychiatric Association. I wholeheartedly endure this position because I believe in the vision and purpose of IPS. I come with the conviction that with more than 5500 members we can overcome any hurdle on our way.

I am not coming to this office only with my agenda or vision. As I have discussed with the office bearers and executive committee members too, it is my strong conviction that IPS brings all of psychiatric professionals in India together and therefore, the vision of IPS should be the collective vision of its members. IPS exists because of, and for its members in India. Therefore, it is my commitment to listen to you and hear what you are saying. Thereafter, together we need to raise the psychiatry fraternity here in India and beyond, and together we must move forward to realize the three most important visions along with our beloved President Dr. G. Prasad Rao.

- 1. Full involvement for Anti Stigma campaign on mental health.
- 2. Focusing full strength for much-needed better representation of Psychiatry in Under Graduate medical courses.
- 3. First Steps towards Health Insurance coverage of Psychiatry treatment.

I want to underscore that IPS does not belong to a handful of office bearers, EC members, committee members at the office only. IPS belongs to all zonal branches, state branches and local branches that are committed to be a part in the sharing of IPS activities in this nation and beyond. Therefore, it is my humble prayer to all of you to engage actively with us, support us and thus advise and enrich professional resources utilizing IPS networks, coordination of CMEs in your area, contribution of academic support, availing your branches whenever IPS need your help, are some of the means through which you could involve to realize the collective vision of IPS.

I request you to join me in expressing our deep gratitude and appreciation to Dr. Vidyadhar Watve, the outgoing President, Dr N. N. Raju, the outgoing General Secretary and Dr. Vinay Kumar our outgoing Treasurer. Under their capable leadership IPS has progressed much further. Their simplicity of words, adaptability, patience and hard work has truly inspired all who have worked closely with them.

Lastly, but in no way the least, I am fortunate that I have a President like Dr. G. Prosad Rao and Dr. M. S. V. K. Raju as Vice President. I am confident that we will definitely give psychiatry a new face in our country and I reiterate what our President said "we will strive each and every day to provide a better care for our patients."

Long live IPS!

#### Dr. Gautam Saha

Hon. General Secretary Indian Psychiatric Society



Message from **President** 

My dear members,

*It is indeed with great pleasure I pen my thoughts and actions* in this brief period after AGB at Bhopal.

Let me congratulate Brig. MVSK Raju and Dr. Vaibhav Dubey and his team for giving us a memorable and greatly successful conference at Bhopal. The E.C. is indeed highly grateful.

The website of Indian Psychiatric Society has been refurbished with new information and I am thankful to the web committee, by 27th Jan 2016, I request all members to visit the site (www.indianpsychiatricsociety.org) regularly.

NIMHANS has conducted along with IPS, under able leadership of Prof. B N Gangadhar and Dr. S.K. Chaturvedi a one day intense workshop on "Quality of Life" in chronic mental illness. We came up with discussions and would come up with a one day "Brain storming" to bring out IPS white paper of recommendation on 'Disability and chronic mental illness' involving all stake holders.

Incidentally this was in response to news item where it was mentioned that Smt. Maneka Gandhi, Hon. Minister of Women and Child welfare, was considering removing chronic mental illness from disability PWD act. Madam Maneka Gandhi since denied the above news, it still remains a challenge to work with the government in advocacy of fighting for the rights of the mentally ill.

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Agreed to be

**Brand Ambassador** 

for

Indian **Psychiatric** Society



# = Condolence Message =

We, on behalf of Indian Psychiatric Society are deeply mourned by the sudden, sad demise of our beloved senior colleagues Dr. Priyavadan Chandrakanta Shastri, Mumbai & Dr. Vipul Sangani, Ahmedabad.



**Dr. P.C. Shastri** was the President of Indian Psychiatric Society (2008-09). He has been recognized for being a prolific contributor and a leader in Indian Psychiatry; a stalwart in child & adolescent psychiatry for nearly four decades; a great researcher with more than hundred publications to his credit; an excellent academician; versatile teacher and a guide to all his grateful students.

Dr. Shastri passed away on 18th January 2016.



**Dr. Vipul Sangani** was the Past President of Indian Psychiatric Society, Gujarat State Branch.

Dr. Sangani passed away on 12th March 2016.

We pray to the Almighty that their soul may rest in peace in his heavenly abode and give strength to their bereaved family members to come out from this sorrow.

#### Continued from page 01▶

## Message from President

We had on Feb. 10th visited IPS headquarters at Rajasthan house, of the core EC members and resolved to take up all AGB points. The headquarters committee has taken up to look after making the 'Rajasthan House' a great place to live in for all members and all the members are requested to utilize the facility.

We are conducting a random – dummy' election trial run to check the e voting by all members. Hence, it is requested, between March 10th and 20th all the randomly selected fellow members to vote.

Our journal of IJP App is being finalized and soon all members can use our journal on Smart Phones, IPads, Androids etc.

I congratulate all newly co-opted / nominated members of various sub committees, speciality sections, Task Forces and Tibunals and the chairpersons, co-chairpersons, conveners are all invited to Ranchi on 2nd April for EC meeting. Request all to present the activities as power point presentation for EC to move forward as professionally in the Professional body.

There are a lot of activities planned and Dr. Gautam Saha, our Hon. General Secretary is really busy and active all along.

We have lot of ambitious plans to take our IPS to greater heights. Advocacy in legislations connected to mental health, taking along the NGOs working for mentally ill and mentally challenged and simultaneously working with the activists for the patients' care, IPS is always available.

Long Live IPS!

#### Dr. G. Prasad Rao

President

Indian Psychiatric Society

## **ACTIVITIES ROUND-UP**



On 30th January, 2016 NIMHANS has conducted along with IPS, under the able leadership of Prof. B N Gangadhar and Dr. S.K. Chaturvedi, a one day intense workshop on "Quality of Life" in chronic mental illness. IPS will hold a one day brainstorming session to bring out a white paper of recommendations on 'Disability and chronic mental illness' involving all stake holders.





On 25th and 26th February, 2016 an international conference SNEHA – Suicide Updates 2016 organized by Dr. Lakshmi Vijayakumar and co-sponsored by IPS was a grand scientific feast with intellectual and national feeling. Dr. Lakshmi Vijayakumar, Dr. G. Prasad Rao, Dr. Vikram Patel, Dr. Shekhar Saxena, Dr. Suresh Kumar, Dr. Indla Rama Subba Reddy participated.

IPS has had two symposia in the International conference MHWC2016 – Men's Health World Congress held in India for the first time, in New Delhi between 26th and 27th February, 2016, successfully organized by Dr. Raman Tanwar and participated by Dr. T.S.S. Rao, Dr. Sunil Mittal, Dr. Smitha Deshpande and Dr. Gautam Saha from IPS.



# IPS Zonal Activities

#### 2016

~ List of forthcoming Zonal Academic Activities ~

#### **Central Zone**

• Midterm CME : Month of August

• PG-CME: Month of August

• Annual Conference : Month of October

#### East Zone

• PG CME: 22nd-23rd July, Bhubaneswar

• Midterm CME: 23rd-24th July, Bhubaneswar

 Annual Conference (CEZIPS): Month of September, Kalimpong

#### **North Zone**

• Midterm CME: 24th April, Dalhousie

• PG CME : 28th-29th May, Pahalgam

• Annual Conference : 22nd-23rd October Udaipur

#### South Zone

• CME for Practitioners : 14th & 15th May Karim Nagar

• PG-CME: 23rd-24th July, Bengaluru

• Annual Conference (IPSOCON) : 14th-16th October, Chennai

#### West Zone

• Midterm CME: 23-24 April Alibagh

• PG CME: Month of December

• Annual Conference : 14th-16th October, Baroda

# **ANCIPS 2018**

Annual National Conference of Indian Psychiatric Society will be held in Ranchi Jharkhand Organised by



IPS, Jharkhand State Branch & Central Institute of Psychiatry Kanke, Ranchi

## Office Bearers' meeting on 10th February, 2016 at IPS Headquarters



Issues discussed:

- 1. Drafting of Minutes of AGBM, Bhopal and Post Conference EC Meeting.
- 2. Discussion regarding the invitation, acceptance and role / position of IPS in the international conferences - Asian Federation of Psychiatric Association (AFPA) Srilanka and Men's Health World Congress (MHWC), New Delhi (26th to 28th February 2016).
- 3. Discussion about last controversy raised on Disability Bill.
- 4. Discussion on formation of Sub Committees, Speciality Sections, Task Forces and Tribunals.
- 5. Discussion on IPS HQ functioning on regular basis.
- 6. Development of APPs IJP, eVoting, IPS general information with membership, evaluating quotes received and fund involvement and raising.
- 7. Discussion on dates of next EC Meeting at Ranchi and once in two months Office Bearer's Meeting at IPS HQ.
- Website functioning and eIPS.

## Mental Health Care Bill: Meeting with Dr. (Smt.) Kakoli Ghosh Dastidar, Member of Parliament

The four member team of Indian Psychiatric Society attended the meeting with Dr. (Smt.) Kakoli Ghosh Dastidar, Member of Parliament, Govt. of India regarding our views on Mental Health Care Bill on 6th February in Madhyamgram, West Bengal.

- 1. Dr. Gautam Saha, Hon. General Secretary, Indian Psychiatric Society
- 2. Dr. Om Prakash Singh, Direct Council Member, Indian Psychiatric Society
- 3. Dr. Neelanjana Paul, Hon. Secretary, IPS, West Bengal State Branch
- 4. Dr. Tirthankar Dasgupta, EC Member, IPS, West Bengal State Branch

An appointment with the Member of Parliament, Dr. (Smt.) Kakoli Ghosh Dastidar was fixed at a very short notice on 6th February 2016 at 4 PM. The four-member delegation of Indian Psychiatric Society was formed after discussing with our President Dr. G. Prasad Rao. The delegation team was introduced to Dr. Ghosh Dastidar. Dr. Om Prakash Singh was requested to speak on behalf of the delegation of IPS. We explained each of our concerns and reservations on Mental Health Care Bill in detail. Dr. Ghosh Dastidar gave us a patient listening and discussed all our concerns and issues regarding MHCB. We also presented a memorandum in this regard on behalf of Indian Psychiatric Society. She told us that she was aware of the fact that some of these issues regarding MHCB were raised in the year 2014.



We requested a meeting in Parliament in Delhi on 10th February 2016. As she will not be present in Delhi on that day, she assured that in the next parliamentary session she will find out the status of the MHCB in the House of Parliament. She will let us know in advance, so that we can form a Conesus opinion involving as many Members of Parliament as possible and we can present our views in the House of the Parliament for definite changes.

Madam, being doctor herself understood and realized the pros and cons of the Bill and assured that she would carry all our views to the concerned Ministers and confirmed us that something positive would come out.

The members of the delegation, Indian Psychiatric Society once again thanked Dr. Kakoli Ghosh Dastidar for her time and for giving adequate opportunity to express views of each member in spite of her busy schedule. Members of IPS would be happy to meet her along with other Members of the Parliament for perusing changes of the Bill at New Delhi before the MHCB is placed in the floor of the Parliament.

# IPS Mock E-Voting: 10th to 20th March, 2016



The login page for eVoting

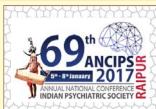
fellows, 100 from each zone received the SMS, mail and link for e-vote. Voters were randomly selected for this e-vote procedure and made it a success. The results of this voting will be presented at EC meeting at Ranchi. The steps to follow for eVoting:

AGBM at Bhopal had approved change from paper vote to e-vote. IPS election

commission has conducted mock e-vote from 10th to 20th March. Total of 500

- 1. Member has to login with his/her IPS number, mobile number and email id registered
- 2. Once the details are matched with IPS records, member will receive a voting pin i.e OTP a One Time Password on his/her mobile number within 5 minutes.
- 3. The OTP is valid for 30 minutes with only 5 chances to regenerate. Once vote is casted no new OTP can generated.
- Once an OTP is verified. The Ballot paper gets enabled for casting the vote.
- 5. Choose candidates of your choice by clicking on checkbox and then click on submit your
- 6. By clicking on "Submit your vote" you will receive this message. "Thank you. Your vote has been successfully registered. Ballot Exercised" on the screen.
- 7. For Any queries call Toll Free Number 1800-22-6499. Monday to Friday 10AM to 6 PM)

Connect to < http://ips.evote.co.in/ips\_mock/member/index.php > to start eVoting.



Welcome to 69th ANCIPS at Raipur. A historic conference will be held for the first time in the wonderful green state of Chhattisgarh.

For details and other informations please visit

www.ancips2017.com

Online Registration



Special thanks to Dr. Vivek Kirpekar, Chairperson, Election Commission and his team for successful conduction of e-voting exercise.

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# NEWSLETTER

### EXECUTIVE COUNCIL, SUB COMMITTEES, SPECIALTY SECTIONS, TASK FORCES, TRIBUNAL, ELECTION COMMISSION 2016

### EXECUTIVE COUNCIL

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Hon. Editor

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Dr. Om Prakash Singh Dr. Arabinda Brahma

Dr. Kshirod Kumar Mishra

Dr. Om Prakash Dr. Sunil Goval

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Dr. Jai Prakash Narayan

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Dr. Lalit Batra

SOUTH ZONE Dr. Abhay Matkar

Dr. K. Uday Kumar

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Dr. Kaushik Gupte

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Dr. Abdul Majid (01267)

Dr. Neelanjana Paul (14079)

Dr. Vishal Indla (22098) SUB COMMITTEES

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**Hon. General Secretary** 

From the desk of

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Dr. Rajesh Rastogi (18038) Co-Chairperson

Dr. Brahmdeep Sindhu (02152) Convener

#### SPECIALTY SECTIONS

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Dr. Jyoti Prakash - Co-Chairperson

Dr. Rajeev Saini - Convener

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Co-Chairperson

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Dr. V.D. Aravind (01196) Convener

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Dr. Tushar Jagawat (10056) Co-Chairperson

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Dr. Uday Choudhury (03029) Chairperson

Dr. Parth Vaishnab (LOM/P08/12) Convener

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Dr. Deepanjali Medhi (04119) Convener

Liasion of Mental Health Dr. Dinesh Narayan (04082) Chairperson

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Dr. Debjani Bandyopadhyay (04143) Co-Chairperson

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Dr. Abhay Matkar (01164) Co-Chairperson

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Dr. Mahesh Gowda (13153) Convener

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