

Newsletter

FROM THE DESK OF HONORARY GENERAL SECRETARY

Sound Body in Sound Mind Only



INDIAN PSYCHIATRIC
SOCIETY

What is inside

- ▶ Message from the President
- ▶ Message from the Hon. Gen. Secretary
- ▶ A loving memorial and tribute
- ▶ Upcoming Events
- ▶ The team at glance
- ▶ Creative corner



A kaleidoscope of IPS Activities

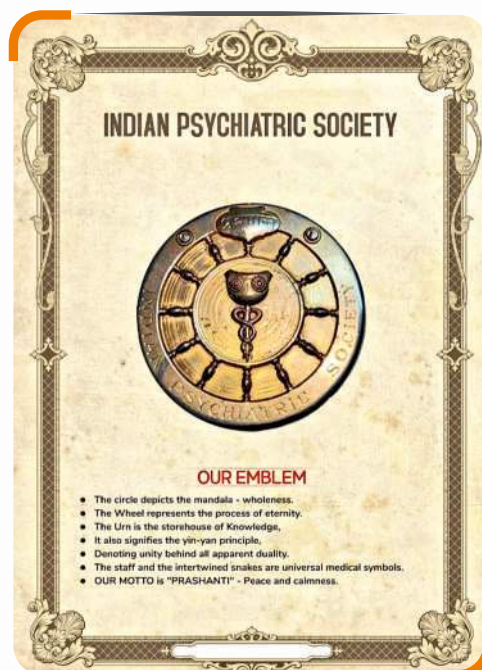
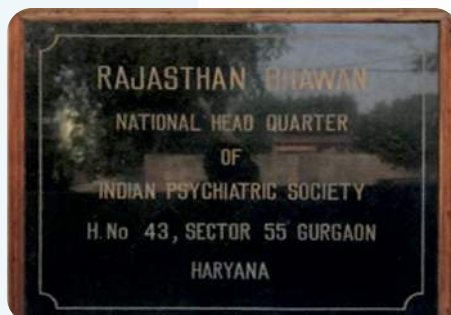
- MIDCIPS 2024
- Across The Globe
- Sub Committees
- Task Forces
- Speciality Sections
- Zonal News

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Newsletter Envisioned and Developed By

June-September
2024 Edition

Issue-2

Honorary Secretary - **Dr Amrit Pattojoshi**
Assistant Secretary - **Dr Minhajzafar Nasirabadi & Dr Niska Sinha**
Assistant Treasurer - **Dr. Pavan Kumar Kulkarni**

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Estd : 1947

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Vice President



Dr. Amrit Pattojoshi
Gen. Secretary



Dr. M. Aleem Siddiqui
Treasurer



Dr. Sujit Sarkhel
Editor

Our Journey

The IPS began in 1947 with 15 founder members and has now grown to a membership of above 7000 specialists. The IPS currently represents the largest society of mental health professionals in India & works on health advocacy, social activism, policy formulation & medical research in the field of mental health.



ORIGIN

The IPS was founded on 7th January 1947, during the Indian Science Congress meeting held in New Delhi.



JOURNAL

The Indian Journal of Psychiatry began in 1949 as the Indian Journal of Neurology and Psychiatry.



ZONES

Between 1975 & 1978, five IPS Zones were formed, which have flourished over time.

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Newsletter

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INDIAN PSYCHIATRIC SOCIETY

Estd : 1947

MESSAGE FROM THE PRESIDENT IPS:

Dear Colleagues

It is with great pride and humility that I address you as the President of the Indian Psychiatric Society (IPS). As mental health professionals, we are navigating an ever-evolving landscape where the importance of our work is becoming more apparent than ever before. The challenges posed by the increasing burden of mental health issues, particularly in the wake of the pandemic, have further underscored the need for our collective efforts in improving mental healthcare in India.

The IPS has always been at the forefront of advancing psychiatric care, education, and research, and this year, we are committed to taking significant strides in promoting mental well-being across all strata of society. Therefore, I have given one slogan also this year that **"SOUND BODY IN SOUND MIND ONLY"**. Our initiatives will focus on addressing stigma, enhancing public awareness, and advocating for stronger mental health policies. Additionally, we will continue to support ongoing education for mental health professionals through conferences, workshops, and training programs, ensuring that we remain updated with global advancements in psychiatry. I am very happy that this year the conferences, webinars, public education and awareness programs, publishing calendars in various languages etc. were taken at grand levels. I appreciate the efforts of all those who have worked very hard to arrange all such programs. I request you to continue all these activities with a greater momentum to increase Mental Health Awareness.

I urge each one of you to participate actively in our upcoming programs and initiatives. Your contribution, whether through clinical practice, research, or advocacy, is vital in shaping the future of mental healthcare in India. Together, let us strive to make mental health a priority and ensure that no individual is left behind in accessing the care they deserve. I have tried my level best to represent IPS at international level as well as participate in most of the national programs also where I was invited.

I am very happy to share with you that I have been very gracefully invited to give a lecture at the prestigious world-renowned Institution "MAYO CLINIC" where I will be going on 6 th of Nov. 2024 as well as WPA conference in Mexico. I also appreciate the contribution and hard work of **Dr. Niska Sinha**, **Dr. Minhaj Nasirbadi** and **Dr. Pavan Kumar Kulkarni** in preparing this newsletter.

I look forward to your continued support and collaboration.

Warm regards,

Dr. Laxmikant Rath

President, Indian Psychiatric Society



Dr. Laxmikant Rath
President



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HONORARY GENERAL SECRETARY MESSAGE:

Dear Colleagues

First and foremost I would like to express my heartfelt thanks and gratitude for your faith in me and unconditional support always as Honorary General Secretary.

We began the year with forming new Sub-committees, Specialty Sections and Task Forces taking members from all across zones with an idea to encourage participation and collaboration to help improve the academics, scientific, awareness programs and provide holistic care for our patients by all possible means.

This newsletter edition 2 featuring activities from June-September 2024 is a step in our endeavor to foster communication and the spirit to be informed and be inspired. This edition will update you about the various activities performed by IPS since June 2024. **The enthusiastic innovative plans and efforts done so far by the various subcommittees, specialty sections, and task forces needs applause.** I would like to congratulate them all for the great work done in such a short span of time both online and offline under the leadership of our ever supportive President and guidance of our office bearers, EC members and the team.

My special thanks to our lively Assistant Secretaries **Dr. Niska Sinha, Dr. Minhajzafar Nasirbadi** and Assistant treasurer **Dr. Pawan Kumar Kulkarni** for the hardwork behind this newsletter. I invite your precious suggestions to make our society more vibrant and request you to continue with the inspiring efforts.

I look forward to your suggestions, guidance and cooperation.

Thanking you

Dr. Amrit Pattojoshi
Honorary General Secretary
Indian Psychiatric Society



Dr Amrit Pattojoshi
Hon. Gen. Secretary



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In Loving memory and tribute :



Dr. Vijay Kumar Varma
6th Nov 1937 - 11th July 2024



Dr. Virannendra Mohan
12th July 2024



Dr Lalit Jayantilal Shah
Life Fellow - 1902392000



Prof. Dr. N. Janaki Ramaiah
IPS LF:10017



Prof Dr. Indubhusan Das
SCB Medical College, Cuttack



Dr. Anand Krishna Kumar
LF 01099



Dr. Pasham Ravishankar
LF 18123



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AROUND THE GLOBE:

IPS had a very successful representation across the globe

- IPS President Dr. Laxmikanth Rathi was invited to attend **Asia, Asia-Pacific, SAARC and Middle East** Psychiatric Federations conference in Abu Dhabi. He delivered inaugural address and spoke on **Leadership Skills** in a symposium, chaired one session.
- BIPA conference** was held at **Doncaster, United Kingdom** on 29-30th June, 2024. IPS has made its presence felt there with President Dr. Laxmikant Rathi, Dr. Amrit, Dr. Amol Deshmukh, Dr. Shekhar Sheshadri, Dr. Vinay Kumar and Dr. Suvendu.
- IPS President Dr. Laxmikanth Rathi attended **SAARC Psychiatric conference in Sri-Lanka**. Addressed in inauguration from DIAS, chaired guest lectures for 2 hours duration and gave a talk in symposium on **"Future of Psychiatry in India"**. Also among those who represented with scientific papers from India included past President IPS **Dr. Gautam Saha**, Hon sec IPS **Dr. Amrit, Dr. Sandeep Grover, Dr. Shashi Rai, Dr. Ruma, Dr. Padmakali, Dr. Niska** and many others.

IPS was well represented at all International Events



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MIDCIPS 2024- Agra, Uttar Pradesh

- 📍 The Mid-Year Conference of the Indian Psychiatric Society (MIDCIPS 2024) was successfully hosted and organized by the Agra Psychiatric Society from August 17th to 18th at the JP Hotel & Convention Centre, Agra with Org Chairperson **Dr. JP Narayan** and Org Secretary **Dr. Sagar Lavania**.
- 📍 The event witnessed an impressive turnout, with around **280 delegates** in attendance. The event was graced by distinguished guests, including Dr. Laxmi Kant Rath, President of IPS and Dr. Prashant Lavania, President of AIIMS Madurai, who served as the Guest of Honour. Dr. Amrit Patojoshi, HGS IPS, and Dr. Aleem Siddiqui, Treasurer IPS were also present. **UG and PG Quiz, Free Paper & e-Poster Sessions for Pgs, IPS Star Session, Post Conference workshop, Tree Plantation, Yoga session for the delegates and a candle march** in support for the ongoing campaign for demand for safety of doctors were the highlights of the program. Also IPS Calender for awareness in different languages were released on the occasion.



IPS Extended EC meeting at Delhi in May and Newsletter Jan-May 2024 release



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IPS PUBLICATION COMMITTEE REPORT

Advisor	: Dr. Nilesh Shah	Chairperson	: Dr. Avinash Desouza
Co-Chairperson	: Dr. Arshad Hussain	Co-Chairperson	: Dr. Rajasekhar Bipeta
Convenor	: Dr. Kaustav Chakraborty	Member	: Dr. Sujith Kuma Kar
E.C. Coordinator : Dr. Manaswi Gautam			

The IPS Publication Committee has been working on getting book proposals and so far 3 book proposals have been received.

One book on School Mental Health, one book on Sports Psychiatry, one Book and MHCA 2017 survey.

Also working on a book that shall be titled Tips for Successful Private Practice in Psychiatry and shall have inputs from 30-35 eminent psychiatrists in private practice.

IPS SPECIALITY SECTION TRANSACTIONAL ANALYSIS

Advisor	: Dr. Rajesh Dhume	Chairperson	: Dr. Monali Deshpande
Co Chairperson	: Dr. Sanchari Roy	Convenor	: Dr. Neelima V
Member	: Dr. Nilima Shah	Member	: Dr. Tathagata Mahintamani
EC Coordinator : Dr. Parag S Shah			

Transactional Analysis specialty section organized a training workshop on "Transactional Analysis" in association with The Department of Psychiatry, **Bharati Vidyapeeth Medical College, Pune** on September 23rd and 24th. Chairperson **Dr. Monali Deshpande** facilitated the two-day training and also included training sessions by **Dr. Parag S Shah** and **Dr. Nilima Shah**. The workshop had around 20 attendees on both training days who were active participants in the discussions and exercises done for the learning experience.

Participants mentioned how the sessions helped them to introspect and learn more about themselves and also help evaluate and manage patients with a fresh perspective. Participants appreciated the efforts trainers and organizers put in. The speciality section has also received multiple requests to conduct enhanced training sessions.



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IPS SPECIALITY SECTION YOGA & MEDITATION

Advisor	: Dr. B N Gangadhar	Chairperson	: Dr. Nikhil G Patel
Co-Chairperson	: Dr. Jyothi Maheshwari	Co-Chairperson	: Dr. Sambhu Prasad
Convenor	: Dr. Abhinav Pandey	Member	: Dr. Shashikanth Singh Rajput
E.C. Coordinator : Dr. P Kishan			

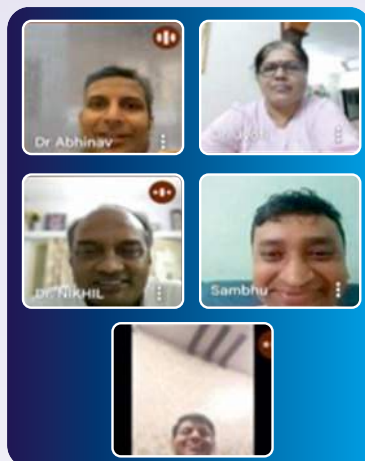
IPS Speciality Section Yoga and Meditation conducted a CME on June 9th 2024, along with Bombay Psychiatric Society in Mumbai under the leadership of **Dr. Jyoti Maheshwari**. The topic was - Yoga and Psychiatry Evidence Based Integration. BPS President **Dr. Ruksheda Sayeda** and Co chair of IPS Yoga subcommittee **Dr. Jyoti Maheshwari** inaugurated the program.

On the occasion of International Yoga Day, a program was conducted on 22nd June 2024 in collaboration with Indian Psychiatry Society Spirituality and Psychiatry Specialty Section, **World Psychiatric Association (Section of Religion, Spirituality and Psychiatry)**, **SAARC Psychiatric Association** and **Asian Federation of Psychiatrists Associations**. The physical Yoga program was organized in Kolkata and the deliberations by various speakers was done online on Zoom.

Dr. Laxmikant Rathi, President of Indian Psychiatric Society gave the welcome address. **Dr. B N Gangadhar**, Prof. Emeritus, NIMHANS and the Chairman of National Medical Commission, Govt. of India gave a speech on Yoga and Mental Health that highlighted the research carried out on role of Yoga in various psychiatric diseases. Pravarjika Sarvalokaprana Mataji, Sarada Math Ramkrishna Mission, Belur Math, India enlightened the audience by sharing her wisdom on Yoga for Women Empowerment.

Yoga & Meditation - Specialty Section plans to conduct various activities at the regional level and work place, in that regard **Dr. Sambhu Prasad**, Co-chairperson of the section started a project titled "Evaluating the Efficacy of Structured Yoga therapy on reduction of Craving in opioid Use Disorders: A Randomized Controlled Trial" at Department of Psychiatry, AIIMS Patna.

Under the guidance of **Dr. B N Gangadhar**, the curriculum on Yoga and Meditation is being under preliminary draft stage wherein the stalwarts of Yoga shall contribute their chapters in due course of time.



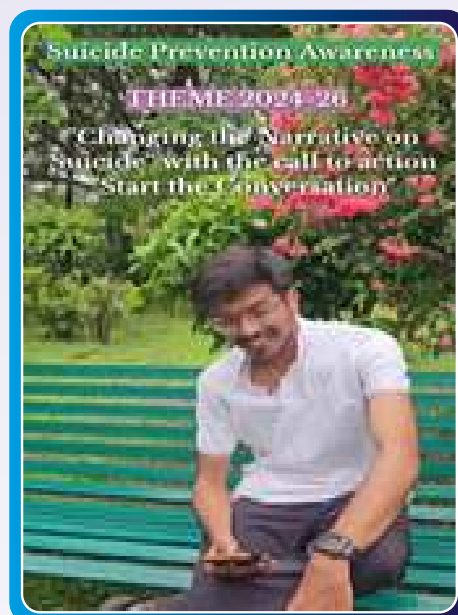
IPS SPECIALITY SECTION COLLEGE MENTAL HEALTH

Advisor	: Dr. Pankaj Kumar	Chairperson	: Dr. Anusha Prabhakaran
Co-Chairperson	: Dr. Rezaul Hamid	Co-Chairperson	: Dr. Neethi Valsan
Convenor	: Dr. Kunwar Vaibhav	Member	: Dr. R. Karthik Deivanayagam
E.C. Coordinator : Dr Tanmaini Das			

IPS College Mental Health Speciality Section conducted A 3-hour intervention titled “**Empowering Mentors with Mental Health First Aid Skills**” was conducted on **24th June 2024** for faculty members of **Pramukh swami Medical College, Bhaikaka University, Karamsad, Anand, Gujarat**. The session included empowering mentors with identification of mental health problems in students. Role plays were used to demonstrate good counselling skills, dealing with students having suicidal ideas and process of referring them to mental health professionals.

On the occasion of World Suicide Prevention day- **Reel making competition for Suicide prevention awareness** in College Campus was announced. Competition was open for Undergraduate MBBS students and Interns of all medical colleges across India.

Another program was conducted for students of Pramukhswami Medical College, Karamsad to observe Suicide Prevention Day 2024. The program included a quiz “**Understanding Hope**” on suicide facts. It was followed by virtual open theatre. Pre- recorded videos of student having suicidal thoughts were shown and discussion were invited from students regarding various ways of handling the situation. The pre recorded situation highlighted various issues like- **emotionally unavailable parents**, subtle sexual harassment at workplace, smiling depressives, parasuicidal behaviour.



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IPS ADDICTION MEDICINE SPECIALITY SECTION

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Convenor	: Dr. Lekhansh Shukla	Member	: Dr. Sheen G Soman
E.C. Coordinator : Dr. Dipayan Sarkar			

Organized two Awareness Programmes in collaboration with the Department of Psychiatry at KEM Hospital at M. D. College on 22nd June. Speaker Dr. Kranti Kadam, Additional Professor from the department and second program At St. Paul High School, Parel on 24th June with Speaker Dr. Shilpa Adarkar, Additional Professor from the department.

On the occasion of International Day against Drug Use and Illicit Trafficking, 26th June 2024, a webinar was conducted with topic Invest in Prevention: Through Drug Demand Reduction. Dr. Arun Kandasamy from NIMHANS. It was chaired by Dr. Alok Agarwal and Dr. Shilpa Adarkar. Dr. Anurag Varma was the Moderator. IPS office bearers Dr. Rathi (the President), Dr. Pattojoshi (HGS) and Dr. Siddiqui (Treasurer) gave their best wishes. There were more than 80 attendees and it was well appreciated.



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IPS SPECIALITY SECTION: WOMEN MENTAL HEALTH

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Co-Chairperson : Dr. Ruma Bhattacharya
Co-Chairperson : Dr. Vidyut Ajay Khadewale
Member : Dr. Nisha Cyriac
Chairperson : Dr. Sarmishtha Chakrabarti
Co-Chairperson : Dr. D. Swetha Reddy
Convenor : Dr. Prajakta Sushil Patkar
E.C. Coordinator : Dr. Tanmaini Das

Conducted Grand Rounds and Case Presentation Competition for Post Graduates and Undergraduates on 28th July, 2024.

Nearly 1500 lady doctors from Indian Psychiatric Society signed in a petition to act against the heinous crime of rape and murder of a 31 yr old lady doctor of RG Kar Medical College Kolkata with several points regarding safety of women doctors in their hospital. The letter was responded by the office of Madam President Draupadi Murmu Honorable President of India.

A community outreach program on Practical skills to be learnt is scheduled on 24th September by Dr. Alka Subramaniam and team on the occasion of World Alzheimer's Day

INDIAN PSYCHIATRY SOCIETY
Speciality Section on Women's Mental Health
It is pleased to present
GRAND ROUNDS WEBINAR ON
WOMEN'S MENTAL HEALTH
Case Presentation Competition for PGs & SRs
28th JULY 2024 @ 11:00 AM Onwards

Indian Psychiatric Society Office Bearers

Women Mental Health Subcommittee

Final Cases Selected by Jury Members

Case	Name of Student	Faculty
Mixed or Mixed? : Neurophysiological manifestations of severe hypothyroidism	Dr. Chitra Jain	Dr. Manish Rishikesh Professor and Head, NIMS, Jaipur
Eyes Wide as Hell : The Hidden Risk of Coxsack-Dalrymple	Dr. Roshan Pandey	Dr. Manish Rishikesh Prof. and Dr. PGD NIMS, Jaipur
Wired Over Myself : A deep dive into Obsessive-Compulsive	Dr. Priyanka Bhattacharya	Dr. Anil Majhi Professor & Head (SRM) NIMS, Jaipur
Overcoming professional hurdles in the care of a mother and child dyad	Dr. Seetha Kumar Jain	Dr. Anand Jaiswal Prof. & PGD NIMS, Jaipur
A Clinical Case Report : Childbirth due to another Medical Condition vs. Childbirth associated with Major Depressive Disorder	Dr. Saksham Kaur	Dr. Shivangi Mehta Assistant Prof. NIMS, Jaipur

PGs WATCH OUT FOR

Special session for PGs by Dr. Rishi Rishikesh, Fellow, Indian Journal of Psychiatry
Topic : Issues in affective disorders & Case report on case series for a child.

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Vice President : Dr. Manish Rishikesh
Secretary : Dr. Ruma Bhattacharya
Treasurer : Dr. D. Swetha Reddy
Member : Dr. Nisha Cyriac
Member : Dr. Sarmishtha Chakrabarti
Member : Dr. Prajakta Sushil Patkar
Member : Dr. Tanmaini Das

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Subject: An appeal from WOMEN PSYCHIATRISTS OF INDIA

Respected Madam,

It is a very grave matter that a young Doctor (PG) in chest Department of RG Kar Medical College, Kolkata was raped and murdered while on night duty on 05th August, 2024.

It is a heinous barbaric crime and has shaken the nation. Being a woman, you will empathize with what she must have gone through. This will deter young doctors from doing night duties unless safety measures are put in immediately.

We need to ensure safety of doctors, specially on night duty.

1. A Woman's safety audit in every hospital to identify blind spots, unsafe areas.
2. Lone Worker Policy - just like UK.
3. Observation regarding safety issues and prompt reporting of concerns in part of induction of Resident doctors/ nurses.
4. Limited access doors in facilities to prevent anyone without authorized access to enter.
5. Strong and immediate response from administration in case any violation or concern is brought to attention.
6. This will require separate resolutions for all on call doctors, walk in doctors, CCTV with proper recording in all government hospitals.

All the Women Psychiatrists of India implore you to take stringent action against the perpetrators of the crime in order to administer quick justice for the deceased Doctor and measures to cement security for all female doctors in the future as the immediate need of the moment.

Sincerely,

(Dr. Anand Jaiswal)
Hon. General Secretary,
Indian Psychiatric Society

(Dr. Manish Rishikesh)
Hon. General Secretary,
Indian Psychiatric Society

(Dr. Sarmishtha Chakrabarti)
Chairperson,
Women Mental Health, IPS

Security Registration No. 20 of 1949-099

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INDIAN PSYCHIATRIC SOCIETY

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IPS SCHOOL MENTAL HEALTH SPECIALITY SECTION

Advisor : Dr. John P John

Co-Chairpersons : Dr. Ruksheda Sayeda

Convenor : Dr. Anweshak Das

Chairperson : Dr. Kersi Chavda

Co-Chairperson : Dr. Khyati Mehtalia

Member : Dr. P.P. Kannan, Dr. Rashmi Shukla

E.C. Coordinator : Dr. Heena Merchant

IPS section of School Mental Health collaborated with **Sahara Neuro-Psych Hospital conducted an awareness program** for school teachers and parents. A first of its kind activity in Nanded. A talk on importance of mental wellbeing and brain health by **Dr Syeda Ruksheda the co-chair of IPS School MH** was followed by a Panel of teachers moderated by Dr Umesh.

Dr Rashmi Shukla, member of School mental Health sub committee conducted a district level teachers training programme. It was attended by 104 teachers from all over the Raebareli district. The theme was on understating and addressing common behavioral problems in children and adolescent.

The **7th School psychiatry seminar was conducted by Dr Kersi Chavda at the Sion Hospital auditorium**. With more than **500 registrations**. IPS president, Dr Laxmikant Rathi gave the opening remarks.

On **5th September, Teacher's Day**, on behalf of School Mental Health Speciality Section, IPS, the **co-chairperson Dr Khyati Mehtalia** addressed approximately **650 Teachers in Ahmedabad**. She talked on ADHD, SLD, Depression, Suicide and School Refusal sensitizing them so that they can identify these basic disorders. The specialty section plans to develop some modules on suicide prevention and mental health literacy. These modules can then be presented in various schools as a part of the annual activities.



School Psychiatry 2024	
1000 Regs. 2024, Friday In collaboration with IPS, 2024 Supported by: Devasia Foundation, Beacon High School	
08.30 am	Registration
09.30 am	Opening Remarks & Welcome Address Dr. Kersi Chavda
09.30 am	Address by Hon. Minister, Health Dr. Laxmikant Rathi (President, IPS)
09.45 am	Chairman's Address - Dr. Kersi Chavda
10.15 am	Chairman's Address - Dr. Kersi Chavda
10.45 am	Chairman's Address - Dr. Kersi Chavda
11.15 am	Chairman's Address - Dr. Kersi Chavda
11.45 am	Chairman's Address - Dr. Kersi Chavda
12.45 pm	Lunch Break
01.45 pm	Chairman's Address - Dr. Kersi Chavda
02.15 pm	Chairman's Address - Dr. Kersi Chavda
02.45 pm	Chairman's Address - Dr. Kersi Chavda
03.15 pm	Chairman's Address - Dr. Kersi Chavda

School Psychiatry 2024	
It gives us great pleasure to bring to you 7th School Psychiatry Seminar, Organised in collaboration with Indian Psychiatric Society section on School Mental Health and Bombay Psychiatric Society, supported by Beacon High School and Devasia Foundation - Dr. Kersi Chavda & Dr. Anwesh Desousa	
Venue : LTH, Sion Hospital, Mumbai Date : 5th, August 2024 Timing : 9.00 am to 4.00 pm	
REGISTRATION FREE BUT COMPULSORY By Message on Whatsapp 9620096226 / 9621031070	

All India Institute of Medical Sciences, Raebareli	
Department of Psychiatry	
one day teachers training Program & Workshop on Understanding & Addressing Common Behavioral Issues in Children and Adolescents	
In Association with Indian Psychiatric Society (School Mental Health Sub-Committee)	
Indian Psychiatric Society, Office Bearers	
Members (School Mental Health Sub-Committee)	
Resource Persons	
Venue : Lecture Theatre, Ground Floor, Medical College Date : 05th August 2024 Timing : 11AM - 4PM	



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INDIAN PSYCHIATRIC SOCIETY
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IPS SPECIALITY SECTION COMMUNITY AWARENESS

Advisor : Dr. Sanjay Munda

Co-Chairperson : Dr. Amit Narang

Member : Dr. Joice Geo

Chairperson : Dr. Anita Gautam

Convener : Dr. Pallavi Vishnu Dhake

Member : Dr. Simran Chowdhary

E.C. Coordinator : Dr. Dhananjay Chaudhari

- Various News Articles and Media outlet publications on Mental Health in leading Newspapers and TV News expert bites. Online Awareness Session at an International School on topic- New Age Parenting on 15th June 2024.
- A Work-life balance Workshop for a regional bank training centre on 25th July 2024 in Jaipur.
- Online activity for Suicide Prevention and Awareness on a social media page on 10th September 2024 with more than 1300 views by Dr. Amit Narang.
- An awareness session on 10th September 2024 regarding World Suicide Prevention Day and published in local newspapers by Dr. Dhananjay Choudhari at Kanpur.
- Dr. Pallavi Dhakne conducted Online Activity for Maternal Mental health on 14th June 2024 with more than 41000 views.
- FM Radio live session on 10th September 2024 to raise awareness regarding Suicide prevention. Conducted inperson CME for IMA doctors on 21st September 2024 to raise awareness regarding rational prescribing guidelines & risk of Benzodiazepine misuse in cases of Insomnia.



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INDIAN PSYCHIATRIC SOCIETY

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IPS SPORTS PSYCHIATRY SUBCOMMITTEE

Advisor : Dr. T. Sudhir

Co-Chairpersons : Dr. Anupam Rathod, Dr. Suvendu Mishra

Member : Dr. Ajeesh Ramchandran

Chairperson : Dr. Amil Khan

Convener : Dr. Mansi Vora

E.C. Coordinator : Dr. Amar Shinde

The 1st ever National Sports Psychiatrist CME (hybrid mode) - Sports Psychiatry Conclave was organized on the 25th August 2024 by the **IPS Sports Sub Committee in collaboration with Bombay Psychiatric Society**, at the majestic Mumbai Cricket Association Club, BKC, Mumbai. The CME had academically rich talks by Dr. Mansi Vora Hon. General Secretary Dr. Amrit Pattojoshi. Followed by an excellent line up of speakers like Mr. Ayaz Memon (Sports Journalist), Ms. Dutee Chand (Indian Sprinter), Mr. Saif Tamboli (Indian Gymnast) and a Panel Discussion who shared their lived experiences.

The event was live streamed to the members of IPS and the event recording is available on IPS' channel on Youtube. BPS President, **Dr. Ruksheda Syeda** and other members, along with IPS Sports Committee Members **Dr. Suvendu Mishra, Dr. Amar Shinde, Dr. Mansi Vora** were present along with 70 other members who physically attended the CME and the CME video has been viewed 750 times to date.



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INDIAN PSYCHIATRIC SOCIETY
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IPS TECHNOLOGY AND PSYCHIATRY SUBCOMMITTEE

Advisor : Dr. Parmod Kumar

Co-Chairperson : Dr. Anup Rath

Convenor : Dr. Ravi Chandra Karkel

Chairperson : Dr. Sandeep Vora

Co-Chairperson : Dr. Darpan Kaur

Member : Dr. Arpit Parmel

E.C. Coordinator : Dr. Aashish V saboo

The Technology and Psychiatry Subcommittee had 5 online Zoom meetings amongst its members till now and various activities were discussed for the whole year and following events have been planned.

5th national online symposium of Technology & Psychiatry subcommittee on Saturday, 26th October 2024 from 8 pm-10 pm and the theme has been decided as **"Novel Vistas in Technology and Psychiatry". At ANCIPS 2025 Hyderabad, 2nd National workshop/collaborative symposium** by the technology subcommittee is being planned on the theme **"Technology and Precision Psychiatry"**. Details are being worked out for the same.

On the research side, the subcommittee is exploring the options of either a multi-centric study in the field of technology and psychiatry or a review paper on the **"Landscape of Digital Psychiatry in India"**

IPS YOUNG PSYCHIATRISTS SUB-COMMITTEE

Advisor : Dr. Shanti Nambi

Co-Chairpersons : Dr. Kashyapi Garg

Convenor : Dr. Pritam Chandak

Chairperson : Dr. Samiksha Sahu

Co-Chairperson : Dr. Swayam Prava Baral

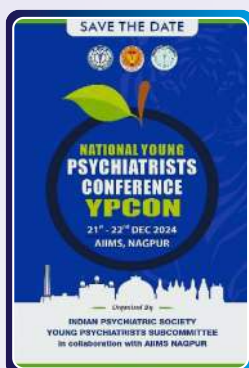
Member : Dr. Dhruv Parmar

E.C. Coordinator : Dr. Heena Merchant

Case Box Series, a monthly Webinar where a platform is given to a **Young Psychiatrist <5 years post PG** to present a case and along with it a senior speaker discuss the case and talks about recent advances on the same topic.

Conducted 4 case box series from the month of June to September. All the programs had good participation from young psychiatrists and post graduate students across India.

YPCON 2024 will be held in Nagpur on 21-22, December.



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IPS UG EDUCATION SUBCOMMITTEE

Advisor	: Dr. Lalit Batra	Chairperson	: Dr. N M Patil
Co-Chairperson	: Dr. Bhavesh Kumar Lakdawala	Convenor	: Dr. Christina George
Member	: Dr. Vijay Gogoi, Prerana gupta	E.C. Coordinator	: Dr. Ram Ghulam Razdan
Co-Opted Members : Dr. Priya Sreedaran, Dr. Vinay HR, Dr. Bheemsain Tekkalaki			

Six Subcommittee meetings were held to discuss agenda and work on the targets as specified below. Conducted National **Webinar on "HOW TO TEACH AND ASSESS THE UNDERGRADUATE COMPETENCIES FOR THE DIAGNOSIS OF DEPRESSION" on 20-08-24**. It was organized due to the felt need of gaps in training of Psychiatry teachers. It was attended by the IPS President, IPS Treasurer and IPS Editor. The faculty for the session were Dr. Priya Sreedhar and Dr. Vinay HR. Videos were employed to illustrate both the teaching –learning as well as the Assessment of imparting competencies on depression. There were 63 participants during the webinar. The session was interactive with contributions from Dr.Kishor M and Dr.Vikas Menon. Dr.Christina George gave the vote of thanks.

A presentation on the 2024 UG curriculum with focus on psychiatry was undertaken by Dr.Bheem Sain. The effort to reduce the number of competencies was acknowledged. There are two certifiable competencies on suicidality and depression and this is an important achievement. The process of formulating the new curriculum was discussed and the presence of 25 marks in paper 2 of medicine was noted

A Medical Education Workshop will be held during the IPSOCON 2024 ON 20-10-24. Faculty from other zones were also encouraged to have sessions on training for medical education for psychiatry teachers A proposal to examine the implementation of the CBME is finalized and will be carried out to quantify the implementation of CBME employing a Delphi method to develop the research instrument.

Indian Psychiatric Society
UG Education sub committee
presents

WEBINAR

How to teach and assess the undergraduate competencies for diagnosis of depression : A video demonstration

INDIAN PSYCHIATRIC SOCIETY - OFFICE BEARERS
PRESIDENT - DR. LAXMIKANT RATHI
VICE PRESIDENT - DR. SAVITHA MALHOTRA
HON. GEN. SECRETARY - DR. AMRIT PATTOJOSHI
HON. TREASURER - DR. M. ALEEM SIDDIQUI
EDITOR (JJP) - DR. SUJIT SARKHEL

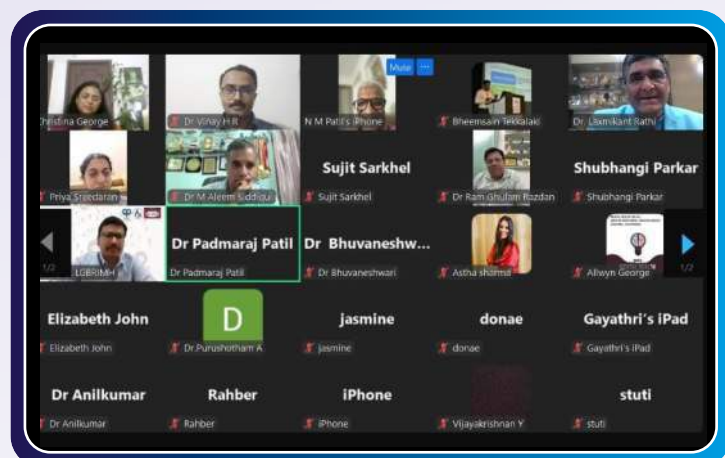
20 TUESDAY AUGUST **TIME AT 07:30 P.M**

ONLINE ZOOM MEETING

resource persons

Dr. Priya Sreedaran Dr. Vinay H.R

IPS UG Education Sub - Committee
Dr. Lalit Batra (Advisor)
Dr. N.M. Patil (Chairperson)
Dr. Bhaveshkumar Lakdawala (Co-Chair person)
Dr. Ram Ghulam Razdan (EC Coordinator)
Dr. Christina George (Convenor)
Dr. Vijay Gogoi (Member)



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INDIAN PSYCHIATRIC SOCIETY

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IPS TASK FORCE FOR LEADERSHIP DEVELOPMENT

Advisor	: Dr. Pratap Sharan	Chairperson	: Dr. Deepak Rathod
Co-Chairperson	: Dr. Devashish Konar	Co-Chairperson	: Dr. Dinesh Narayanan
Convenor	: Dr. Archana Singh	Member	: Dr. Prerana Gupta
E.C. Coordinator : Dr. Prosenjit Ghosh			

For increasing awareness about importance of leadership development, our FB page is now active and is getting good response. For leadership skill training, core trainer members have been identified. Physical workshops for IPS members will be conducted on weekends from October. Members interested in participating as delegates, coordinators or trainers are welcome.

Please email: leadership2047@gmail.com or send WhatsApp message on **7387911118** for any query or arranging workshop at your location.

<https://www.facebook.com/share/kndTHVGs7MM8y9XF/?mibextid=qi2Omg>



IPS MHCA TASK FORCE:

Advisor	: Dr. M. Malaiappan	Chairperson	: Dr. Jay Prakash Agrawal
Co-Chairpersons	: Dr. Gaurav Gupta	Co-Chairperson	: Dr. Ranjan Bhattacharya
Convenor	: Dr. Priyaranjan Avinash	Member	: Dr. Shruti Srivastava
E.C. Coordinator : Dr. Laxmi Naresh Vadlamani			

Conducted panel discussion on the Topic: Challenges, shortcomings and Scope for improvement in MHCA-2017 on 3rd august 2014 at MP-Psycon. Dr. Savita Malhotra President Elect IPS Dr. J. P. Agrawal Chairperson MHCA taskforce, Dr. Priyaranjan Avinash EC convener, MHCA taskforce Dr. V S Pal Prof and Superintendent Mental Hospital Indore were panelists.



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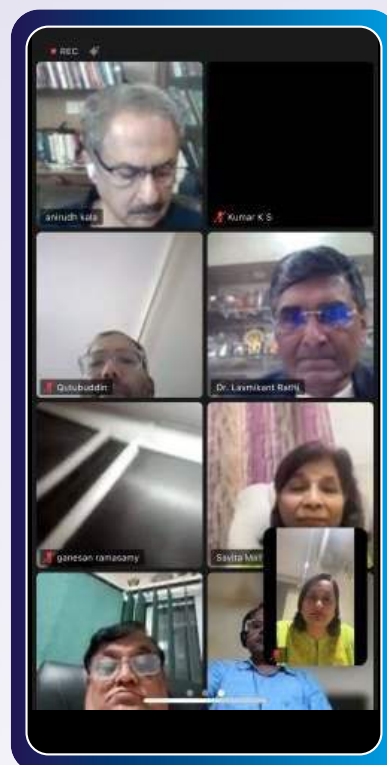
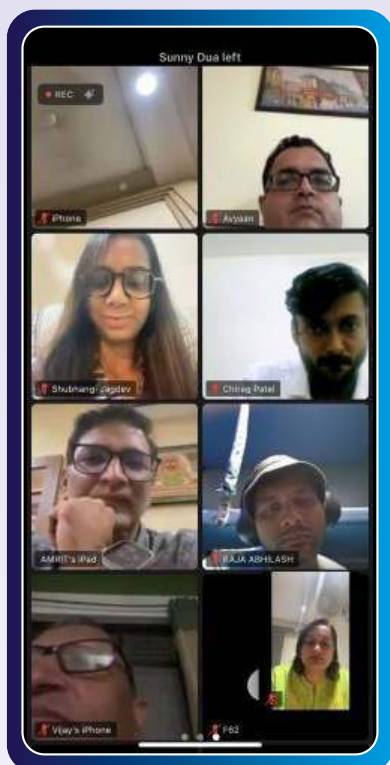
IPS TASK FORCE ON NDPS ACT

Advisor	: Dr. Ashwin Mohan	Advisor	: Dr. Raveesh B N
Chairperson	: Dr. S Gojendra Singh	Co-Chairperson	: Dr. Samrat Singh Bhandari
Co-Chairperson	: Dr. Sheryl Rachel John Pallickaleth	Convenor	: Dr. Chirag Patel
Member	: Dr. Manish Batla	E.C. Coordinator	: Dr. Amar H Shinde

One key event Panel Discussion on the NDPS Act was successfully organized.

Title	: "All You Wanted to Know About the NDPS Act but Didn't Know Whom to Ask"
Date	: 18th September 2024
Platform	: Zoom
Moderator	: Dr. Ashwin Mohan
Panelists	: Dr. A.K. Kala and Dr. Atul Ambekar
Participants	: ~200 attendees

This panel discussion focused on the practical challenges and legal nuances related to the NDPS Act, specifically aimed at providing guidance to psychiatrists. The session was well-received, with almost 200 participants joining, and included in-depth discussions with expert panelists. We believe this event significantly contributed to enhancing awareness and understanding among mental health professionals.



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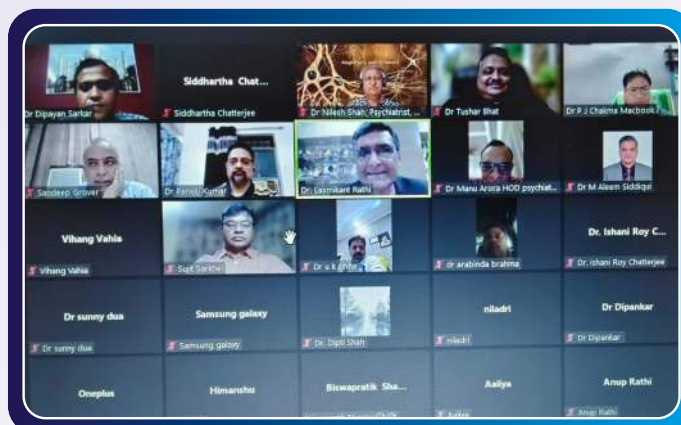
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PSYCHOPHARMACOLOGICAL – SPECIALITY SECTION

Advisor	: Dr. Chittaranjan Andrade	Chairperson	: Dr. Manu Arora
Co-Chairperson	: Dr. Pankaj Kumar	Co-Chairperson	: Dr. Ashutosh Kumar
Convenor	: Dr. P J Chakma	Member	: Dr. Tushar Surendra Bhat
E.C. Coordinator : Dr. Dipayan Sarkar			

Proposed plan of action for the year 2024-25:

-  Propose 3(three) CME in webinar format Tentative schedule of CME (online mode), Time: 8.30 pm to 9.30 pm
1st Virtual CME : 7th June 2024
2nd Virtual CME : 13th September 2024
3rd Virtual CME : 5th November 2024
-  Plan to hold a workshop/symposium either in ANCIPS /MIDCIPS . If needed we will request the Organizing committee to keep at-least one hour slot available for us to conduct workshop/symposium under IPS-Psychopharmacology section banner.
-  Proposal for Physical conference under the IPS-Psychopharmacology Specialty section(if feasible)
-  Plan to invite the major organization in medical field like IMA & APA to participate in our webinar.
-  Proposal for start a Newsletter that will contain recent advances in psychopharmacological research & molecules. We will publish it in electronic/digital mode.



Zonal NEWS

INDIAN PSYCHIATRIC SOCIETY CENTRAL ZONE

During this period three important events were conducted.

-  **PG Development Program:** A two-day Postgraduate Development Program on "Revisiting Clinical Assessment in Psychiatry" was conducted by the Himalayan Psychiatric Society (IPS- Uttarakhand state chapter) on the 6th and 7th of July 2024 in Dehradun. Dr. Ravi Gupta and Dr. Shobit Garg were the organizing chairpersons and Dr. Priya Ranjan Avinash was the organizing secretary of the program. This program aimed to enhance the clinical assessment skills of MD Psychiatry trainees and was attended by more than 125 trainees.
-  **CIPCON 2024:** CIPCON 2024, the 45th annual conference of Central Psychiatric Society (IPS - Central Zone) was held successfully at Ayodhya Dham, from 30th August to 1st September 2024 with Dr. Gyanendra Kumar, Organizing Chairperson and Dr. Kunwar Vaibhav, Organizing Secretary of the conference. The inauguration ceremony on the second day was presided over by Dr. Pratibha Goyal, Vice-Chancellor, Dr. RML Avadh University, Dr. Laxmikant Rath, President, IPS, Dr. Ajit Avasthi, Guest of Honour, Dr. Savita Malhotra, Vice-President, IPS. It was attended by nearly 450 participants which included qualified psychiatrists, PG residents and allied professionals.
-  **Guest Lecture on World Suicide Prevention Day:** On the World Suicide Prevention Day, CPS (IPS-CZ) organized a guest lecture (webinar) on the topic, "Changing the narrative on Suicide" by Dr Anjali Chhabria. Dr. Chhabria is a well-known psychiatrist working in Mumbai and is author of the book titled "Death is not the answer." Members of CPS joined the lecture and listened to Dr. Chhabria who brought some new perspectives and ideas how to create awareness on mental health especially regarding prevention of suicide. Indian Journal of Behavioral Sciences, the official journal of CPS (IPS-CZ) has been upgraded and shall now be published by Medknow Publications



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INDIAN PSYCHIATRIC SOCIETY
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INDIAN PSYCHIATRIC SOCIETY EAST ZONE

President : Dr. R K Lenin Singh

President Elect : Dr. Srikumar Mukherjee

Hon Secretary : Dr. Jayanta Dutta

Hon Editor : Dr. Shyamanta Das

Hon Treasurer : Dr. Tirthankar Das Gupta



The East Zone Indian Psychiatric Society PG CME and MID YEAR CONFERENCE was held in Guwahati, Assam from 20th -22nd June 2024, under the able guidance of Indian Psychiatric Society Assam State Branch. PG CME was held from 20th to 21st June 2024 and the Midyear Conference was held from 21st to 22nd June 2024. Dr. Bijoy Choudhuri and Dr. Anweshak Das were the Organizing Chairperson and Organizing Secretary respectively for both the events with the theme: Addictive Disorders: Current and Future perspectives. Dr. Laxmikant Rath, President of Indian Psychiatric Society was the Chief Guest at the inaugural ceremony at the PG CME. Dr. Dhrubajyoti Borah Vice Chancellor of Srimanta Shankaradeva Health University was the Chief Guest at the inaugural program in the Mid-year Conference. 153 post graduate students from 37 Medical Colleges from entire East Zone participated. Workshop by Publication Committee East Zone IPS was held on 20th June at Guwahati.



CPDPAM was organized by the Department of Addiction Medicine (DAM), LGBRIMH, Tezpur in collaboration with East Zone Indian Psychiatric Society, on the theme: Addiction Medicine-Contemporary Dialectics. It was held on the 'International Day against Drug Abuse and Illicit Trafficking', which is celebrated every year on June 26th to strengthen action and cooperation to achieve the goal of an international society free from drug abuse. Eight invited speakers, faculties of other institutes, around 140 registered delegates from all over India and online audiences participated.



An awareness video was created and circulated on the occasion of Women's Day on Women Mental Health by the women mental health speciality section.



A National level **CME on Women Mental Health** was organized at Patna on 13th July which was attended by around 200 Psychiatrists from across the zone and with faculties across the zones. The theme was: Women Mental Health: Let's walk the talk. Organizing **Chairperson was Dr. Uday Kumar** and **Organizing Secretary was Dr. Niska Sinha** (Also chairperson of Women Mental Health Speciality Section East Zone IPS). Quiz Debate and Panel discussions along with theme talks by erudite speakers of National fame were the highlights with good media coverage for the sake of awareness among masses. The CME was graced by presence of **National Secretary Dr. Amrit Patojoshi as Guest of honor**. The event was organized by Women Mental Speciality Section East Zone IPS in collaboration with Patliputra Psychiatric Society (IPS-Bihar State Branch).



All the important days in Psychiatry were observed by various members across the zone, created awareness by lectures and activities on Print and electronic media.



Annual Conference of East Zone Indian Psychiatric Society is being organized at Mayfair Palm Beach Resort, Gopalpur, Odisha from 28th to 30th Nov 2024 with the theme **Recent Advances In Psychiatry: Neurobiology to Neuromodulation**.



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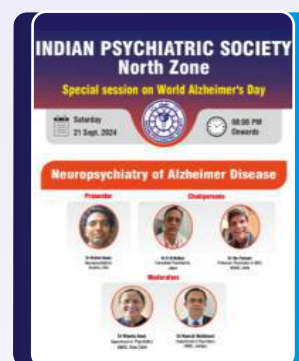
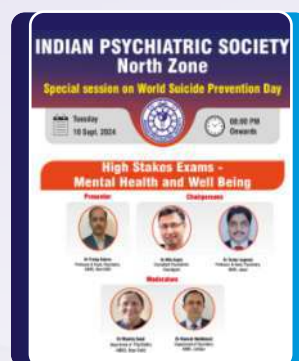
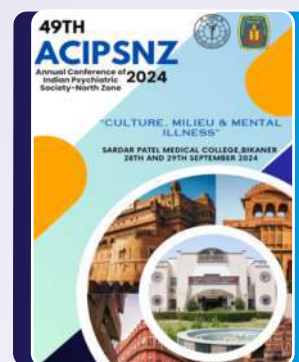
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INDIAN PSYCHIATRIC SOCIETY
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INDIAN PSYCHIATRIC SOCIETY NORTH ZONE

- IPS North Zone has been very active in conducting online as well as offline public awareness programs. Theme based webinar session was delivered on the occasion of International Day against Drug abuse and Illicit Drug Trafficking by Prof Anju Dhawan and Prof Rachna Bhargava on 'Invest in Prevention of Substance use.' It was chaired by Prof DR Purohit and Prof Ajeet Sidana.
- At MIDCIPS Agra IPS-NZ Team secured 1st & 2nd Position in PG Quiz and UG Quiz
- A special webinar session was organized on the occasion of World Suicide Prevention Day with guest lecture delivered by Prof Pratap Sharan on 'High stakes exams- Mental health and wellbeing.'
- On World Alzheimer's Day, Dr Rishab Gupta from Harvard Medical School, Boston, Massachusetts, USA delivered the excellent session on 'Neuropsychiatry of Alzheimer's disease.'
- ACIPS-NZ-2024 - Indian Psychiatric Society-North Zone was held the 49th Annual Conference on 28th- 29th September, 2024 at Bikaner with the theme of the Conference- 'Culture, milieu and mental illness' with Dr Achyut Trivedi (Org Chairperson), Dr Harful Singh Bishnoi (Org Co-Chairperson), Dr Shri Gopal Goyal (Org Secretary)**
- The Organizing Committee along with Executive Council of Indian Psychiatric Society-North Zone designed an excellent academic program involving various experts and stalwarts in the field of Psychiatry.



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INDIAN PSYCHIATRIC SOCIETY
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INDIAN PSYCHIATRIC SOCIETY SOUTH ZONE

President : Dr. Abhay Matkar

President Elect : Dr. Umashankar M

Hon Secretary : Dr. Lokeshwar reddy

Hon Editor : Dr. Rajasekhar Bipeta

Hon Treasurer : Dr. Arun Kumar Nagasamudram



IPS SZ has been very vibrant and active with all the programs conducted timely. IPS SZ Midterm CME was conducted at Kurnool on 1 st and 2 nd June 2024 at Hotel Mourya Inn. The CME, organized by the Kurnool Psychiatric Society in collaboration with the IPS AP SB, was a groundbreaking event that focused on the theme of Psychosomatic disorders.



Research Capacity Building Committee of IPS SZ made remarkable achievements as the fourth year of the Brief Course in Psychiatric Research. This year marked a significant milestone with incorporation of valuable feedback to enhance the overall participant experience. The key updates included a revamped structure with two engaging contact sessions featuring group activities, the introduction of insightful Zoom sessions on diverse topics, and the addition of interactive online activities. The event witnessed 50 new registrations alongside returning participants, with two enlightening contact sessions held at St. Johns Medical College, Bengaluru. A total of 21 informative Zoom sessions and 52 engaging online activities further enriched the learning journey, covering essential topics in psychiatric research.



The upcoming program of the release of the thematic issue on Academic Psychiatry, promises to be a significant contribution to the field with a focus on teaching and learning in undergraduate and postgraduate psychiatry education. The event is scheduled for September 27, 2024 from 6 pm to 7 pm and will be conducted online.



IPSOCON 2024, the annual conference of IPS SZ will be held at NIMHANS, Bengaluru from 18th October to 20th October, where this year's focus is on the themes of "Psychiatry in the Digital Era: Addictions to Advances". The conference aims to delve into the complexities of psychological issues surrounding behavioral and digital addictions, offering a platform for insightful discussions and collaborative opportunities.



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INDIAN PSYCHIATRIC SOCIETY
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INDIAN PSYCHIATRIC SOCIETY WEST ZONE

President : Dr. Neena Sawant

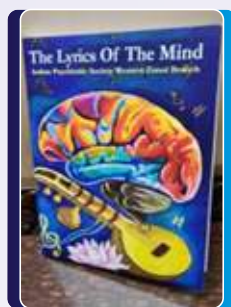
President Elect : Dr. Sudhir Bhawe

Hon Secretary : Dr. Dhanunjay Ashturkar

Hon Editor : Dr. Avinash De Sousa

Hon Treasurer : Dr. Ravindra Agarwal

- On 30th June 2024 jointly organized by **IPSWZB Women's Psychological Health Committee**, IPSWZB Child Psychiatry Committee & BPS a day long physical program with innovative, new age topics and young speakers was organised.
- PG Psychiatric Education Committee of IPS WZ Tenacious Tuesday Training – a monthly online activity for PGs conducted many programs on Basics of CBT, Rehabilitation Psychiatry.
- QUIZ SUBCOMMITTEE of IPS WZ** conducted 10 quizzes and each session had atleast 30-40 PG Participants.
- IPS WZ Research committee has been very active and conducted a series of lectures with academic researchers across India for Post Graduates.
- The Department of Psychiatry, GMC Chandrapur, in collaboration with the Public Relations Committee, **IPSWZB 23-24, organized an awareness session on World Suicide Prevention Day**. The event featured keynote addresses by Dr. Suyog Jaiswal (Addl. Prof. and Head, Psychiatry, AIIMS Nagpur) on "Start the Conversation" and Dr. Kiran Deshpande (Senior Consultant Psychiatrist, Chandrapur) on "Navigating Through Stress."
- IPSWZB Public Relations Subcommittee along with **Indian Institute of Public Health Gandhinagar (IIPHG)** organized a half day seminar on Building Emotional Resilience and Well-Being on **20th September**. It was an interactive workshop followed by question answer sessions. Around 150 students attended it.
- Published a book **"The Lyrics of The Mind"** Poetry collection of members of West Zone.
- The Geriatric subcommittee had a programme on World Alzheimer's Day on 21st September, in collaboration with Graceful Living and Nana Nani School. It was well attended by senior citizens. Dr. Neena Sawant gave a keynote address on the need for the program in today's day and time, Dr. Jahnavi Kedare spoke on Dementia with respect to risk factors, practical tips for caregivers and on prevention strategies & Dr. Karishma Rupani gave a talk on the signs and symptoms of Dementia and how they differ from Age associated memory impairment.



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UPCOMING EVENTS



ANCPS

HYDERABAD 2025

THEME: NEUROPSYCHOLOGY OF FITNESS TO WELLNESS

22nd - 25th JANUARY 2025

VENUE: HICC, HYDERABAD

76th Annual National
Conference of Indian
Psychiatric Society

In Association with:






STATUE OF LORD VENKATESWARA



CHARMINAR, HYDERABAD



CHARMINAR AT NIGHT



CHARMINAR FROM A DISTANCE



CHARMINAR AT NIGHT



CHARMINAR AT NIGHT



CHARMINAR AT NIGHT



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CHARMINAR AT NIGHT



CHARMINAR AT NIGHT



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CLIQUE HERE TO VISIT OUR WEBSITE



DR. B. VENKATESWARA REDDY



DR. K. RAMESH BABU



DR. VENKATA REDDY



Newsletter

FROM THE DESK OF HONORARY GENERAL SECRETARY

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INDIAN PSYCHIATRIC SOCIETY
Estd : 1947

ANCIPS 2025

INVITATION BY THE ORGANIZING COMMITTEE

Esteemed Senior Members,

Dear Friends, Colleagues, Fraternity Members & Students

Are you excited to meet each other at ANCIPS 2025, Hyderabad?

So are we, to meet you, greet you and give you an overwhelming experience with unmatched hospitality, entertainment and most importantly a wide spectrum of **"Neurobiology of Illness to Wellness"** focused not only on treating patients but also bringing them back from state of Illness to state of Wellness.

Hyderabad is a city that beautifully blends history, culture, and modernity. Imagine stepping into a city where the past and present coexist in a beautiful dance of culture and innovation.

Hyderabad's history is a tapestry woven with tales of royalty and grandeur. The city was once the seat of the powerful Nizams, whose legacy is etched in the majestic forts, palaces, and gardens that dot the landscape. The city's cultural diversity is reflected in its festivals, arts, and crafts. The bustling bazaars, such as Laad Bazaar and Sultan Bazaar, are treasure troves of traditional jewellery, textiles, and handicrafts, offering a sensory experience like no other. Beyond its urban charm, Hyderabad offers serene natural getaways. The tranquil waters of Hussain Sagar Lake, with the towering Buddha statue at its centre, provide a peaceful retreat from the city's hustle and bustle. The lush greenery of KBR National Park and the picturesque Durgam Cheruvu are perfect spots for nature lovers. A vibrant city, an iconic venue and mosaic of experience awaits you beyond the conference agenda. Tours to historical landmarks of Telangana, tingling culinary delights having aromas of unique blends of spices whether mixed with grains, vegetables, or meat. Satisfy your taste buds with World Famous succulent Mutton & Chicken Biryani and melting strands of meat in Haleem, especially available in selected outlets.

The Organizing Committee is endeavouring towards getting the Psychiatry World under one roof during ANCIPS 2025, Hyderabad. It is working tirelessly to ensure that the amalgamation of science and fun is captivating. Preconference events like IGPI & IMH Alumni Meet are being planned to ensure multifaceted organization of conference. The idea is to ensure that this conference becomes a memorable event in the field of Academics and Hospitality.

We hope that these words capture the essence of ANCIPS 2025 for you!

Please accept our heartfelt invitation to join us for an exceptional experience that celebrates the advancements in Psychiatry and Mental Health.

We look forward to welcoming you!

Regards,



Dr. M. Umashankar
Organizing Secretary



Dr. P. Kishan
Organizing Chairman



Dr. George Reddy V.
Organizing Treasurer



Dr. G. Jagannath
Joint Organizing Secretary



Dr. A. Vishal
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Dr. Sai Krishna P.
Joint Organizing Treasurer

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POETRY

DR. NIVEDITHA SAMALA
Consultant Psychiatrist, Hyderabad

Which is the Heaviest Pen in the World???

pen of a **politician**, can change a **society**!
pen of a **minister**, can change the future of a **country**!
pen of a **bureaucrat**, changes the **system**!
pen of a **journalist**, can make or **break the spirits** of people!
pen of a **poet**, inspires **generations** to come!
pen of an **author**, passes on the **legacy of time**!
But! The **heaviest** pen is the pen of a doctor, as the very existence of **human race depends** on it.
Every **prescription** a doctor writes is the experience and wisdom churned out into **one piece of paper**, that holds the health and happiness of the **patient**! **Amen!**
Amen! As this is not what always happens.
How a drug works on whom, is only **grossly known**.
The **weight felt**, of this pen is **immense**! Each time it creates a **prescription**.
Yes! It's a creation that **holds life**!
A creation churned out of the **collective knowledge of medical field** of the world till date!
Medical field is a **true global field**, which knows no boundaries or **jurisdictions**.
Adverse effects encountered world over add to the **weight of this pen**!
This pen 'has' to be a perfect balance that **weighs the risks and benefits**, and delivers only in the **best interest** of those, it is addressed to!
The patient' the **most significant** and important person of a **doctor's life**.
This might not be, the **hammer of Thor**, but definitely is, a **Scottish claymore**!
With which a doctor fights for patient's life!



Technology & Psychiatry

Innovate
Network
Collaborate
Read
Think
Lead
Creative
Unique
Transformative
Applicable
Relevant
Feasible
Impactful
Scalable
Meaningful

DR. DARPAN KAUR
Consultant Psychiatrist, Mumbai



DR. LAXMIKANT RATHI
Consultant Psychiatrist, Amrawati

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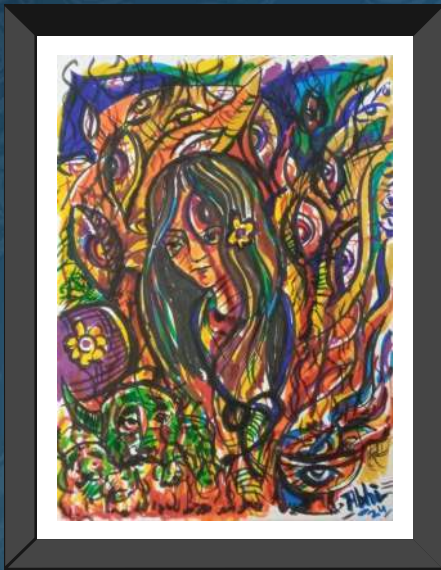


ART GALLERY



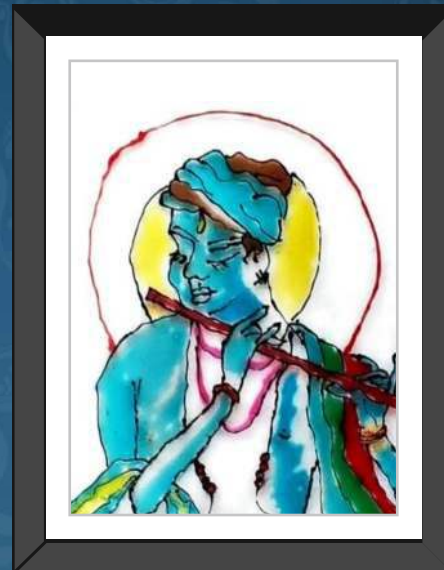
DR. ABHIRUCHI CHATTERJEE

Kolkata



DR DEEPALI GUL

Consultant Psychiatrist, Amrawati



DR. MONALI DESHPANDE

Aurangabad



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TEAM IPS 2024-25



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Convener	Dr. Aruna Yadiyal
ECCoordinator	Dr. Sandeep Kumar Goyal

Newsletter

FROM THE DESK OF HONORARY GENERAL SECRETARY

Sound Body in Sound Mind Only



INDIAN PSYCHIATRIC SOCIETY

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TEAM IPS 2024-25

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EC Coordinator	Dr. Ram Ghulam Razdan

LGBTQ TASKFORCE

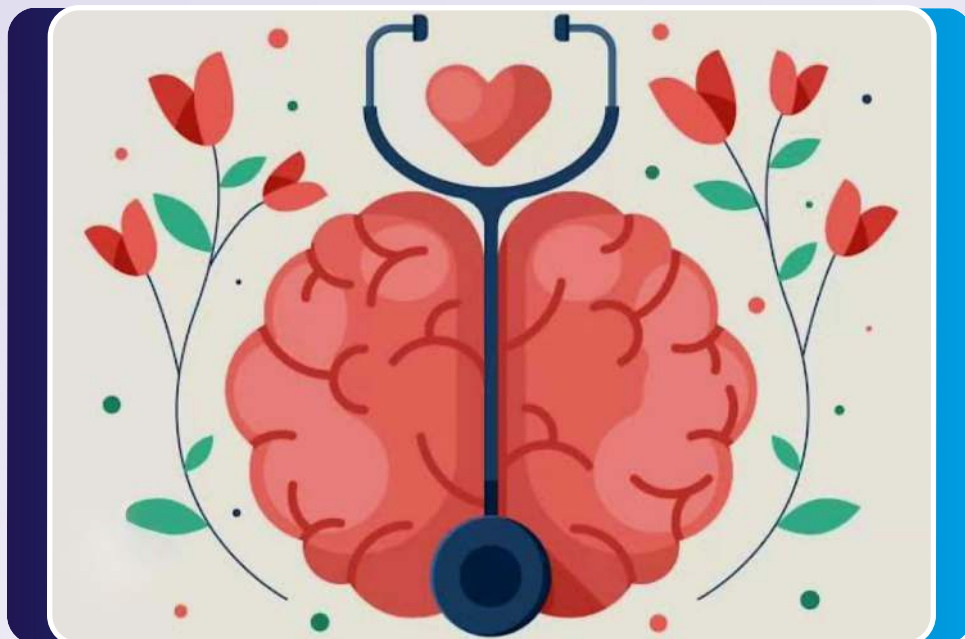
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Co-Chairperson	Dr. Rakesh Kumar
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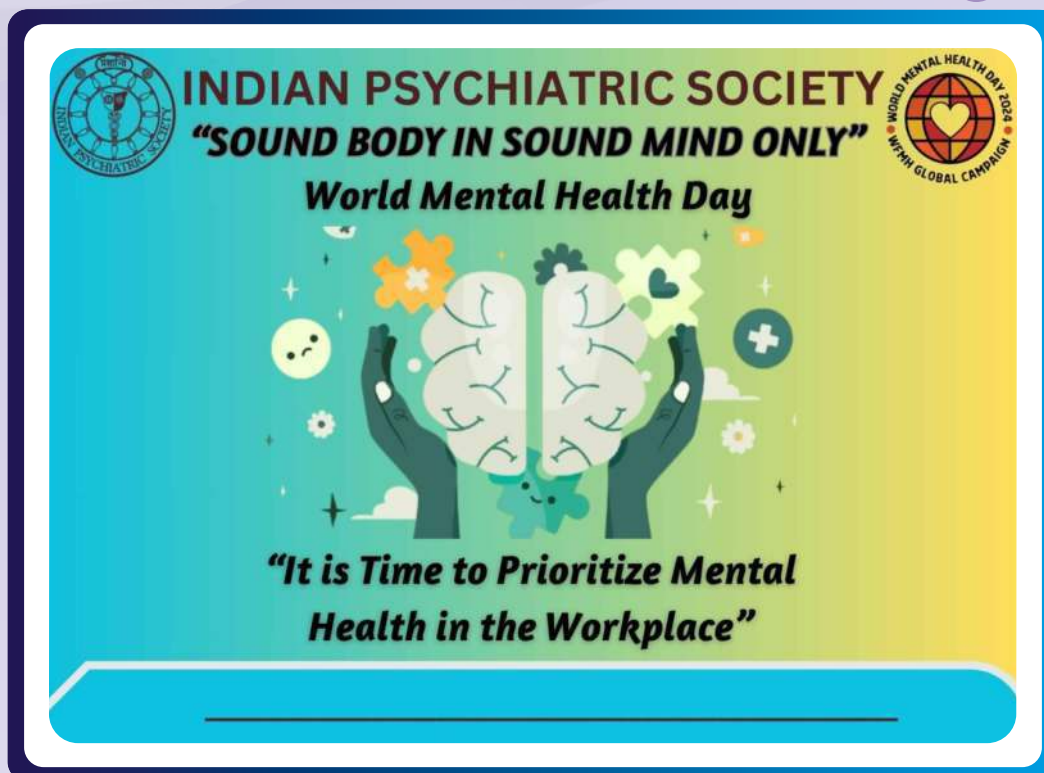
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Co-Chairperson	Dr. Gorav Gupta
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A heartfelt thanks to all IPS Committee Chairpersons, Advisors, Chairpersons, Co-chairpersons, Convenors, Members, EC Coordinators and Organising Chairpersons and Organizing Secretaries of all the events for helping us in compilation of this newsletter. We extend our apologies for any unintentional errors or miss from our sides and we seek suggestions and ideas to make it better for next issues ahead.

We thank our IPS President **Dr. Laxmikanth Rathi**, President Elect **Dr. Savita Malhotra**, Hon Treasurer **Dr. Aleem Siddiqui**, Hon Editor **Dr. Sujit Sarkhel** and all the **EC Members** for their constant help guidance and support.

Regards!!!



Dr. Amrit Pattojoshi



Dr. Niska Sinha



**Dr. Minhajzafer
Nasirabadi**



**Dr. Pavan Kumar
Kulkarni**

Thank you