



[Estd: 1948]

INDIAN PSYCHIATRIC SOCIETY

Headquarters : Plot 43, Sector 55, Gurgaon, Haryana - 122 003, India.
Phone : +91-124 - 4006750, Email : ipsssecretaryoffice@gmail.com
Secretariat : Department of Psychiatry, Room No 1111, 1st Floor, 'F' Block,
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Mob: +91 9845282399 E-Mail: issma19@gmail.com
Websites : www.indianpsychiatricsociety.org • www.indianpsychiatry.org

ONLINE MENTAL HEALTH SERVICES & SUPPORT DURING COVID 19 PANDEMIC

LIST OF VOLUNTEERS FROM I.P.S. ASSAM STATE BRANCH

S L	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	DR JAYANTA DAS	ASSAMESE,ENGLISH,,HINDI,BEN GALI	9435731314	10AM TO 12PM
2.	DR ABHILEKH DAS	ENGLISH,HINDI,ASSAMESE	9678248254	11AM TO 2PM
3.	DR ANAMIKA PHUKAN	ENGLISH ,HINDI,ASSAMESE	9957550518	5PM TO 8PM
4.	DR SUMAN BAIDYA	ENGLISH,HINDI,ASSAMESE,BENG ALI	7002527380	6PM TO 8PM
5.	DR SUMI B CHOUDHURY	ASSAMESE,ENGLISH,,HINDI,BEN GALI	9435149512	10AM TO 12PM
6.	DR MD SAHDULLAH	ASSAMESE,ENGLISH,,HINDI,BEN GALI	9435096657	11AM TO 6PM
7	DR PROSENJIT GHOSH	BENGALI,ASSAMESE,ENGLISH,HI NDI	9435072563	7PM TO 9PM
8	DR SANJAY SINGH	ENGLISH,HINDI,ASSAMESE,BENG ALI	9864954254	7PM TO 9PM
9	DR SIMANTA TALUKDAR	ASSAMESE,ENGLISH,,HINDI,BEN GALI,SYLETI	9706068011	7PM TO 9PM
10	DR SHAMIUL AKHTAR BORBORA	ASSAMESE,ENGLISH,HINDI,BENG ALI,BHOJPURI	8255014325	2PM TO 4PM
11	DR PALLAB KR BHATTACHARJEE	ASSAMESE,ENGLISH,HINDI,BENG ALI	9435131734	3PM TO 9PM
12	DR ANWESHAK DAS	ASSAMESE,ENGLISH,HINDI, BENGALI	7086055581	9AM TO 1PM
13	DR HIMABRATA DAS	ENGLISH,HINDI,BENGALI,ASSAM ESE	9706193069	4PM TO 6PM
14	DR SONIT KALITA	ASSAMESE,ENGLISH,HINDI	9854021826	6PM TO 8PM
15	DR DIPAK DUTTA	ASSAMESE,HINDI,ENGLISH,BENG ALI	9508093683	6PM TO 9PM
16	DR KAVERY BORA	ASSAMESE,HINDI,ENGLISH,	9435390480	4PM TO 6PM
17	DR DIPJYOTI BORA	ENGLISH ,HINDI,ASSAMESE	9964238468	4PM TO 7PM

18	DR JAYANTADUTTA	ENGLISH,ASSAMESE,BENGALI,HINDI	9435172761	6PM TO 8PM
19	DR AMAL BAISHYA	ASSAMESE,ENGLISH,HINDI	9864211112	4PM TO 6PM
20	DR SUSHIL AGARWAL	HINDI,ENGLISG,ASSAMESE	9864404153	3PM TO 5PM
21	DR MADHUKAR CHAUDHURY	ASSAMESE,HINDI,ENGLISH,BENGALI	9435114910	7PM TO 9PM
22	DR AJIT KUMAR BISWAS	ASSAMESE,BENGALI,HINDI,ENGLISH	9435030641	11AM TO 7PM



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LIST OF VOLUNTEERS FROM I.P.S. BIHAR STATE BRANCH

SL	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	Dr UK Sinha	Hindi, English, Maithili, Bhojpuri	9431028685	9 to 10 am
2.	Dr Rajesh Kumar	Hindi, English, Maithili, Bhojpuri	9871554629	10 to 11 am
3.	Dr Santosh Kumar Dr VK Singh	Hindi, English, Maithili, Bhojpuri	8544402052 9835290009	11am to 12 noon
4.	Dr Manish Kumar, Dr Rakesh Kr Singh	Hindi, English, Maithili, Bhojpuri	9262690110 7070000466	12 noon to 1 pm
5.	Dr Pankaj Kumar	Hindi, English, Maithili, Bhojpuri	9868226571	1 to 2 pm
6.	Dr Sanjay Kumar Dr Rajeev Sawarn	Hindi, English, Maithili, Bhojpuri	9472001530 8917627717	2 to 3 pm
7.	Dr Roopam Dr Rajeev Ranjan	Hindi, English, Maithili, Bhojpuri	8800985834 7739988009	3 to 4 pm
8.	Dr Rakesh Kumar Dr Hemant Kumar	Hindi, English, Maithili, Bhojpuri	9430832627 7366857882	4 to 5 pm
9.	Dr Nupur Niharika Dr Sambhu Prasad	Hindi, English, Maithili, Bhojpuri	8578955392 8427016592	5 to 6pm
10.	Dr SN Roy Dr Deepshikha	Hindi, English, Maithili, Bhojpuri	9708847627 7367853224	6 to 7pm
11.	Dr Rohit Alok Dr Nishant Vibhash	Hindi, English, Maithili, Bhojpuri	8595070285 8252220719	7 to 8 pm
12.	Dr Saurabh Kumar Dr Vivek Pratap	Hindi, English, Maithili, Bhojpuri	9899461700 8378897169	8 to 9 pm



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LIST OF VOLUNTEERS FROM I.P.S. CHHATTISGARH STATE BRANCH

SL	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	Dr. Ashok Trivedi	Hindi \English	9826582343	11AM TO 1 PM
2.	Dr. Pramod Gupta	Hindi \English Marathi\chhattisgadi	9329010533	11AM TO 2 PM
3.	Dr. Manoj Sahu	Hindi \English \ Oriya	9424242774 700793736	11AM TO 2PM
4.	Dr. Soniya Pariyal	Hindi \English	9329100189	2PM TO 4PM
5.	Dr. Devendra Ratnanai	Hindi \English	9329013112	6PM TO 9PM
6.	Dr. Shashikant Singh	Hindi \English chhattisgadi	8770170794	4PM TO 6PM
7.	Dr. Deepak Ghormode	Hindi \English \ Marathi	8359898122	12PM TO 2PM
8.	Dr. Rajesh Kumar	Hindi \English	8085029701	4PM TO 6PM
9.	Dr. Vimal Bhagat	Hindi	8603678247 8718058982	4PM TO 6PM
10.	Dr. Surbhi Dubi	Hindi \English \ Marathi	7869236768	3PM TO 7PM
11.	Dr. Mithun Datta	Hindi \English \ Bengali	8349403930	11AM TO 1PM
12.	Dr. Mainak Deb Sikdar	Hindi \English \ Bengali	9425555815	4PM TO 6PM
13.	Dr. Suchita Goyal	Hindi \English	9644206751 8249394202	11AM TO 5PM
14.	Dr. A.S Saraf	Hindi \English \ Marathi	7002359600	6PM TO 9PM
15.	Dr. Prashant Agrawal	Hindi \English \ Gujrati	6266392184	11AM TO 2PM
16.	Dr Ashutosh Tiwari	Hindi	9826176374	4 PM TO 6 PM
17.	Dr Megha	Hindi\English, Marathi	8983414205	10 AM TO 12PM
18.	Dr Nishant Sahu	Hindi\English.	8109586101	1 PM TO 3 PM
19.	Dr Satish Shrivastava	Hindi\English	9827175905	11 AM TO 1 PM
20.	Dr Gaurishankar	Hindi\English	8982765777	2 PM TO 4 PM



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LIST OF VOLUNTEERS FROM I.P.S. GUJARAT STATE BRANCH

SL	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	Dr Chintan Solanki	Gujarati, Hindi, English	9624478100	10. 30 am to 12 noon, 5 pm to 6.30 pm,
2.	Dr.Prakash Mehta	Gujarati	9879965180	4-6 PM
3.	Dr Malay R Patel	Gujarati, Hindi, English	9428916387	Morning 11 to 1 and evening 6 to 8
4.	Dr Sarandha Srivastava	English, Hindi, gujarati	9687135974	4-7 pm
5.	Dr Rajesh Maniar	English , Gujarati, Hindi	9824011933	11am to 6pm
6.	Dr Jinesh Shah	Gujarati, Hindi, English, Bengali	7043404574	Any time is fine. If busy, please leave message and I will call back.
7	Dr Kaushal H Shah	Gujarati	8000883388	8 am to 2 pm
8	Dr Sandip shah	Gujarati, English, Hindi	9824060683	11 am to 7.00 pm
9	Dr Adish Doshi	Gujarati, Hindi, English	9825523339	2.00 to 4.00 pm
10	Dr Nisarg Shah	Gujarat Hindi English	8866049905	10 pm to 11 pm
11	Dr. TIMIRKUMAR SHAH	GUJARATI, HINDI,	9825137443	9-10 a.m.
12	Dr Vaishal Vora	Gujarati	9825440891	10-13 and 17-19
13	Dr. Viral Arvindkumar Parikh	Gujarati Hindi English	9879058748	4pm to 5pm
14	Dr Milan Rokad	Gujarati	9998887598	11am to 1pm
15	Dr Nirav M Mehta	Hindi, Gujarati, English	9879155494	8am to 8pm
16	Dr Manish Gondha	Gujarati Hindi	9825136794	12.30 pm to 2.00 pm
17	Dr.Bhaveshkumar M. Lakdawala	Gujarati, Hindi, English	9687284967	11.00 to 13.00 and 21.00 to 23.00
18	Dr GopiGajera	Gujarati, Hindi, English	8320817953(WhatsApp)	10:00. AM to 5:00 PM
19	Dr Harman Singh	1. English, Hindi,	9111433085	6PM to 8PM,

	Bhatia	Gujarati		12AM to 3AM
20	Dr Hardik Patel	Gujarati, Hindi, English	8866502002	10 Am -12 pm, 5 Pm- 7 Pm
21	Dr Darshan shah	English	9824037887	11 am to 6 pm
22	Dr KhyatiMehtalia	English, Gujarati, Hindi	9825199276	Morning 10 to 12
23	Dr Ankita Patel	English, Hindi, Gujarati	9824125761	10 am to 12 am 2 pm to 4 pm
24	Dr RohanKusumgar	Gujarati , Hindi , English	9824259595	12 to 1 PM
25	Dr Parth A Soni	Gujarati, Hindi,English	8000417471	6pm to 7pm, 8pm to 9pm
26	Dr Hitarth Raja	Gujarati, Hindi	9426045467	8 to 10 P.M
27	Dr Mukesh P. Jagiwala	Gujarati Hindi English	9879521795	12 noon to 6 pm
28	Dr.Nehal Shah	Gujarati, Hindi, English	9925049569	16:00 to 18:00
29	Dr Parag Suresh Shah	Gujarati, English	9426138318	2-3pm
30	Dr Krishna Patel	English, Hindi, Gujarati, Russian	9601511156	03:00 pm to 06:00 pm
31	Dr Ajay Kumar Chauhan	English, Hindi, Gujarati	9825611889	10 am to 5 pm
32	GUPTA KAUSHIK RAMAKANT	GUJARATI, HINDI, ENGLISH	9824101936	11 am to 1 pm , 8 pm to 9 pm
33	DR.FENIL SHAH	GUJRATI,HINDI, ENGLISH,	9409009484, 8320359931	5:00PM to 7:00 PM
34	Dr Patel Vihang Kumar	Gujarati, hindi , english	9409045332	5 pm to 7 pm
35	Dr Kinjal J Vasava	Gujarati, Hindi, English	9978273505	10 am to 12 noon
36	Dr Tejas Vinodbhai Patel	Gujarati, Hindi, English	9998039332	1 pm to 2 pm : On Tuesday - Thursday - Saturday
37	Dr Rajesh Ram	Gujarati, Hindi, English	8238390290	
38	Dr Tejas Patel	Gujarati, Hindi, English	9033468334	
39	Dr Ramashanker Yadav	Gujarati, Hindi, English	8264049261	
40	Dr Ruchir Jadav	Gujarati, Hindi, English	7600308333	
41	Dr Jyotik Bhachech	Gujarati, Hindi, English	8460894148	
42	Dr Jaydip Gohil	Gujarati, Hindi, English	9978877909	
43	Dr Mukundray Dindor	Gujarati, Hindi, English	9979845854	
44	Dr Akhil Chavda	Gujarati, Hindi, English	9033860769	
45	Dr Gopi Gajera	Gujarati, Hindi, English	9320817953	

46	Dr Jash Ajmera	Gujarati, Hindi, English	9824920002	
47	Dr PrashantDadhaniya	Gujarati, Hindi, English	9429269242	
48	Dr Dipti Bhatt	Gujarati, Hindi, English	9825109501	
49	Dr Kevin P Patel	Gujarati, Hindi, English	7878994991	
50	Dr Sasvinder Kaur	Hindi, English	9632570975	
51	Dr Sudeshna Mukjherjee	Hindi, English	8584826274	
52	Dr ArunK hatri	Gujarati, Hindi, English	9825362173	8 am 12 noon
53	Dr H H Raja	Gujarati, Hindi, English	9016734754	12 pm to 4 pm
54	Dr kaushal Shah	Gujarati, Hindi, English	8000883388	4 pm to 8 pm
55	Dr PravinPithadia	Gujarati, Hindi, English	9824006415	4 pm to 8 pm
56	Dr ShaileshJani	Gujarati, Hindi, English	9054525552	10 am to 12 pm
57	Dr Dinesh Rangani	Gujarati, Hindi, English	9824202972	1 pm to 2 pm
58	Dr Swati Braru	Gujarati, Hindi, English	9099090443	11am to 1 pm
59	Dr Paresh Shah	Gujarati, Hindi, English	9409259998	2 pm to 3 pm
60	Dr Rajesh Vaghasiya	Gujarati, Hindi, English	9825612717	2 pm to 3 pm
61	Dr Vijay Nagecha	Gujarati, Hindi, English	6355179449	3 pm to 4 pm
62	Dr Kishor Mawani	Gujarati, Hindi, English	9978920089	4 pm to 5 pm
63	Dr S M Popat	Gujarati, Hindi, English	9825053512	6 pm to 8 pm
64	Dr Ramesh Zinzala	Gujarati, Hindi, English	9638309242	7 pm to 8 pm
65	Dr Vishal Gor	Gujarati, Hindi, English	8320366968	3 pm to 4 pm



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SL	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	Dr Nishant Vibhas	Hindi, English	8252220719	18:00 - 20:00
2.	Dr Subodh Kumar	Hindi, English	9234384753	12:00-13:00
3.	Dr Anirban Basu	Hindi, English, Bengali	7033298953	20:00-22:00
4.	Dr Manoj Sahoo	Hindi, English, Oriya	8092084549	12:00-13:00
5.	Dr Sanjay Munda	Hindi, English, local dialects of Jharkhand	8797641082	19:00-21:00
6.	Dr Nishant Goyal	Hindi, English	9431171162	17:30-18:30
7.	Dr Ajay Bakhla	Hindi, Sadri	9835193088	18:00-20:00
8.	Dr Umesh S	Hindi, English, Kannada	8210419573	16:00-17:30
9.	Dr Surjit Prasad	Hindi, English, Bhojpuri	8709391283	12:00-13:30
10.	Dr Varun Mehta	Hindi, English, Gujarati	9065662692	12:00-13:30
11.	Dr Roshan Khanande	Hindi, English, Marathi	9204857114	06:00 - 08:00
12.	Dr Sanjay Kumar Agarwal	Hindi, English	8092092060	12:00- 14:00
13.	Dr Keshav Jee	Hindi, English, Bhojpuri	9939009705	10:00-11:00
14.	Dr Amit Kumar Sharma	Hindi, English	9709113391	10:00 - 12:00
15.	Dr Vinod Kumar Mahto	Hindi	8340713592	13:00- 14:00
16.	Dr Shilpi Kumari	Hindi, English	7870887862	18:30 -20:30
17.	Dr Chandan Singh	Hindi, English	9470595624	16:00-17:00
18.	Dr T Sudhir	Hindi, English, Tamil, Bengali, oriya, Punjabi	8789763291	09:00-10:00
19.	Dr Rajshri	Hindi, English	7070469697	09:00-10:00
20.	Dr Mahesh Hembram	Hindi, English	9204377421	09:00-10:00
21.	Dr Pramila Purty	Hindi, English	8709160244	18:00-19:00



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SL	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	DR. DEEPAK RATHOD	HINDI MARATHI ENGLISH	9324037470	10 TO 11 AM
2.	DR. FABIAN ALMEIDA	HINDI MARATHI ENGLISH	9372675045	1 TO 2 PM
3.	DR. ADWAIT PADHYE	MARATHI HINDI	8652408427	5 TO 6 PM
4.	DR. MADHURI SHINDE	HINDI MARATHI ENGLISH	9011383027	3 TO 4 PM
5.	DR. VARSHA DAWANI	HINDI ENGLISH	9822506751	4 TO 5 PM
6.	DR. VIJAY CHINCHOLE	MARATHI	9082396918	1 TO 2 PM
7.	DR. AJAY DIXIT	HINDI MARATHI ENGLISH	9922278555	5 TO 6 PM
8.	DR. LAXMIKANT BHADEKAR	HINDI MARATHI ENGLISH	9833346855	6 TO 7 PM
9.	DR. SHAKEB DANISH	HINDI MARATHI ENGLISH URDU	9867371282	6 TO 7 PM
10.	DR. PRIYANKA DHARMADHIKARI	HINDI MARATHI ENGLISH	9224223396	12 NOON TO 1 PM
11.	DR. RAHUL GHADGE	HINDI MARATHI ENGLISH	9819888665	9 TO 10 AM
12.	DR. K.K. MISHRA	HINDI MARATHI ENGLISH ORIYA BENGALI	9423515803	8 TO 9 PM
13.	DR. RAVI DHAWALE	HINDI MARATHI ENGLISH	9960958582	1 TO 2 PM
14.	DR. N.J. SAOJI	HINDI MARATHI ENGLISH	9763207019	ANY TIME
15.	DR. KIRAN DESHPANDE	HINDI MARATHI ENGLISH	9822229842	5 TO 7 PM
16.	DR. PIYUSH BARLOTA	HINDI MARATHI ENGLISH	9422168688	4 TO 6 PM
17.	DR. ABHIJIT PATIL	MARATHI	9822358445	4 TO 5 PM
18.	DR. SULEMAN VIRANI	HINDI MARATHI ENGLISH	9923228121	4 TO 6 PM
19.	DR. SANJEEV SAOJI	HINDI MARATHI ENGLISH	7020581694 9423150770	2 TO 4 PM & 9 TO 10 PM
20.	DR. ANITA SUKHWANI	HINDI MARATHI ENGLISH SINDHI	9821004720	10 AM TO 12 NOON
21.	DR. JYOTI MAHESHWARI	HINDI MARATHI ENGLISH	9870298565	2 TO 4 PM
22.	DR. BHALCHANDRA KALMEGH	HINDI MARATHI ENGLISH	8888108850	6 TO 8 PM

23	DR. MONALI DESHPANDE	HINDI MARATHI ENGLISH	9890817565	5 TO 6 PM
24	DR. DEEPANJALI DESHMUKH	HINDI MARATHI ENGLISH	7499953977	4 TO 5 PM
25	DR. SANA QUADRI KHILJI	HINDI MARATHI ENGLISH URDU	9028613202	5 TO 6 PM
26	DR. FAISAL AHMED KHILJI	HINDI ENGLISH URDU GUJARATI	9028613202	5 TO 6 PM
27	DR. SANJAY GHUGE	HINDI MARATHI ENGLISH	7977637321	11 AM TO 12 NOON
28	DR. VIKRANT PATANKAR	HINDI MARATHI ENGLISH	7875678099	10 TO 11 AM
29	DR. PRAKASH AMBEKAR	HINDI MARATHI ENGLISH	9766380098	7 TO 9 PM
30	DR. ASHISH MOHIDE	HINDI MARATHI ENGLISH	7720006869	6 TO 7 PM
31	DR. KUMARSHRI SARASWAT	HINDI ENGLISH	9011317830	7 TO 8 PM
32	DR. PRITAM CHANDAK	HINDI MARATHI ENGLISH	9766547119	1 TO 2 PM & 6 TO 7 PM
33	DR. AMIT UPASHAM	HINDI MARATHI ENGLISH	9820227968	4 TO 5 PM
34	DR. MUKTESH DAUND	HINDI MARATHI ENGLISH	9854019455	10 AM TO 12 NOON
35	DR. HEMANGEE DHAVALE	HINDI MARATHI ENGLISH	9819190224	5 TO 7 PM
36	DR. SHERYL JOHN SENTHILNATHAN	HINDI MARATHI ENGLISH MALAYALAM	9920389890	11 AM TO 12 NOON
37	DR. LAYEEQUR RAHMAN KHAN	HINDI MARATHI ENGLISH URDU	8975700750	8 TO 9 PM
38	DR. ARVIND BHAVE	HINDI MARATHI ENGLISH	9819185843	12 NOON TO 1 PM
39	DR. DHANANJAY CHAVAN	HINDI MARATHI ENGLISH	9423578087	10.30 TO 11.30 AM
40	DR. JYOTI SHETTY	HINDI MARATHI ENGLISH	9822326019	6 TO 7 PM
41	DR. SAGAR CHIDDARWAR	HINDI MARATHI ENGLISH	9657018165	4 TO 5 PM
42	DR. HENAL SHAH	HINDI MARATHI ENGLISH GUJRATI	9323193505	5 TO 6.30 PM
43	DR. MANAS SULE	HINDI MARATHI ENGLISH	9552438444	6 TO 8 PM
44	DR. DEAN CREADO	HINDI MARATHI ENGLISH	7498016551	12 NOON TO 1 PM
45	DR. DUSHYANT BHADLIKAR	HINDI MARATHI ENGLISH GUJRATI	9820093849	11 AM TO 1 PM
46	DR. SURESH PATIL	HINDI MARATHI ENGLISH	9987230222	12 NOON TO 1PM
47	DR. ALKA SUBRAMANYAM	HINDI MARATHI ENGLISH	9820143245	11AM TO 12 NOON

48	DR. DEEPAK AWCHAT	HINDI MARATHI ENGLISH	7710915465	5 TO 6 PM
49	DR. RUTUJA UTPAT	HINDI MARATHI	8080138055	1 TO 7 PM
50	DR. MAYUR MUTHE	HINDI MARATHI ENGLISH	9765285160	6 TO 7 PM
51	DR. DINESH TEMBE	MARATHI	9960693605	2 TO 3 PM
52	DR. NITIN ROKADE	MARATHI	9860125808	4 TO 5 PM
53	DR. ABHA BANG SONI	HINDI MARATHI ENGLISH MARWADI	8080072674	11 AM TO 1PM
54	DR. MANTRI PATNAIK	HINDI MARATHI ENGLISH TELAGU	9820547322	11 AM TO 12 NOON
55	DR. NIKET KASAR	MARATHI	9823783038	3 TO 4 PM
56	DR. SUMEDHA TIWARI	HINDI ENGLISH	8828291201	9 AM TO 8 PM
57	DR. ALKESH PATIL	HINDI MARATHI ENGLISH	9022236410	4 TO 5 PM
58	DR. PRATIK SURANDASHE	HINDI MARATHI ENGLISH	9372858463	5 TO 6 PM
59	DR. MILAN BALAKRISHNAN	HINDI MARATHI ENGLISH MALYALAM	9920389890	11 AM TO 12 NOON
60	DR. RAHUL KHEMANI	HINDI MARATHI ENGLISH SINDHI	9967539357	6 TO 8 PM
61	DR. JALPA BHUTA	HINDI MARATHI ENGLISH GUJRATI	9321047435	5 TO 7 PM (MON TO SAT)
62	DR. RAHUL BAGALE	HINDI MARATHI ENGLISH	9689639045	4 TO 6 PM
63	DR. AMOL KELKAR	HINDI MARATHI ENGLISH	9975628653	9 AM TO 9 PM
64	DR. ASHISH CHEPURE	HINDI MARATHI ENGLISH	9860953392	5 TO 6 PM
65	DR. AKANSHA MAHESHWARI	HINDI MARATHI ENGLISH MARWADI	9370943706	7 TO 8 PM
66	DR. KARTIK VANGAL	HINDI ENGLISH TAMIL KANNADA	7710932371	4 TO 6 PM
67	DR. MANJIRI MELMANE	HINDI ENGLISH	9820293046	6 TO 7 PM
68	DR. GAJANAN KAPOTE	HINDI MARATHI ENGLISH	9665112029	10 AM TO 2 PM
69	DR. AKANSHA SHARMA	HINDI ENGLISH	9970461104	6 TO 9 PM
70	DR. TARUN BAWEJA	HINDI ENGLISH PUNJABI	9914395700	12 NOON TO 2PM
71	DR. MINA BOBDEY (LONDON)	HINDI MARATHI ENGLISH URDU GUJRATI	+447901070076	WHATSAPP CALL (9-10 AM IST)



[Estd: 1948]

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ONLINE MENTAL HEALTH SERVICES & SUPPORT DURING COVID 19 PANDEMIC

LIST OF VOLUNTEERS FROM I.P.S. MANIPUR STATE BRANCH

SL	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	Dr S. Manikanta Singh	Manipuri, English, Hindi	9862556938	4-6 pm
2.	Prof. R.K.Lenin Singh	Manipuri, English, Hindi	9862088736	12-2 pm
3.	Dr. K.Shantibala Devi	Manipuri, English,	9862578722	2-4 pm
4.	Dr. S.Goindra Singh	Manipuri, English, Hindi, Bengali	9862032931	10-12 noon
5.	Dr A. Ranta Devi	Manipuri, English,	9863367639	12- 1 pm
6.	Dr. Kh. Robindro Singh	Manipuri, English,	8730056150	3-5 pm
7.	Dr. Janet Konthoujam	Manipuri, English, Hindi	9843557601	7-9 am
8.	Dr Jina Heigrujam	Manipuri, English, Hindi	8258927440	3-5 pm
9.	Dr Asheema Haobijam	Manipuri, English, Hindi	7042414308	2-4 pm
10.	Dr Mona Ningmeikapam	Manipuri, English, Hindi, Kannada	9739970605	4-6 pm



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LIST OF VOLUNTEERS FROM I.P.S. TAMIL NADU STATE BRANCH

SL	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	Dr D Srinivasan	Tamil and English	9842222207	11 Am to 1PM
2.	Dr Ayyappan	English,Tamil	9842158254	10Am - 5 pm
3.	Dr.M.Rajaram	Tamil,English	8012522122	2pm to 3pm
4.	Dr. Ravishankar.L	Tamil, English.	9841043308	6.00pm to 9.00pm
5.	Dr.Karthik	Tamil, English	9994811101	6 to 8 pm
6.	Dr.Manjula Simiyon	Tamil,English, Malayalam, Kannada	6382261290	10 am to 1 pm
7	S sudhakar	Tamil, English, Hindhi	9884467411	6-8pm
8	Dr.T.Arutselvi	Tamil, English	9443820736	6 PM to 9PM
9	Dr.Mathan K	English, tamil	8940522998	Morning 9 to 1 and evening 6 to 9
10	Dr.Arun Kumar V	Tamil, hindi, marathi, malayalam and english	7200072364	3pm - 6pm
11	Pavithra Mony	Tamil and English	8754034043	11.00 am to 1.00pm
12	Dr.Sivaraman S	Tamil	8903282072	5PM to 6PM
13	Dr Endumathi R	Tamil, English	8300885575	10 am to 12 noon
14	Dr.D.Archanaa	Tamil, English, Hindi, Telugu, Kannada	9176472232	2 to 4 pm
15	Arudhra	Tamil,Kannada, English	9003496111	5-7pm
16	Dr.M. Sophia	TAMIL , ENGLISH	8940147102	12 to 2 pm & 6 to 8 pm
17	Dr. Siddhika Ayyer	English, Hindi, Tamil, Marathi	9741856155	10 am to 2 pm, 7 pm to 9 pm
18	Satish raghavan	Hindi tamil English	9841383251	7PM to 12pm
19	Ronald Roy K	English, Tamil	9994020894	9 AM to 2 PM
20	Shankar	Tamil , english	9952247088	Evening 6 to 9
21	Gurusamy kannan	Tamil	7639399529	Any time
22	Dr. Ashish Pakhre	English and Hindi	9968859566	4-6 pm
23	Dr. P. JEYANTHI	TAMIL ,ENGLISH	9442292344	5 to 7 PM
24	Dr Aravind V K	Tamil & English	9047219504	11am

25	Swetha Raghavan	English, Hindi, Tamil	9962530388	5-8pm
26	Dr.M.Lakshmi prabha	Tamil,English	9445950632	5-7 pm
27	Dr Mridula Pradeep	Tamil, malayalam, english	9894847397	10am to 12 pm, 5pm to 7pm
28	VENKATARAMANAI AH NARIBOINA	Tamil, Telugu,Hindi,English	9840196667	8pm to11 pm
29	R. Thara	Tamil, english	9840238870	4-6 pm
30	Dr.Siva Balan	Tamil English	9962017274	10 Am to 12 Pm
31	Dr.M.Gajalakshmi	Tamil& English	9486538474	5pm to 8pm
32	Dr.Gauthamadas Udipi	Tamil, English, Malayalam, Hindi, some telugu	9566133660	10 am to 2 pm
33	Dr SP.Murugappan	Tamil, English, Hindi	944437698	10.00 AM -2.00 PM
34	Dr N lyshwarya	Tamil, Kannada, Hindu, English	8300759894	3.30-5 pm
35	Dr.Arul varman	tamil, english	6383791418	10 am to 12 noon
36	Dr.Vijaya Rengan	Tamil, English	9894544029	10 am - 1 pm & 6 - 9 pm
37	Dr. V Jayanthini	Tamil, English	9884259691	5 - 8 pm
38	Dr. R. Ramakrishnan	English,Tamil,Telugu, Hindi	9894722221	4 - 6 pm
39	Dr.Sivasailam	Tamil, English	9443128803	11 am - 2 pm & 6 - 9 pm
40	Dr.ArunKumar.N	English, Tamil, Kannada, Hindi	9944964102	4-6 pm
41	Dr Panneer selvan	Tamil	9842131550	2 PM to 4 PM
42	Jayanthini	Tamil & English	9884259691	5pm to 7 pm
43	Samuel Gunasekaran	Tamil, English	9842126665	Any time
44	Vijaya Mahadevan	Tamil,English	9841052621	6pm to 7pm
45	Dr sujatha Velmurugan	Tamil, English	8939716003	3pm - 6pm
46	Dr N Balasubramani	Tamil	9952285540	2 pm- 9 pm
47	Dr m Peter Fernandez	English Tamil Malayalam	9841042506	24/7
48	Swathik	Tamil, English	8056156007	9am to1pm and 4pm to 8pm
49	Prof.Dr.AJOHN DINESH .MD(PSY) FIPS	Tamil & English	8098937770	9 to 11 am / 5 to 7pm
50	Dr Lakshmi Vijayakumar	Tamil, English	09841017489	10 am to 2 pm
51	Naganathan. S.	தமிழ்	8220449812	8pm to 9.30pm
52	D PRADEEP	TAMIL ,MALAYALAM ,ENGLISH	04222550787	1000 to 12000. & 1700 to 1900 except Sunday. Emergencies any time

53	MRIDULA PRADEEP	TAMIL,MALAYALAM,ENGLISH	04222540933	10am to 12noon. & 5pm to 7pm Monday to Friday
54	Padmavati RAMACHANDRAN	TAMIL, ENGLISH	9444008424	3-5 PM
55	Dr.Rowena Victor	Tamil/English	9443203376	10am - 12 noon
56	Sabitha.v	Tamil, english,hindi	9443091559	3pm to 5 pm
57	Dr Aravind V K	Tamil & English	9047219504	11am
58	Thirunavukarasu.M	Tamil, English	9962534647	Anytime



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LIST OF VOLUNTEERS FROM I.P.S. UTTARAKHAND STATE BRANCH

SL	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	Dr. Priya Ranjan Avinash	Hindi, English, Assamese, Bhojpuri	9435703524	18:00-22:00
2.	Dr. Shobit garg	Hindi, English	8958534261	18:30-20:00
3.	Dr. Sumit Mehta	Hindi, English	8979609595	20:30-21:30
4.	Dr. Aditya Gupta	Hindi, English	8057380373	11:00-13:00
5.	Dr. M. K. Pant	Hindi, Kumauni, English	9917979743	17:00-18:00 (Tuesday, Saturday)
6.	Dr. Akhil Chopra	English, Hindi, Punjabi	7060967850	18:00-19:00
7.	Dr. Kislaya Rakesh	Hindi, English, Tamil	9940334769	11:00- 13:00
8.	Dr. Jitendra Rohilla	Hindi, English	9414531839	18:00-20:00



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SL	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	Dr. Abdul Majid	English & Urdu	9018111157	16:30 – 19:00
2.	Dr. Manu Arora	English, Hindi	9419108215	16:30 – 19:00
3.	Dr. Abishekh Chauhan	English Hindi	8803838383	16:30 – 19:00
4.	Dr. Yasir H Rather	English Urdu	9419042510	16:30 – 19:00
5.	Dr. Imtiyaz Mansoor	English Urdu	9906611454	16:30 – 19:00
6.	Dr. Nizam-u-din	English, Urdu	9419407227	16:30 – 19:00
7.	Dr. Tajamul Hussain	English Urdu	9419982645	16:30 – 19:00
8.	Dr. Mansoor A Dar	English Urdu	9596010111	16:30 – 19:00
9.	Dr. Junaid Nabi	English, Urdu	9707199799	16:30 – 19:00
10.	Dr. Manmeet Singh	English, Hindi, Punjabi	9419231191	16:30 – 19:00



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LIST OF VOLUNTEERS FROM I.P.S. PONDICHERRY BRANCH

SL	MEMBER'S NAME	STATE	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	Dr. Manjula Simiyon	Pondicherry	Tamil, English, Malayalam, Kannada	6382261290	10 am to 1 pm
2.	Dr. Mathan K	Puducherry	English, Tamil	8940522998	9 am to 1 pm and 6 pm to 9 pm
3.	Dr. M.Gajalakshmi	Pondicherry	Tamil & English	9486538474	5 pm to 8 pm
4.	Dr. Arul Varman	Puducherry	Tamil & English	6383791418	10 am to 12 noon



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LIST OF VOLUNTEERS FROM I.P.S. RAJASTHAN STATE BRANCH

SL	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	Dr Prem Raj Meena Dr Rashmi Gupta		9414430362 9636253011	8am-10am
2.	Dr Priyanka Bhardwaj Dr Suresh Parihar Dr V K Chouratia		8171304763 9460949425 9252525217	10am-12noon
3.	Dr Rajeev Aggarwal DR G D Natani		9414089860 9414039910	12noon-2pm
4.	Dr Aninda Sidana Dr Itee shree Sidana Dr Ankita Garg		9587288290 8739900359 9846140287	2pm -4pm
5.	Dr Manaswi Gautam Dr Gajanand Verma Dr Mahesh Kumar Sikka		9549675000 9166987287 9414255127	4pm-6pm
6.	Dr Tushar Jagawat Dr R K Solanki Dr V D Singh		9928048586 9829063421 9829758855	6pm-8pm
7	Dr Roop Sidana Dr Akhilesh Jain		9414087359 9214031478	8PM -9PM



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LIST OF VOLUNTEERS FROM I.P.S. TELANGANA STATE BRANCH

SL	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1	DR. MAYUTNATH REDDY	TELUGU AND ENGLISH	984929160	10AM TO 12 NOON
2	DR. MINHAJ NASIRABADI	HINDI, URDU, MARATHI,	944077327	10 AM TO 11 AM
3	DR. I BHARAT KUMAR	HINDI, TELUGU, ENGLISH	970169920	4 PM TO 7 PM
4	DR. N. D. SANJAY KUMAR	TELUGU, HINDI, ENGLISH,	817989634	10 AM TO 12
5	DR. VISWESWARA RAO	TELUGU	944002608	2 PM TO 4 PM
6	DR. LAXMAN	TELUGU, ENGLISH	996636775	2 PM TO 4 PM
7	DR. Y. NAGENDAR RAO	TELUGU, HINDI, ENGLISH	984966966	10 AM TO 12
8	DR. AJAY SAXENA	ENGLISH, HINDI, TELUGU	988511431	11 AM TO 2 PM
9	DR. VISHAL	ENGLISH, HINDI, TELUGU	998507529	2 PM TO 4 PM
10	DR. V. GEORGE REDDY	TELUGU	916084446	7 PM TO 8 PM
11	DR. L. VERSI	TELUGU, HINDI, ENGLISH	991261624	10 AM TO 12
12	DR. D. SURESH	TELUGU, HINDI, ENGLISH	798945423	4 PM TO 6 PM
13	DR. RAJENDHAR	TELUGU, HINDI, ENGLISH	798948432	3 PM TO 5 PM
14	DR. NARESH VADKAMANI	TELUGU, HINDI, ENGLISH	910028919	3PM TO 5PM
15	DR. E. OMESH KUMAR	ENGLISH, HINDI, TELUGU	994904669	5PM TO 7PM
16	DR. S. NIVEDITHA	HINDI, ENGLISH, TELUGU	984993054	2PM TO 4PM
17	DR. INDRAKANTI	TELUGU, ENGLISH	998930436	24*7
18	DR. SAI KRISHNA	ENGLISH, TELUGU	837403328	5 PM TO 7 PM
19	DR. AVS	TELUGU	807400304	8 PM TO 9 PM
20	DR. VENKATESWARA RAO	ENGLISH, TELUGU, HINDI	984882317	5 PM TO 7 PM
21	DR. SATEESH BABU	ENGLISH, TELUGU	984833193	10 AM TO 4 PM
22	DR. KAMBHAPATI	ENGLISH, TELUGU	994967739	10 AM TO 4 PM
23	DR. M. PRAMOD KUMAR	ENGLISH, TELUGU	984934556	10 AM TO 4 PM
24	DR. RAGHURAM	ENGLISH, TELUGU	772991636	10 AM TO 4 PM
25	DR. VEERENDHAR	ENGLISH, TELUGU	879075242	10 AM TO 4 PM



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SL	MEMBER'S NAME & MOBILE	MEMBER'S NAME & MOBILE	MEMBER'S NAME & MOBILE	MEMBER'S NAME & MOBILE	PREFERRED TIMING
1.	Dr. Rajeev Gupta (98720 30822)	Dr. Sunil Gupta (98885 73701)	Dr. Gulbahar Sidhu (98143 89122)		8:00 - 9:00
2.	Dr. Arvind Sharma (98728 49731)	Dr. Gurmeet Kaur (98760 50866)	Dr. Monika Tandon (89685 46373)	Dr. Sonali Bali (99682 75339)	9:00 - 10:00
3.	Dr. Ashish Sharma (99155 98282)	Dr. Piyush Mahajan (98886 89299)	Dr. Amit Gupta (98721 05797)		10:00 - 11:00
4.	Dr. Harpreet Singh (99146 01459)	Dr. Rishabh Aggarwal (95011 95665)	Dr. Malvika Dahuja (97580 89767)	Dr. Sneha Arya (87793 93520)	11:00 - 12:00
5.	Dr. Simmi Waraich (98149 50797)	Dr. Rupesh Choudhary (98155 00992)	Dr. Barinder Singh (97810 44447)	Dr. Vinay Bansal (73079 91009)	12:00 - 1:00
6.	Dr. Jaswant Singh (98147 06360)	Dr. Tarun Baweja (99143 95700)	Dr. Geetanjali Sharma (97020 13386)	Dr. Ikhlaq Choudhary (85214 33857)	1:00 - 2:00
7	Dr. Aninda Sidana (95872 88290)	Dr. Dalip Kumar (93562 23064)	Dr. Sandeep Goyal (98783 31400)	Dr. Rana Ranbir Singh (99880 03903)	2:00 - 3:00
8	Dr. Esha Dhawan (98034 51190)	Dr. Akshit Mahajan (98786 30822)	Dr. Gurpartap Singh (98159 17849)		3:00 - 4:00
9	Dr. Aseem Garg (98884 32889)	Dr. Anshul Mahajan (98720 30811)	Dr. Sumesh Khanna (98150 20280)		4:00 - 5:00
10	Dr. Satyen Sharma (92163 17652)	Dr. Gagandeep Singh (90562 61728)	Dr. Raghav Arora (85287 04444)		5:00 - 6:00
11	Dr. Satish Thapar (98142 32345)	Dr. Sulakshan Kumar Tiwari (98885 01606)	Dr. Naresh Bansal (98151 97840)	Dr. Yoseph Kale (87679 02401)	6:00 -7:00

12	Dr. Puneet Kathuria (99884 62021)	Dr. Prateek Sharma (81969 63430)	Dr. Gourav Monga (99146 34454)		7:00 - 8:00



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SL	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	Dr. SACHIN	Kannada/Hindi/English	9880942288	8:30 - 10:00 AM
2.	Dr. SRIKALA . B .	Kannada/Hindi/English	9845408981	8:30 - 10:00 AM
3.	Dr. R.S. DEEPAK	Kannada/Hindi/English	9353051686	10:00 - 11:30 AM
4.	Dr. PREETHI PAI	Kannada/Hindi/English	9480838072	10:00 - 11:30 AM
5.	Dr. GOPAL DAS	Kannada/Hindi/English	9008908206	11:30AM - 1:00 PM
6.	Dr. RUTH SNEHA	Kannada/Hindi/English	9902987140	11:30AM - 1:00 PM
7.	Dr. LOKESH BABU	Kannada/Hindi/English	9740707779	1:00 - 2:30 PM
8.	Dr. ABHAY MATKAR	Kannada/Hindi/English	9448450565	1:00 - 2:30 PM
9.	Dr. ALOK GHANATE	Kannada/Hindi/English	9241177535	2:30 - 4:00 PM
10.	Dr. VASUDHA	Kannada/Hindi/English	8867467358	2:30 - 4:00 PM
11.	Dr. SANJAY RAJ	Kannada/Hindi/English	9886979089	4:00 - 5:30 PM
12.	Dr. KRISHNA	Kannada/Hindi/English	9480292590	4:00 - 5:30 PM
13.	Dr. MRUTHUNJAYA	Kannada/Hindi/English	9739238788	5:30 - 7:00 PM
14.	Dr. ARAVIND. S. T.	Kannada/Hindi/English	9620803715	5:00 - 7:00 PM
15.	Dr. SHARANYA . D.	Kannada/Hindi/English	9663677709	7:00 - 8:30 PM
16.	Dr. SURESH. V. C.	Kannada/Hindi/English	9886125758	9:00AM - 12:00 PM
17.	Dr. PRASHANTH. B	Kannada/Hindi/English	9743372267	4:00 - 6:00 PM
18.	Dr. SWAMINATH	Kannada/Hindi/English	9845007121	6 PM - 8 PM
19.	Dr. KALYAN SUNDARAM	Kannada/Hindi/English	9844030703	
20.	Dr. SANDIP DESHPANDE	Kannada/Hindi/English	9535579435	3 PM- 5 PM
21.	Dr SUNIL PATIL	Kannada/Hindi/English	9845219324	8 PM- 10 PM
22.	Dr SHASHIDHAR BILAGI	Kannada/Hindi/English	9886261010	10 PM TO 12 PM
23.	Dr.H. R. ARAVINDA PRABHU		9590299718	5PM TO 7PM



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ONLINE MENTAL HEALTH SERVICES & SUPPORT DURING COVID 19 PANDEMIC

LIST OF VOLUNTEERS FROM I.P.S. ODISHA STATE BRANCH

S L	MEMBER'S NAME & MOBILE	MEMBER'S NAME & MOBILE	MEMBER'S NAME & MOBILE	PREFERRED TIMING
1.	Dr. Debadatta Mohapatra 9437658251 2000debee@gmail.com	DR. Alok Jyoti Sahoo 9437089215 alokjyotisahoo@gmail.com	Dr. Ashrumochan Sahoo 9437852677 drashru@gmail.com	8AM-9.30AM
2.	Dr. Prasant Ku. Mohapatra 861042539 9drpkm2@rediffmail.com	Dr. Rati Ranjan Sethy 97771755623 ratisetthy@gmail.com	Dr. Swapnajeet Sahoo 8872727744 swapnajit.same@gmail.com	9.30AM - 11AM
3.	Dr. Tophan Pati 9437064922 tophanp@gmail.com	Dr. Manoj Sahoo 8092084549 drmanjsahoo@tatasteel.com	Dr. Snehanshu Dey 8280056463 drsnehanshu@gmail.com	11AM - 12.30PM
4.	Dr. Suwendu N Mishra 7381122783 dr.sar07@gmail.com	Dr. R K Shukla 9437142866 dr.shukla@ymail.com Dr. Tanmayni Das 9861065044 tanmavinidas@gmail.com	Dr. Jitendriya Biswal 9337270395 drjbiswal@gmail.com	12.30PM - 2PM
5.	Dr. Amrit Pattajoshi 8763091000 dramritp@gmail.com	Dr. Pallavi Sahoo 9497060771 pallavisamir@yahoo.com	Dr. Swati Mishra 7978088808/8763415600 drsanswati@gmil.com	2PM - 3.30PM
6.	Dr. Samrat Kar 9337163406 samrat912@gmail.com	Dr. Rakesh Mohanty 9178450841 rmohanty.d@gmail.com	Dr. Amiya Krushna Sahu 8521396225 draksahu81@gmail.com	3.30PM - 5PM
7.	Dr. Bibhu kalyan Sahu 9437657845 drbibhukalyansahu@gmail.com	Dr. Sarmistha Priyadarshini 9937184312 priya.sarmistha@gmail.com	Dr. Nihar Ranjan Ratha 8328962539 nrrath@gmail.com	5PM - 6.30PM
8.	Dr. Pranab Mohapatra 7752085533 drpranab2outlook.com Dr. Sanjay Acharya 8895501259	Dr. Sarada P Swain 9861014757 drspswain@gmail.com Dr. Lagnajit Dash 9348333015 drlagnajit.dash@gmail.com	Dr. R C Das 8411044558 r2cd 2000@yahoo.com Dr. Suvankar Swain Mob- 7751944234 subhankar.psy@gmail.com	6.30PM - 8PM
9.	Dr. Surjeet Sahoo 9437080574 surjeetsahoo@gmail.com	Dr. Mihir R Nayak Mob-9437163071 mihirnayak76@gmail.com Dr. Jigyansa Ipsita 9777175623 drjigyansaipsit@gmail.com	Dr. Santanu Nath 9337434649 betasantanugmail.com Dr. Rupesh Senapati Mob8658555001 dr.rupeshkumarsenapati@g	8PM - 9.30PM

			mail.com	
1 0	Dr. S Jaydev Ku. Deo 9437198485 drjaydevdeo@gmail.com	Dr. Khirod Mishra 9423515003 Dr. Kumari Rina 9914576444	Dr. Soumya Ranjan Dash 8895294807 drsrdash17@gmail.com	9.30PM -11PM



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LIST OF VOLUNTEERS FROM I.P.S. NAGPUR LOCAL BRANCH

SL	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	DR. VIVEK KIRPEKAR	HINDI, ENGLISH	9822200689	9-10 am
2.	DR. ANAGHA SINHA	HINDI, ENGLISH	7387441630	9-10 am
3.	DR. NIKHIL PANDE	HINDI, ENGLISH	8087513627	10-11 am
4.	DR. RAHUL BAGAL	HINDI, ENGLISH	9158067162	10-11 am
5.	DR. RAVI DHAVLE	HINDI, ENGLISH	9960958582	12-1 pm
6.	DR. ANAND LADE	HINDI, ENGLISH	9730448533	12-1 pm
7	DR. PRITAM CHANDAK	HINDI, ENGLISH	9766547119	1-2 pm
8	DR. N.J. SAOJI	HINDI, ENGLISH	9763207019	1-2 pm
9	DR. SHRAYASH MAGLA	HINDI, ENGLISH	7720067581	2-3 pm
10	DR. RAJIV PALSODKAR	HINDI, ENGLISH	9422125235	2-3 pm
11	DR. SULEMAN VIRANI	HINDI, ENGLISH	9923228121	3-4 pm
12	DR. SHRIKANT NIMBHORKAR	HINDI, ENGLISH	7499149612	3-4 pm
13	DR. KUMAR KAMBLE	HINDI, ENGLISH	7558483467	3-4 pm
14	DR. DURGA BANG	HINDI, ENGLISH	9422802530	3-4 pm
15	DR. PRAVEER WARHADKAR	HINDI, ENGLISH	9730818114	3-4 pm
16	DR. SAGAR CHIDDARWAR	HINDI, ENGLISH	9657018165	4-5 pm
17	DR. DEEPAK AVCHAT	HINDI,	7710915465	4-5 pm

		ENGLISH		
18	DR. ASISH KUTHE	HINDI, ENGLISH	7972567721	4-5 pm
19	DR. VIKAS BHUTE	HINDI, ENGLISH	7066044410	4-5 pm
20	DR. RAJESHREE NIMBALKAR	HINDI, ENGLISH	8806650227	4-5 pm
21	DR. AKSHAY SARODE	HINDI, ENGLISH	8698647469	5-6 pm
22	DR. PRIYA MADAVI	HINDI, ENGLISH	9834930944	5-6 pm
23	DR. MOSAM PHIRKE	HINDI, ENGLISH	8087253119	5-6 pm
24	DR. PANKAJ BAGDE	HINDI, ENGLISH	7057607517	5-6 pm
25	DR. PRADEEP PATIL	HINDI, ENGLISH	8999248979	6-7 pm
26	DR. ABHA BANG	HINDI, ENGLISH	0712-2426297	6-7 pm
27	DR. DEEPA SANGOLKAR	HINDI, ENGLISH	8805101839	6-7 pm
28	DR. ABHIHEET FAYE	HINDI, ENGLISH	9765266166	6-7 pm
29	DR. SUDHIR BHAVE	HINDI, ENGLISH	9822695890	7-8 pm
30	DR. SAKIB	HINDI, ENGLISH	9657555644	7-8 pm
31	DR. RAJESH RATHI	HINDI, ENGLISH	9860486276	8-9 pm
32	DR. SUSHIL GAWANDE	HINDI, ENGLISH	7350279564	8-9 pm
33	DR. MONISHA DAS	HINDI, ENGLISH	9325357152	8-9 pm



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LIST OF VOLUNTEERS FROM I.P.S. DELHI BRANCH

SL	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	DR NK BOHRA	ENGLISH, HINDI	9811116980	11 AM TO 12 NOON
2.	DR NG DESAI	ENGLISH, HINDI, GUJRATI	9868396800	8 PM TO 10 PM
3.	DR NEENA BOHRA	ENGLISH, HINDI	9810356500	1 PM TO 2 PM
4.	DR DEEPAK RAHEJA	ENGLISH, HINDI	9810212377	5 PM TO 6 PM
5.	DR PANKAJ KUMAR	ENGLISH, HINDI	9999959044	3 PM TO 5 PM
6.	DR VISHAL CHHABRA	ENGLISH, HINDI	9891055258	10 AM TO 11 AM
7.	DR MS BHATIA	ENGLISH, HINDI	9868399582	12 PM TO 1 PM
8.	DR RAJESH GOYAL	ENGLISH, HINDI	9811260766	9 AM TO 10 AM
9.	DR SHRUTI SHRIVASTAVA	ENGLISH, HINDI	9810665324	6 PM TO 7 PM
10.	DR JM WADHAWAN	ENGLISH, HINDI	9811033032	3 PM TO 4 PM
11.	DR DINESH KUMAR KATARIA	ENGLISH, HINDI	9868403522	7 PM TO 8 PM
12.	DR ASHWANI KUMAR	ENGLISH, HINDI	9810208575	2 PM TO 3 PM
13.	DR MANU SHREE	ENGLISH, HINDI	9711195900	5 PM TO 6 PM
14.	DR SHOBHNA MITTAL	ENGLISH, HINDI	9899199886	11 AM TO 12 PM
15.	DR NIKHIL RAHEJA	ENGLISH, HINDI	9811196788	4 PM TO 5 PM
16.	DR DEEPAK GUPTA	ENGLISH, HINDI	9810046115	6 PM TO 7 PM
17.	DR SONALI BALI	ENGLISH, HINDI	9968275339	3 PM TO 4 PM
18.	DR VIJENDER SINGH	ENGLISH, HINDI	9868396816	4 PM TO 6 PM
19.	DR MANISH KANSAL	ENGLISH, HINDI	9811603233	7 PM TO 8 PM
20.	DR. MANOJ KUMAR	ENGLISH, HINDI	9868396888	4 PM TO 6 PM
21.	DR. OM PRAKASH	ENGLISH, HINDI	9868396843	7 PM TO 8 PM
22.	DR. AKSHARA MISHRA	ENG,HINDI,MAITHILI,PUNJABI	9496777572	7 PM TO 9 PM



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LIST OF VOLUNTEERS FROM I.P.S. ANDHRA PRADESH STATE BRANCH

S L	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	Dr.D.Phanibhushan	Telugu, English, Hindi	9440262855	8 am to 10 am 4 pm to 5 pm
2.	Dr.I.Sarath Chandra	Telugu, English	9573236485	11 am to 1 pm 6.30 pm to 8 pm
3.	Dr.I.V.L.Narasimha Rao	Telugu, English	9849016620	10 am to 12 noon
4.	Dr.Rama Krishnam Raju	Telugu, English	9866237287	10 am to 2 pm
5.	Dr.P.Vijayalakshmi	Telugu, Kannada, Hindi, English	9848992255	6 pm to 8 pm
6.	Dr.Ravi Bammidi	Telugu, Hindi, English	7702901982	11 am to 12 pm
7	Indlas VIMHANS (Institute)	Telugu	9701140401	12 pm to 2 pm
8	Dr.T.Ramya	Telugu, Hindi, English	9848311126	10 am to 12 pm 4 pm to 8 pm
9	Dr.M.Srinivasa Raju	Telugu	9848228878	9 am to 10 am 1 pm to 3 pm 6 pm to 7 pm
10	Dr.Kota Suresh Kumar	Telugu, English	9848303169	5 pm to 7 pm
11	Dr.P.Lokeswara Reddy	Telugu	7989734662	10 am to 1 pm
12	Dr.D.Arogya Nadhudu	Telugu	9866623791	9 am to 12 pm 5 pm to 8 pm
13	Dr.Y.Sanjay	Telugu	9440260548	12 pm to 2 pm
14	Dr.V.Venkata Kiran	Telugu, English	9866555909	11 am to 1 pm 7 pm to 9 pm
15	Dr.Bhatraju Prabhuram	Telugu, English	9395140200	11 am to 2 pm 5 pm to 8 pm
16	Dr.P.Ranjith Kumar	Telugu, English	9052033223	11 am to 1 pm 5 pm to 9 pm
17	Dr. Subhani	Telugu, Hindi, English	8500997766	10 am to 1 pm
18	Dr.Goldennight Phawa	Telugu, English, Hindi	7702260707	10 am to 12 noon

1 9	Dr.C.Vikram Chaitanya	Telugu, English	9848277377	5 pm to 7 pm
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LIST OF VOLUNTEERS FROM I.P.S. UTTAR PRADESH STATE BRANCH

SL	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	Dr P K Dalal	Hindi, Bengoli, English	9415089539	12:00-14:00
2.	Dr Sujit Kar	Hindi, Odia, English	9956273747	10:00- 12:00
3.	Dr Adarsh Tripathi	Hindi, English	8765020753	12:00- 14:00
4.	Dr U C Garg	Hindi, English	9837063178	12:00-15:00
5.	Dr S P Gupta	Hindi, English	7300725117	12:00-14:00
6.	Dr Anurag Verma	Hindi, English	05322468007	10:00-12:00
7.	Dr Abhinav Tandon	Hindi, English	9935377757	12:00-14:00
8.	Dr Manish Nigam	Hindi, English	9415041235	16:00-18:00
9.	Dr Shashi Rai	Hindi, English	9415007076	12:00-14:00
10.	Dr Amarjeet popli	Hindi, English	9219879315	14:00-16:00
11.	Dr Saurabh Tandon	Hindi, English	9935596020	14:00-16:00
12.	Dr Pankaj Singh	Hindi, English	9307604845	13:00-15:00
13.	Dr Gyanendra Kumar	Hindi, English	9415030444	14:00-18:00
14.	Dr Abhinav Pandey	Hindi, English	9936588999	12:00-14:00
15.	Dr Prashant Shukla	Hindi, English	9919111135	09:00-12:00
16.	Dr Ganesh Shankar	Hindi, English, Bengoli	8090281929	16:00-18:00
17.	Dr Puja Mahour	Hindi, English	7897715221	14:00-16:00
18.	Ms Deblina Roy	Hindi, English, Bengoli	9475866875	14:00-16:00
19.	Dr Abdul Qadir Jilani	Hindi, English	9044817161	14:00-16:00
20.	Dr Anurag Agarwal	Hindi, English	7007299107	16:00-18:00
21.	Dr Chhitij Agarwal	Hindi, English	8081845344	13:00-15:00
22.	Dr Achyut Pandey	Hindi, English	9690770016	12:00-14:00
23.	Dr Amar Deep patel	Hindi, English	9452894520	17:00-19:00
24.	Dr J K Verma	Hindi	9453970696	10:00 -12:00
25.	Dr Tanuj Verma	Hindi	8175833651	09:00-11:00
26.	Dr Anubhav Rathi	Hindi, English	8882240830	18:00-20:00
27.	Dr Sunil Pawar	Hindi, English	9793174676	11:00-13:00

28	Dr Sachidanand Gupta	Hindi, English	9839193400	15:00-17:00
29	Dr Venu Gopal Jhanwar	Hindi, English	9936611111	14:00-16:00
30	Dr Samyak Tiwari	Hindi, English	9889493508	12:00-14:00
31	Dr Akansha Sharma	Hindi, English	9970461104	18:00-20:00
32	Dr V K Singh	Hindi, English	9580332903	16:00-18:00
33	Dr Anil Kumar	Hindi, English	9935260387	12:00-14:00
34	Dr Akshay Lele	Hindi, English	7972510962	14:00-16:00
35	Dr Naveen Srivastava	Hindi, English	9140398405	18:00-21:00
36	Dr Akshay Singh	Hindi, English	9621349792	18:00-21:00
37	Dr Parula Prasad	Hindi, English	7678180313	19:00-21:00
38	Dr Nupur Pal	Hindi, English	8806957767	19:00-21:00
39	Dr Haseeb Khan	Hindi, English	9997453562	14:00-16:00



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LIST OF VOLUNTEERS FROM I.P.S. MADHYA PRADESH STATE BRANCH

SL	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	DR MANISH BORASI	ENGLISH,HINDI	7509033394	11AM TO 7PM
2.	DR RAJEEV JAIN	ENGLISH,HINDI	8989189057	12 TO 2PM
3.	DR RAJNI CHATERJI	ENGLISH,HINDI	9826424725	10AM TO 7PM
4.	DR S.K.TANDON	ENGLISH,HINDI	9425007374	11AM TO 1PM



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LIST OF VOLUNTEERS FROM I.P.S. TRIPURA STATE BRANCH

SL	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	Dr J M Ghosh		9436774292	09:00am-10:30am
2.	Dr B K Bhowmic		8787402506	10:30am-12:00pm
3.	Dr Santanu Ghosh		9774479957	12:00pm-01:30pm
4.	Dr Swapan Chandra Barman		7005796755	01.30pm-03:00pm
5.	Dr Munmun Debbarma		8939648446	03:00pm-04:30pm
6.	Dr Dipayan Sarkar		9436544552	04:30pm-06:00pm
7.	Dr Udayan Majumder		9436375181	06:00pm-07:30pm



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LIST OF VOLUNTEERS FROM I.P.S. HIMACHAL PRADESH STATE BRANCH

SL	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	Dr. A. Sharma	Hindi, English	9418044667	
2.	Dr. Nidhi Shirma	Hindi, English	9418158111	
3.	Dr. Davesh Sharma	Hindi, English	9418024623	



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LIST OF VOLUNTEERS FROM I.P.S. HARYANA STATE BRANCH

S L	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	Dr Ved Mahla	drvpmahla@gmail.com	9896072698	10:00 – 18:00
2.	Dr Rajiv Gupta	drrajivguptain2003@yahoo.co.in	9896173836	10:00 – 18:00



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LIST OF VOLUNTEERS FROM I.P.S. GOA STATE BRANCH

S L	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	Dr Rajendra Hegde	KONKNI,MARATHI,HINDI,ENGLISH	9822128392	9.30 to 1.30 & 5pm to 9pm
2.	Dr. Veena Kantik	KONKNI,MARATHI,HINDI,ENGLISH	9822987974	9.30 to 1.30 & 5pm to 9pm
3.	Dr. Meenacshi Martins	MARATHI, ENGLISH HINDI	9158604999	10 to 1pm and 5 to 7pm SOS in Emergency
4.	Dr.Yoseph Kale	Marathi , Hindi , English, Punjabi	8767902401	5.30pm to 7.00pm



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LIST OF VOLUNTEERS FROM I.P.S. KERALA STATE BRANCH

SL	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	Dr Sagar T	MALAYALAM, ENGLISH, HINDI	9605002836	2 pm to 6 pm
2.	Dr Anoop V	MALAYALAM, ENGLISH, HINDI	9387914387	2 pm to 8 pm
3.	Dr Harish MT	MALAYALAM, ENGLISH, HINDI	9847280957	2 pm to 8 pm
4.	Dr Ravikumar K	MALAYALAM, ENGLISH, HINDI	9447350524	2 pm to 8 pm
5.	Dr Smitha Ramdas	MALAYALAM, ENGLISH, HINDI	9496371730	2 pm to 8 pm
6.	Dr Smitha C A	MALAYALAM, ENGLISH, HINDI	9447674329	2 pm to 8 pm
7.	Dr Vidhukumar K	MALAYALAM, ENGLISH, HINDI	9847111187	2 pm to 8 pm
8.	Dr Joice Geo	MALAYALAM, ENGLISH, HINDI	9447217534	2 pm to 8 pm
9.	Dr Indu P V	MALAYALAM, ENGLISH, HINDI	9847424537	2 pm to 8 pm
10.	Dr Varsha V	MALAYALAM, ENGLISH, HINDI	9497392260	2 pm to 8 pm
11.	Dr Dayal N	MALAYALAM, ENGLISH, HINDI	9447683037	2 pm to 8 pm
12.	Dr Mohan Roy	MALAYALAM, ENGLISH, HINDI	9447026553	2 pm to 8 pm
13.	Dr Alfred S	MALAYALAM, ENGLISH, HINDI	9387304185	2 pm to 8 pm
14.	Dr Radhakrishnan MP	MALAYALAM, ENGLISH, HINDI	9847070888	2 pm to 8 pm
15.	Dr Soonu Jerome	MALAYALAM, ENGLISH, HINDI	9447355504	2 pm to 8 pm
16.	Dr Sebind Kumar	MALAYALAM, ENGLISH, HINDI	9745145350	2 pm to 8 pm



[Estd: 1948]

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ONLINE MENTAL HEALTH SERVICES & SUPPORT DURING COVID 19 PANDEMIC

LIST OF VOLUNTEERS FROM I.P.S. WEST BENGAL STATE BRANCH

S L	MEMBER'S NAME	LANGUAGE	CONTACT NUMBER	PREFERRED TIMING
1.	Dr Gautam Saha	Bengali, Hindi, English	9830055235	18:30- 20:00
2.	Dr Ranjan Bhattacharyya	Bengali, Hindi, English	9433053389	17:00-19:00
3.	Dr Anirban Ray	Bengali, Hindi, English	7259235691	18:00-20:00
4.	Dr Souvik Chakraborty	Bengali, English	9874055574	16:00 -20:00
5.	Dr Kumar Kanti Ghosh	Bengali, Hindi, English	9433060027	17:00-20:00
6.	Dr Rajashree Ray	Bengali, Hindi, English	8336832818	18:00-20:00
7.	Dr Jishnu Bhattacharya	Bengali, Hindi, English	9007819012	16:00-18:00
8.	Dr Asim Kumar Mallick	Bengali, Hindi, English	9830045662	09:00-17:00
9.	Dr Prabir Paul	Bengali, Hindi, English	9830028697	09:00-11:00
10	Dr Sarmishtha Chakraborty	Bengali, Hindi, English	9831270034	09:00-11:00
11	Dr Abhiruchi Chatterjee	Bengali, Hindi, English	9830172728	18:00-20:00
12	Dr Soumya Chatterjee	Bengali, Hindi, English	8335966329	18:00-20:00
13	Dr Sandip Hazra	Bengali, Hindi, English	9830938678	10:00-12:00 18:00-20:00
14	Dr Neelanjana Paul	Bengali, Hindi, English	9433831692	08:00-10:00
15	Dr Aratrika Sen	Bengali, Hindi, English	9830152458	08:00-10:00 17:00-20:00
16	Dr Baidyanath Ghosh Dastidar	Bengali, Hindi, English	9830177145	18:00-19:00
17	Dr Abir Mukherjee	Bengali, Hindi, English	9007008971	10:00-12:00
18	Dr Srikumar Mukherjee	Bengali, Hindi, English	9830029598	18:00-20:00
19	Dr Sanjay Garg	Bengali, Hindi, English	8961561392	11:00-13:00

20	Dr Sujata Roy Chowdhury	Bengali, English	9830230042	12:00-14:00
21	Dr Sayandip Ghosh	Bengali, Hindi, English	9830275859	08:00-10:00
22	Dr Nilanjan Chandra	Bengali, Hindi,Gujrati, English	9433812411	18:00-20:00
23	Dr Diptadhi Mukherjee	Bengali, Hindi, English	9433780660	19:00-21:00
24	Dr Arabinda Brahma	Bengali, Hindi, English	9830066869	18:00-20:00
25	Dr Saurabh Sankar Kundu	Bengali, Hindi, English	9830067475	09:00-11:00
26	Dr Santanu Nath	Bengali, Hindi, English	9337434349	19:00-21:00
27	Dr Aritra Chakraborty	Bengali,Assamese,Odiya Hindi, English	9474735129	19:00-21:00
28	Dr Subrata Das	Bengali, Hindi, English	9432457484	10:00-12:00
29	Dr Sumanta Dawn	Bengali, Hindi, English	9432457484	09:00-11:00
30	Dr Tirthankar Dasgupta	Bengali, Hindi, English	9830309116	09:30-11:00
31	Dr Abhijit Chakraborty	Bengali, Hindi, English	9432955380	11:00-16:00
32	Dr Wittika Chattaraj	Bengali, Hindi, English	7063808095	08:00-10:00 17:00-20:00
33	Dr Suddhendu Chakraborty	Bengali, Hindi, English	9831940958Dr	10:00-12:00
34	Dr Bappaditya Chowdhury	Bengali, Hindi, English	9433230073	10:00-13:00
35	Dr Anish Dawn	Bengali, Hindi, English	8961145631	18:30-20:00
36	Dr Malay Sarkar	Bengali, Hindi, English	9830028384	08:00-12:00
37	Dr Abhay Kumar De	Bengali, Hindi, English	9830050507	18:00-20:00
38	Dr Narottam Halder	Bengali, Hindi, English	9477036566	16:00-21:00
39	Dr Sanjay Saha	Bengali, Hindi, English	9007505971	16:00-20:00
40	Dr Bappaditya Mondal	Bengali, Hindi, English	833492400	20:00-22:00

4 1	Dr Nikhilesh Mondal	Bengali, Hindi, English	9531546172	18:00-20:00
4 2	Dr Malay Sarkar	Bengali, Hindi, English	9830028384	08:00-12:00
4 3	Dr Om Prakash Singh	Bengali, Hindi, English	9434013231	08:00-12:00
4 4	Dr Indrani Chatterjee	Bengali, Hindi, English	9831096486	11:00-12:30
4 5	Dr Alok Patra	Bengali, Hindi, English	9002302407	12:30-14:00
4 6	Dr Sayanti Ghosh	Bengali, Hindi, English	9830298433	15:30-17:00
4 7	Dr Kaberi Bhattacharyya	Bengali, Hindi, English	9830655257	17:00-18:30
4 8	Dr Gautam Bandyopadhyay	Bengali, Hindi, English	9007155165	18:30-20:00
4 9	Dr Amlan Kusum Jana	Bengali, Hindi, English	9432128879	12:00-14:00
5 0	Dr Bhaktishree Raha	Bengali, Hindi, English	8474815970	14:00-15:30
5 1	Dr Swapnajit Sharma	Bengali, Hindi, English	8811087227	15:30-17:00
5 2	Dr Arnab Pathak	Bengali, Hindi, English	9804609480	17:00-18:30
5 3	Dr Madhurima Ghosh	Bengali, Hindi, English	9051559951	18:30-20:00
5 4	Dr Subrata Saha	Bengali, Hindi, English	9830087061	12:00-14:00
5 5	Dr Roop Ghoshal	Bengali, Hindi, English	8336902510	15:30-17:00
5 6	Dr Debanjan Pan	Bengali, Hindi, English	9732787805	14:00-15:30
5 7	Dr Partha Kundu	Bengali, Hindi, English	9051386220	12:00-14:00
5 8	Dr Debjani Das	Bengali, Hindi, English	9830316969	08:00-09:30
5 9	Dr Mrinmay Das	Bengali, Hindi, English	8218770077	10:00-12:00
6 0	Dr Tamoghna Bandyopadhyay	Bengali, Hindi, English	8697969961	12:00-14:00
6 1	Dr R R Ghosh Roy	Bengali, Hindi, English	9830055335	17:00-18:30

