

MID YEAR CONFERENCE OF
INDIAN PSYCHIATRIC SOCIETY

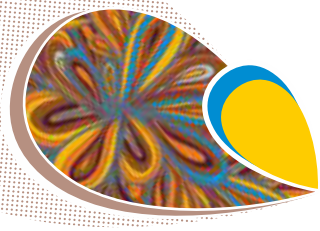


MIDCIPS 2026

*Theme: "Polypharmacy:
Rational, Irrational and Beyond"*

**Date: 22nd - 23rd Aug 2026,
Venue: Hyatt Regency Chandigarh**





MIDCIPS 2026

Welcome Message

IPS President

Dear Honoured Members of the IPS Fraternity,

It is my great pleasure to warmly welcome you to the **Mid-Year Conference of the Indian Psychiatric Society (MIDCIPS 2026)**, to be hosted in the **beautiful city of Chandigarh from 22nd and 23rd Aug 2026**.

Chandigarh, renowned for its elegant architecture, verdant landscapes, and serene ambience, provides an ideal setting for academic exchange and professional camaraderie. As your host, I am delighted to invite you to experience not only an enriching scientific program but also the warmth and hospitality that this vibrant city has to offer.

This year's conference theme: **"Polypharmacy: Rational, Irrational and Beyond"** will guide our collective exploration of contemporary challenges and emerging advancements in psychiatry. The theme reflects our shared commitment to strengthening mental healthcare, fostering innovation, and promoting evidence-based practice in an ever-evolving landscape. The scientific program has been thoughtfully curated to ensure a balanced blend of cutting-edge research, clinical insights, interactive discussions, and multidisciplinary perspectives. The sessions will address key issues in mental health practice, policy, education, and service delivery, creating opportunities for meaningful dialogue and professional growth.

MIDCIPS 2026 aims to serve as a dynamic platform for learning, collaboration, and reconnecting with colleagues from across the country. Beyond academic deliberations, the conference will offer moments of fellowship, reflection, and renewed inspiration in our shared mission to advance mental health care in India.

I extend my sincere appreciation to the Local Organizing Committee for their dedication and meticulous efforts in preparing to host this prestigious conference. I cordially invite all members of the Indian Psychiatric Society to participate in large numbers and contribute to making **MIDCIPS 2026** a memorable and impactful gathering.

I look forward to welcoming you to Chandigarh for an engaging and rewarding conference experience.

Warm regards,

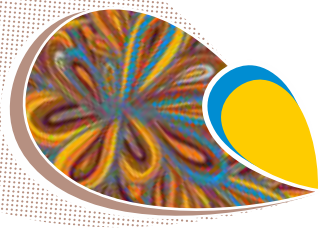


Dr. T.S.S. Rao

President

Indian Psychiatric Society





MIDCIPS 2026

Welcome Message

IPS Honorary General Secretary

Dear Esteemed Colleagues,

Warm greetings from the desk of the Hon General Secretary of Indian psychiatric society.

It is with immense pleasure and pride that I welcome you all to the **MIDCIPS 2026** being held in the vibrant city of Chandigarh "the City Beautiful", on **22nd and 23rd Aug 2026**.

This year, our theme is "**Polypharmacy: rational, irrational and beyond**" reflects the goal "to use medications for the clinical needs which are evidence based and to minimize ADRs, reduce medication burden, and improve quality of life" of our patients. According to WHO evidence based studies suggest that no medical professional can hope to remain competent for a few years after graduation & post graduation, without a program of active learning. **MIDCIPS** provides this opportunity.

With the collaboration of the organizing committee and beyond the intense academics, we are expecting a memorable, warm, and engaging experience that will allow for networking and collaborative discussions I congratulate the Organising Committee, under the leadership of Dr. T. S. S. Rao (President IPS), Dr. O.P. Singh (V.P.), all office bearers, Dr. Savita Malhotra, the organizing chairperson, Dr. Pramod Kumar, Co-Chairperson, Dr. Nitin Gupta Co-Chairperson, Dr. Ashwin Mohan, the organizing secretary, Dr. Arjun Arya, the treasurer and chair scientific committee & all organizing committee members for their tireless work in putting together this announcement.

I wish all the best to the organizing committee for a very successful event.

I look forward to your active participation.

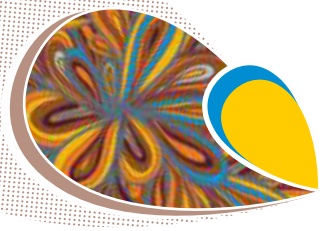
Warm regards,



Dr. Arun V. Marwale

Honorary General Secretary
Indian Psychiatric Society
H.Q. Delhi





MIDCIPS 2026

Welcome Message

Organizing Committee

Dear Distinguished IPS Colleagues,

With immense pleasure and great enthusiasm, we, the Local Organizing Committee, warmly welcome you to the **Mid-Year Conference of the Indian Psychiatric Society (MIDCIPS 2026)**, to be hosted in the **beautiful and vibrant city of Chandigarh from 22nd and 23rd Aug 2026**.

It is truly an honour for us to host this prestigious conference in Chandigarh – a city admired for its architectural elegance, serene green landscapes, and harmonious blend of modernity and nature. We are delighted to invite you to experience not only a rich academic program but also the warmth, hospitality, and cultural charm that our city proudly offers.

This year's conference theme: **"Polypharmacy: Rational, Irrational and Beyond"** will guide our collective exploration of contemporary challenges and emerging advancements in psychiatry. The theme reflects our shared commitment to strengthening mental healthcare, fostering innovation, and promoting evidence-based practice in an ever-evolving landscape.

The scientific program has been thoughtfully designed to ensure a stimulating and rewarding experience. Through plenary lectures, symposia, interactive workshops, and multidisciplinary discussions, **MIDCIPS 2026** aims to foster meaningful dialogue, enhance clinical expertise, and encourage collaborative learning among professionals from across the country.

Beyond the academic sessions, we hope this conference serves as a platform to reconnect with colleagues, build new professional relationships, exchange ideas, and create lasting memories. Your presence and active participation will be the true strength and success of this gathering.

As hosts, we remain committed to ensuring a seamless, enriching, and memorable conference experience for every delegate. We look forward to welcoming you personally to Chandigarh and to sharing together an inspiring journey of learning, fellowship, and professional growth.

Warm regards,



Dr. Savita Malhotra
Chairperson



Dr. Parmod Kumar
Co-Chairperson



Dr. Nitin Gupta
Co-Chairperson

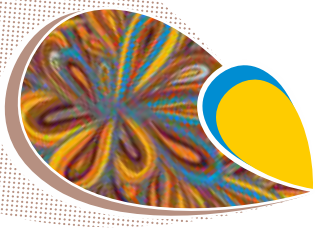


Dr. Ashwin Mohan
Organising Secretary



Dr. Arjun Arya
Treasurer





MIDCIPS 2026

IPS Office Bearers



Dr. T.S. Sathyanarayana Rao
President



Dr. Om Prakash Singh
Vice-President



Dr. Arun V. Marwale
Hon. General Secretary



Dr. Laxmi Naresh Vadlamani
Hon. Treasurer



Dr. Sujit Sarkhel
Hon. Editor
(Indian J Psychiatry)



Dr. Savita Malhotra
Immediate Past President



Dr. Amrit Pattojoshi
Immediate Past HGS



Dr. M. Aleem Siddiqui
Imm. Past Hon. Treasurer

IPS Direct Council Members (2026–2027)

Dr. Amar Shinde

Dr. Heena Merchant

Dr. (Brig) Jyoti Prakash

Dr. Krishna Kadam

Dr. Manaswi Gautam

Dr. Niska Sinha

Dr. Parag S. Shah

Dr. Ravindra Munoli

Dr. Tanmaini Das

IPS CME Sub-Committee

Dr. Mrugesh Vaishnav
Advisor

Dr. Sureshkumar Munirathinam
Chairperson

Dr. Varun Mehta
Convener

Dr. Krishna Kadam
EC Coordinator

Dr. Ashish Srivastava
Co-Chairperson

Dr. Hitesh Khurana
Co-Chairperson

Dr. Veda Shetgeri
Member

Dr. Anamika Das
Member

Dr. Srikrishna Nukala
Member

Local Organising committee



Dr. Savita Malhotra
Chairperson



Dr. Parmod Kumar
Co-Chairperson



Dr. Nitin Gupta
Co-Chairperson

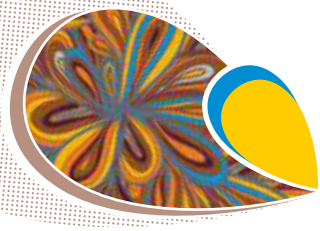


Dr. Ashwin Mohan
Organising Secretary



Dr. Arjun Arya
Treasurer





MIDCIPS 2026

(Fields marked with * are compulsory / mandatory)

Registration Form

*IPS Membership No: _____

Personal Details

*Name : _____
*E Mail : _____
*Mobile : _____ WhatsApp Contact : _____
Telephone : Residence : _____ Office : _____
*Date of Birth : _____ Gender : _____
*Address : _____

*City/District : _____ *State : _____
*Pin/Zip/Post Code : _____ Country : _____
Qualification : _____ Year : _____

Accompanying Person

1. Name : _____ Age : _____ Gender : _____
2. Name : _____ Age : _____ Gender : _____
3. Name : _____ Age : _____ Gender : _____

Transaction Details:

Transaction ID/Payment ID/ UTR No. : _____ Bank / UPI : _____
Date of Transaction : _____ Amount Paid : _____

Kindly fill & send the scanned copy with transaction ID of this form to - registration@midcips2026chandigarh.com

Registration mandatory for all attendees

Category	Early bird registration from 01/05/2026 to 31/05/2026	From 01/06/2026 to 15/07/2026	From 16/07/2025 onwards
IPS Members	Rs. 4500/-	Rs. 5500/-	Rs. 6500/-
Non-Members	Rs. 5500/-	Rs. 6500/-	Rs. 7500/-
Accompanying Persons	Rs. 3500/-	Rs. 4500/-	Rs. 5500/-
PG Residents & Students	Rs. 3000/-	Rs. 3500/-	Rs. 4000/-
Senior IPS members above 65 years	Nil	Nil	Rs. 4500/-

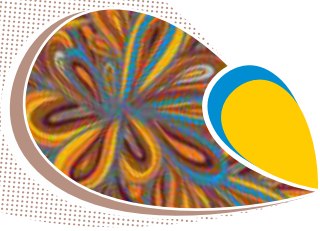
Payments shall be received by

Account Name : **SMZ Cube** Account Number : **50200092126637**
Bank Name : **HDFC Bank** IFSC code : **HDFC0000455**
Account Type : **Current Account** Bank Address : **Jogeshwari Branch**

Contact for Registration Queries

Email : registration@midcips2026chandigarh.com
Mobile : **+91 73044 72386**





MIDCIPS 2026

Registration Entitlements

Registered delegates are entitled to:

- Delegate kit
- Access to the Inaugural Function, Scientific Sessions, and Social Evenings
- Lunches and dinners during the conference
- Exhibition area souvenir (if applicable)
- CMC Certificate of Attendance (for doctors only)

Registered Accompanying Persons Attending in Person are entitled to:

- Access to the Inaugural Function and Social Evenings
- Lunches and dinners during the conference
- Spouse gift (if applicable)
- Participation in spouse and children's programs

Note: Conference kits are subject to availability and are not guaranteed for late or spot registrations.

Terms and Conditions

Mandatory Requirements

- The following details are required at the time of registration:
- Valid Photo ID Proof (Driving License, Passport, Election Card, or Aadhaar Card)
- Email ID and Mobile Number
- First Name, Last Name, Address, State, PIN Code, and Institute/Hospital details

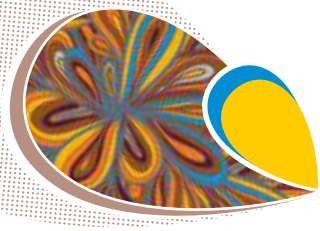
Registration Guidelines

- All fees are inclusive of 18% Goods and Services Tax (GST).
- Payments can be made online via NEFT, IMPS, bank transfer, debit card, or credit card.
- Online payments made via debit or credit cards may attract additional bank charges as per scheduled rates.
- All remittance, bank charges, and online transaction fees must be borne by the registrant.
- A letter from the Head of Department (HOD) is mandatory for postgraduate residents.
- Conference registration is compulsory for presenting free papers and posters.
- Registration is mandatory for all delegates, including children aged 5 years and above.
- Bonafide senior members aged 65 years and above are exempt from registration fees until the early bird deadline.
- A valid Photo ID is mandatory for security purposes to enter the conference area.
- Delegates must wear their barcoded registration badge at all times during the conference.
- Access for accompanying persons may be restricted in certain areas, including Scientific Halls.
- Registration fees are non-negotiable.
- Registration is strictly non-transferable, non-cancellable, and non-refundable.
- The Organizing Committee is not responsible for payments made without a completed registration form and payment details. No refund requests in such cases will be entertained.
- Delegates must bring their acknowledgement letter or payment receipt (with registration number) to collect their badge.
- Conference kits will be issued only to registered delegates upon presentation of a valid Photo ID.
- For spot registrations, payment will be accepted only via cash or UPI.
- Conference kits for spot registrations are subject to availability.

Cancellation and Refund Policy

- Registration is strictly non-transferable, non-cancellable, and non-refundable.





MIDCIPS 2026

Registration Online

Join us for an enriching academic experience by completing your registration in just a few simple steps.

Direct Registration Link

Click Here to Register Online: https://bit.ly/Online_Registration_Direct_Pay

Steps to Register

1. Open the online registration link.
2. Fill in your personal and professional details.
3. Select the appropriate registration category.
4. Complete the payment through the available online payment modes.
5. Submit the registration form successfully.
6. Receive your registration confirmation on your registered email/mobile number.

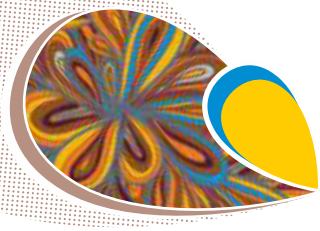
Register Early & Confirm Your Participation Today!



Scan Here^

MIDCIPS 2026 Scanner Code
Online Registration & Direct Pay





MIDCIPS 2026

Abstract Submission

Free Papers & E-posters Guidelines

Free Papers - Presentation Format

- Presentation Time: **6 minutes presentation + 2 minutes discussion** (Total: 8 minutes) *
- Maximum **5 slides** in **PPT format (16:9 Landscape)**
- Only **static PowerPoint presentations** are permitted. Animations, movies, videos, and sound effects are not allowed.
- The **presenting author must be registered with IPS & MIDCIPS 2026** and must report to the scientific session venue on time.
- * *The Organizing Committee (OC), in collaboration with the Executive Committee (EC), reserves the right to extend the presentation time for Free Papers depending on the number of submissions received.*



E-Posters - Presentation Format

- Presentation Time: **3 minutes presentation + 2 minutes discussion** (Total: 5 minutes)
- Maximum **3 slides** in **PPT format (16:9 Landscape)**
- Only **static PowerPoint presentations** are permitted. Animations, movies, videos, and sound effects are not allowed.
- The **presenting author must be registered with IPS & MIDCIPS 2026** and must report to the scientific session venue on time.

Note

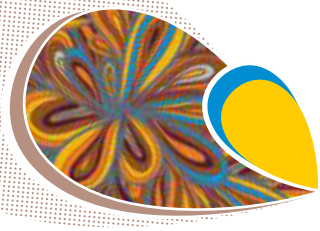
We are committed to providing an opportunity for all submitted Free Papers and Posters to be presented. However, due to limited presentation slots, acceptance will be on a first-come, first-served basis. Participants are therefore encouraged to submit their abstracts at the earliest."

To Submit Online:

Email your submission to: scientific@midcips2026chandigarh.com

Mobile No.: +91 73044 72387





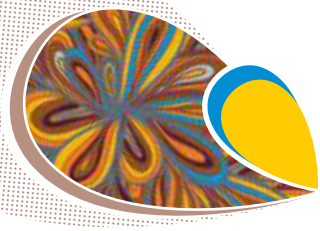
MIDCIPS 2026

Scientific Program

DAY 1: Polypharmacy: Clinical Applications

TIME	HALL A	HALL B	HALL C
09:00 AM – 10:15 AM	SYMPOSIUM 1	WORKSHOP 1	FREE PAPER SESSION
	Basis and Practical Applications of Neurocircuitry-Based Polypharmacy	Clinical Decision-Making in Polypharmacy (Case-based learning)	Oral Paper
	Functional Neurocircuitry as a Framework for Polypharmacy	Treatment Resistant Depression	
	Dr Sanghamitra Godi	Dr Arul Sarvanan	
	The Logic of Multi-Target Receptor Profiling	Obsessive Compulsive Disorder	
	Dr Vishal Dhiman	Dr Ashok Kumar	
	Neurocircuitry-Informed Augmentation Strategies	Anxiety Disorder	
	Dr Vaibhav Dubey	Dr Sonakshi Jyrwa	
	Moderator: Dr Nukala Sri Krishna	Bipolar Affective Disorder	
		Dr Tajamul Hussain	
10:15 AM – 11:15 AM	INAUGURAL SESSION		
11:15 AM – 12:00 PM	PLENARY 1		
	Conceptualizing Polypharmacy		
	Dr Nilesh Shah		
12:00 PM – 12:45 PM	PLENARY 2		
	Rational Polypharmacy: Integrating Pharmacokinetics, Pharmacodynamics and Risk-Benefit frameworks		
	Dr Sameer Malhotra		
12:45 PM – 01:30 PM	PLENARY 3		
	Deprescribing in Psychiatry: The Forgotten Skill		
	Dr Naren Rao		
01:30 PM – 02:15 PM	LUNCH		





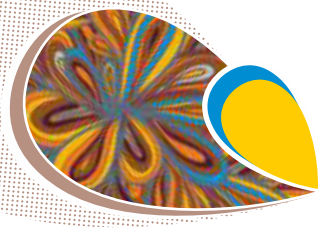
MIDCIPS 2026

Scientific Program

DAY 1: Polypharmacy: Clinical Applications

TIME	HALL A	HALL B	HALL C
02:15 PM - 03:00 PM	AWARD PAPER SESSION		
03:00 PM - 04:15 PM	DEBATE	SYMPOSIUM 2	FREE PAPER SESSION
	"Symptoms based vs Syndrome based Polypharmacy: Which serves psychiatry better"	Polypharmacy in Special Situations	Eposter
	"Symptoms based"	Geriatric population	
	Dr Ajay Kumar	Dr Shrikant Srivastava	
	Dr Anamika Das	Comorbid substance use disorders	
	"Syndrome based"	Dr Abhishek Ghosh	
	Dr Veda. N. Shetageri	From Womb to wisdom: Navigating psychotropic polypharmacy	
	Dr Smitha Ramdas	Dr Phani Prashant	
04:15 PM - 05:30 PM	GRAND ROUND	WORKSHOP 2	SYMPOSIUM 3
	Case Vignette Grand Round	Managing Polypharmacy Emergencies	Off-label Polypharmacy
	Complex real-life cases (Two case vignettes)	Serotonin syndrome	Reasons and justification
		Dr Jyoti Kapoor	Dr Perna Kukreti
	Presenters:	Neuroleptic malignant syndrome	Risks and Cautions
	Dr Anil Rane	Dr Udayan Majumdar	Dr Mina Chandra
	Dr Akhilesh	Lithium toxicity	Ethical and legal imperatives
	Moderators:	Dr Dinesh Dutt Sharma	Dr Rajashree Ray
	Dr Aseem Mehra	Clozapine-related complications	
	Dr Shivangi Mehta	Dr Ashish Srivastava	





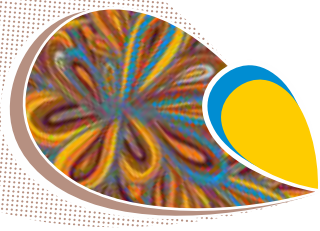
MIDCIPS 2026

Scientific Program

DAY 2 : Ethics, Future & Consensus

TIME	HALL A	HALL B	HALL C
08:30 AM - 09:15 AM	PLENARY 4		
	Polypharmacy in Real-World Practice		
	Dr Udai Chaudhary		
09:15 AM - 10:00 AM	PLENARY 5		
	FUTURE DIRECTIONS: Precision psychiatry, pharmacogenomics and Research gaps		
	Dr Shahul Ameen		
10:00 AM - 11:15 PM	SYMPOSIUM 4	WORKSHOP 3	FREE PAPER SESSION
	Beyond Pharmacology: Reducing Pill Burden	Prescription Audit & Rationalization	Oral Paper
	Role of psychotherapy	Error identification	
	Dr Nitin Gupta	Dr Neeru Bala	
	Lifestyle psychiatry	Prescription cascade	
	Dr Harneet Kaur	Dr Surendra Paliwal	
	Neuromodulation	Rationalization strategies	
	Dr Sai Krishna Puli	Dr Anil Nishchal	
	Integrative approaches	Audit frameworks	
	Dr Nand Kumar	Dr Shree Mishra	
11:15 AM - 12:30 PM	SYMPOSIUM 5	WORKSHOP 4	SYMPOSIUM 6
	Ethical and Legal Dimensions of Polypharmacy	AI Workshop	Polypharmacy in Childhood Psychiatric Disorders
	Negligence & liability	AI-Assisted Rational Prescribing	Polypharmacy in behavioural disorders of childhood
	Dr Lokeswara Reddy	Dr Abhijit Faye	Dr Subhas Das
	Documentation standards	AI-supported drug selection	Polypharmacy in autism spectrum disorders
	Dr PP Kannan	Dr Siddharth Sarkar	Dr Santosh
	Pharma influence	Predicting adverse effects	Poly pharmacy in ADHD
	Dr Rajesh Kumar	Dr Imon Paul	Dr Naresh Vadlamani
	Shared decision-making & consent	Reducing irrational combinations	
	Dr Chintan Solanki	Dr Dhruvajyoti Bhuiyan	





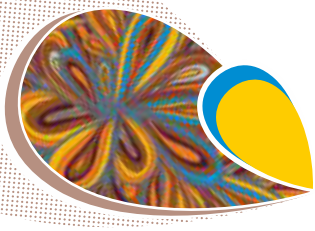
MIDCIPS 2026

Scientific Program

DAY 2 : Ethics, Future & Consensus

TIME	HALL A	HALL B	HALL C
12:30 PM - 01:45 PM	HIGH-IMPACT SESSION		
	Focused Group Discussion & Consensus Building "Developing SOPs for Rational Polypharmacy in India"		
	IPS Leadership		Prof TSS Rao Prof OP Singh Prof Arun Marwale Prof Sujit Sarkhel Dr Naresh Vadlamani
	CME Committee		Dr Mrugesh Vaishnav Dr Suresh Kumar M Dr Varun Mehta
	Organising Committee		Prof Savita Malhotra Dr Ashwin Mohan
	Expert resource persons		Prof Subho Chakrabarti Dr A Jagdeesha
01:45 PM - 02:00 PM	VALEDICTORY FUNCTION		
02:00 PM	LUNCH		





MIDCIPS 2026

About Chandigarh

Chandigarh, the joint capital of Punjab and Haryana, is India's first planned city, designed by the renowned architect Le Corbusier. Known for its clean layout, wide roads, greenery, and modern infrastructure, the city offers an ideal blend of urban sophistication and natural beauty.

With excellent connectivity by air, rail, and road, Chandigarh provides a comfortable and accessible setting for national and international delegates.



Key Attractions in Chandigarh



Rock Garden –

Asia's largest rose garden, featuring thousands of rose varieties spread across beautifully landscaped lawns. A unique sculpture garden made from recycled materials. Created from industrial and household waste, this extraordinary sculpture garden reflects creativity, sustainability, and artistic vision, making it a must-visit destination.

Sukhna Lake–

A peaceful retreat along the foothills of the Shivaliks. A serene lake perfect for morning walks and boating.



Le Corbusier Centre–

Blending history, design, and innovation, the Le Corbusier Centre offers a captivating glimpse into the genius behind Chandigarh's world-renowned architectural landscape.

Capitol Complex–

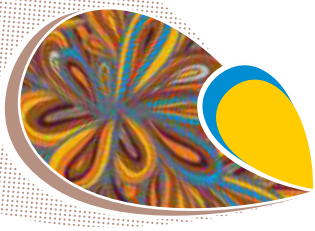
A UNESCO World Heritage Site that represents Chandigarh's modernist architectural heritage and planned urban design.



Nearby Places to Visit

- **Kasauli** – Nestled amidst serene pine forests and misty hills, Kasauli offers a peaceful escape with its colonial charm, scenic trails, and breathtaking Himalayan views.
- **Shimla** – Known as the “Queen of Hills,” Shimla enchants visitors with its heritage architecture, vibrant Mall Road, pleasant climate, and panoramic mountain landscapes.
- **Manali** – Surrounded by snow-capped peaks and lush valleys, Manali is a perfect blend of adventure, natural beauty, and cultural charm, making it one of India's most loved hill destinations.





MIDCIPS 2026

About Venue

Venue - Hyatt Regency Chandigarh

Hyatt Regency Chandigarh enjoys a prime location within the heart of the tri-city of Chandigarh and is easily accessible to the two additional key areas of the city: Mohali, known for the world-famous Punjab Cricket Association Stadium, and the beautiful residential area of Panchkula at the foot of the Himalayan hills. The hotel is part of a premium development that includes the Elante Shopping mall and an office complex that houses key multinational companies and diplomatic missions.



How to Reach Chandigarh

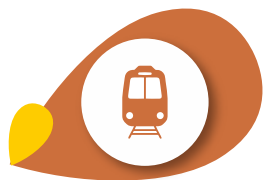
Chandigarh, located in North India at the foothills of the Shivaliks, is a well-connected city and easily accessible by air, rail, and road from major cities across India.



By Air (Recommended)

By Air (Recommended)

- The nearest airport is **Chandigarh International Airport (IXC)**, located approximately 10-15 km from the city center.
- The airport is well connected to major cities such as Delhi, Mumbai, Bengaluru, Kolkata, and Chennai with regular flights.
- Taxis and app-based cab services are readily available from the airport to hotels and the conference venue.



By Train

By Train

- **Chandigarh Railway Station (CDG)** is the main railhead serving the city.
- It has direct train connectivity with major cities including Delhi, Mumbai, Kolkata, and Jaipur.
- Local transport such as taxis and auto-rickshaws is easily available from the railway station to various parts of the city.

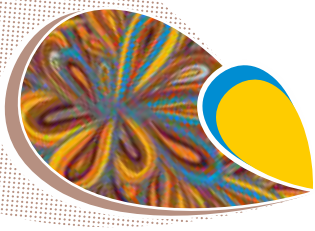


By Road

By Road

- Chandigarh is well connected by national highways including NH5 and NH7.
- It is easily accessible by bus or private vehicle from nearby cities such as Delhi, Shimla, Amritsar, and Dehradun.
- Government and private bus services operate regularly from neighbouring states.





MIDCIPS 2026

MIDCIPS 2026 Organizing Contact Details:



Dr. Savita Malhotra

Chairperson

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Co-Chairperson

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Co-Chairperson

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Dr. Ashwin Mohan

Organising Secretary

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Contact No.: +91 9814301303



Dr. Arjun Arya

Treasurer

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