

Scientific Program

MID YEAR CONFERENCE OF  
INDIAN PSYCHIATRIC SOCIETY



# MIDCIPS 2026

*Theme: "Polypharmacy:  
Rational, Irrational and Beyond"*

**Date: 22<sup>nd</sup> - 23<sup>rd</sup> Aug 2026,  
Venue: Hyatt Regency Chandigarh**





# MIDCIPS

## 2026

## Scientific Program

### DAY 1: Polypharmacy: Clinical Applications

| TIME                | HALL A                                                                                            | HALL B                                                         | HALL C             |
|---------------------|---------------------------------------------------------------------------------------------------|----------------------------------------------------------------|--------------------|
| 09:00 AM – 10:15 AM | SYMPOSIUM 1                                                                                       | WORKSHOP 1                                                     | FREE PAPER SESSION |
|                     | Basis and Practical Applications of Neurocircuitry-Based Polypharmacy                             | Clinical Decision-Making in Polypharmacy (Case-based learning) | Oral Paper         |
|                     | Functional Neurocircuitry as a Framework for Polypharmacy                                         | Treatment Resistant Depression                                 |                    |
|                     | Dr Sanghamitra Godi                                                                               | Dr Arul Sarvanan                                               |                    |
|                     | The Logic of Multi-Target Receptor Profiling                                                      | Obsessive Compulsive Disorder                                  |                    |
|                     | Dr Vishal Dhiman                                                                                  | Dr Ashok Kumar                                                 |                    |
|                     | Neurocircuitry-Informed Augmentation Strategies                                                   | Anxiety Disorder                                               |                    |
|                     | Dr Vaibhav Dubey                                                                                  | Dr Sonakshi Jyrwa                                              |                    |
|                     | Moderator:<br>Dr Nukala Sri Krishna                                                               | Bipolar Affective Disorder                                     |                    |
|                     |                                                                                                   | Dr Tajamul Hussain                                             |                    |
| 10:15 AM – 11:15 AM | INAUGURAL SESSION                                                                                 |                                                                |                    |
| 11:15 AM – 12:00 PM | PLENARY 1                                                                                         |                                                                |                    |
|                     | Conceptualizing Polypharmacy                                                                      |                                                                |                    |
|                     | Dr Nilesh Shah                                                                                    |                                                                |                    |
| 12:00 PM – 12:45 PM | PLENARY 2                                                                                         |                                                                |                    |
|                     | Rational Polypharmacy: Integrating Pharmacokinetics, Pharmacodynamics and Risk-Benefit frameworks |                                                                |                    |
|                     | Dr Sameer Malhotra                                                                                |                                                                |                    |
| 12:45 PM – 01:30 PM | PLENARY 3                                                                                         |                                                                |                    |
|                     | Deprescribing in Psychiatry: The Forgotten Skill                                                  |                                                                |                    |
|                     | Dr Naren Rao                                                                                      |                                                                |                    |
| 01:30 PM – 02:15 PM | LUNCH                                                                                             |                                                                |                    |





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### DAY 1: Polypharmacy: Clinical Applications

| TIME                | HALL A                                                                          | HALL B                                                    | HALL C                        |
|---------------------|---------------------------------------------------------------------------------|-----------------------------------------------------------|-------------------------------|
| 02:15 PM - 03:00 PM | AWARD PAPER SESSION                                                             |                                                           |                               |
| 03:00 PM - 04:15 PM | DEBATE                                                                          | SYMPOSIUM 2                                               | FREE PAPER SESSION            |
|                     | "Symptoms based vs Syndrome based Polypharmacy: Which serves psychiatry better" | Polypharmacy in Special Situations                        | Eposter                       |
|                     | "Symptoms based"                                                                | Geriatric population                                      |                               |
|                     | Dr Ajay Kumar                                                                   | Dr Shrikant Srivastava                                    |                               |
|                     | Dr Anamika Das                                                                  | Comorbid substance use disorders                          |                               |
|                     | "Syndrome based"                                                                | Dr Abhishek Ghosh                                         |                               |
|                     | Dr Veda. N. Shetageri                                                           | From Womb to wisdom: Navigating psychotropic polypharmacy |                               |
|                     | Dr Smitha Ramdas                                                                | Dr Phani Prashant                                         |                               |
| 04:15 PM - 05:30 PM | GRAND ROUND                                                                     | WORKSHOP 2                                                | SYMPOSIUM 3                   |
|                     | Case Vignette Grand Round                                                       | Managing Polypharmacy Emergencies                         | Off-label Polypharmacy        |
|                     | Complex real-life cases (Two case vignettes)                                    | Serotonin syndrome                                        | Reasons and justification     |
|                     |                                                                                 | Dr Jyoti Kapoor                                           | Dr Perna Kukreti              |
|                     | <b>Presenters:</b>                                                              | Neuroleptic malignant syndrome                            | Risks and Cautions            |
|                     | Dr Anil Rane                                                                    | Dr Udayan Majumdar                                        | Dr Mina Chandra               |
|                     | Dr Akhilesh                                                                     | Lithium toxicity                                          | Ethical and legal imperatives |
|                     | <b>Moderators:</b>                                                              | Dr Dinesh Dutt Sharma                                     | Dr Rajashree Ray              |
|                     | Dr Aseem Mehra                                                                  | Clozapine-related complications                           |                               |
|                     | Dr Shivangi Mehta                                                               | Dr Ashish Srivastava                                      |                               |





# MIDCIPS 2026

## Scientific Program

### DAY 2 : Ethics, Future & Consensus

| TIME                | HALL A                                                                             | HALL B                                          | HALL C                                                    |
|---------------------|------------------------------------------------------------------------------------|-------------------------------------------------|-----------------------------------------------------------|
| 08:30 AM - 09:15 AM | <b>PLENARY 4</b>                                                                   |                                                 |                                                           |
|                     | <b>Polypharmacy in Real-World Practice</b>                                         |                                                 |                                                           |
|                     | Dr Udai Chaudhary                                                                  |                                                 |                                                           |
| 09:15 AM - 10:00 AM | <b>PLENARY 5</b>                                                                   |                                                 |                                                           |
|                     | <b>FUTURE DIRECTIONS: Precision psychiatry, pharmacogenomics and Research gaps</b> |                                                 |                                                           |
|                     | Dr Shahul Ameen                                                                    |                                                 |                                                           |
| 10:00 AM - 11:15 PM | <b>SYMPOSIUM 4</b>                                                                 | <b>WORKSHOP 3</b>                               | <b>FREE PAPER SESSION</b>                                 |
|                     | <b>Beyond Pharmacology: Reducing Pill Burden</b>                                   | <b>Prescription Audit &amp; Rationalization</b> | <b>Oral Paper</b>                                         |
|                     | <b>Role of psychotherapy</b>                                                       | <b>Error identification</b>                     |                                                           |
|                     | Dr Nitin Gupta                                                                     | Dr Neeru Bala                                   |                                                           |
|                     | <b>Lifestyle psychiatry</b>                                                        | <b>Prescription cascade</b>                     |                                                           |
|                     | Dr Harneet Kaur                                                                    | Dr Surendra Paliwal                             |                                                           |
|                     | <b>Neuromodulation</b>                                                             | <b>Rationalization strategies</b>               |                                                           |
|                     | Dr Sai Krishna Puli                                                                | Dr Anil Nishchal                                |                                                           |
|                     | <b>Integrative approaches</b>                                                      | <b>Audit frameworks</b>                         |                                                           |
|                     | Dr Nand Kumar                                                                      | Dr Shree Mishra                                 |                                                           |
| 11:15 AM - 12:30 PM | <b>SYMPOSIUM 5</b>                                                                 | <b>WORKSHOP 4</b>                               | <b>SYMPOSIUM 6</b>                                        |
|                     | <b>Ethical and Legal Dimensions of Polypharmacy</b>                                | <b>AI Workshop</b>                              | <b>Polypharmacy in Childhood Psychiatric Disorders</b>    |
|                     | <b>Negligence &amp; liability</b>                                                  | <b>AI-Assisted Rational Prescribing</b>         | <b>Polypharmacy in behavioural disorders of childhood</b> |
|                     | Dr Lokeswara Reddy                                                                 | Dr Abhijit Faye                                 | Dr Subhas Das                                             |
|                     | <b>Documentation standards</b>                                                     | <b>AI-supported drug selection</b>              | <b>Polypharmacy in autism spectrum disorders</b>          |
|                     | Dr PP Kannan                                                                       | Dr Siddharth Sarkar                             | Dr Santosh                                                |
|                     | <b>Pharma influence</b>                                                            | <b>Predicting adverse effects</b>               | <b>Poly pharmacy in ADHD</b>                              |
|                     | Dr Rajesh Kumar                                                                    | Dr Imon Paul                                    | Dr Naresh Vadlamani                                       |
|                     | <b>Shared decision-making &amp; consent</b>                                        | <b>Reducing irrational combinations</b>         |                                                           |
|                     | Dr Chintan Solanki                                                                 | Dr Dhruvajyoti Bhuiyan                          |                                                           |





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### DAY 2 : Ethics, Future & Consensus

| TIME                   | HALL A                                                                                                        | HALL B | HALL C                                                                                          |
|------------------------|---------------------------------------------------------------------------------------------------------------|--------|-------------------------------------------------------------------------------------------------|
| 12:30 PM -<br>01:45 PM | <b>HIGH-IMPACT SESSION</b>                                                                                    |        |                                                                                                 |
|                        | <b>Focused Group Discussion &amp; Consensus Building “Developing SOPs for Rational Polypharmacy in India”</b> |        |                                                                                                 |
|                        | <b>IPS Leadership</b>                                                                                         |        | Prof TSS Rao<br>Prof OP Singh<br>Prof Arun Marwale<br>Prof Sujit Sarkhel<br>Dr Naresh Vadlamani |
|                        | <b>CME Committee</b>                                                                                          |        | Dr Mrugesh Vaishnav<br>Dr Suresh Kumar M<br>Dr Varun Mehta                                      |
|                        | <b>Organising Committee</b>                                                                                   |        | Prof Savita Malhotra<br>Dr Ashwin Mohan                                                         |
|                        | <b>Expert resource persons</b>                                                                                |        | Prof Subho Chakrabarti<br>Dr A Jagdeesha                                                        |
| 01:45 PM -<br>02:00 PM | <b>VALEDICTORY FUNCTION</b>                                                                                   |        |                                                                                                 |
| 02:00 PM               | <b>LUNCH</b>                                                                                                  |        |                                                                                                 |

