



51st Annual Conference of the
Indian Psychiatric Society - North Zone



— **ACIPS-NZ 2026** —



September 26–27, 2026 | Jalandhar, Punjab



**Punjab Institute of Medical Sciences (PIMS),
Jalandhar, Punjab**

THEME

**EMERGENCY
PSYCHIATRY**

*Together in Crisis Care,
Together in Mental Health*

— • Under the aegis of Punjab Medical Council • —



Organized by
Doaba Psychiatric Forum

in association with

Punjab Institute of Medical Sciences (PIMS)



51st Annual Conference of the Indian Psychiatric Society - North Zone **ACIPS-NZ 2026**



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EMERGENCY PSYCHIATRY

*Together in Crisis Care,
Together in Mental Health*

Message from the President and General Secretary **Indian Psychiatric Society - North Zone**

Dear Colleagues,

It gives us immense pleasure to extend warm greetings to all delegates attending the 51st Annual Conference of the Indian Psychiatric Society - North Zone (ACIPS-NZ 2026), being hosted at Punjab Institute of Medical Sciences, Jalandhar.

The theme of this year's conference, "*Emergency Psychiatry*", is both timely and relevant. Mental health professionals today encounter an expanding range of psychiatric emergencies that demand rapid assessment, sound clinical judgment, multidisciplinary collaboration, and compassionate intervention.

Psychiatric emergencies often represent moments of profound vulnerability for individuals and families. Whether addressing suicidal crises, acute psychosis, substance-related emergencies, disaster-related psychological trauma, or behavioural disturbances, our collective responsibility extends beyond symptom management to preserving dignity, hope, and recovery.

This conference provides an excellent platform for sharing knowledge, strengthening professional networks, and exploring advances in clinical practice, research, education, and policy. We are confident that the scientific deliberations and academic interactions during ACIPS-NZ 2026 will contribute significantly to enhancing the quality of mental healthcare across our region.

We congratulate the Organizing Committee, the Doaba Psychiatric Forum, and Punjab Institute of Medical Sciences for their efforts in bringing together this important academic event.

We extend my best wishes for a successful conference and look forward to welcoming delegates to the vibrant and hospitable land of Punjab.

With warm regards,

Dr. Rajesh Sagar

President

Indian Psychiatric Society - North Zone

Dr. Deepali Gul

General Secretary

Indian Psychiatric Society - North Zone



Dr. Rajesh Sagar

President
Indian Psychiatric Society -
North Zone



Dr. Deepali Gul
General Secretary

Indian Psychiatric Society
North Zone



• **ACIPS-NZ 2026** •

Together in Crisis Care, Together in Mental Health



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2025-26

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ELECTION COMMISSION



ACIPS-NZ 2026

Together in Crisis Care, Together in Mental Health

THEME
**EMERGENCY
PSYCHIATRY**

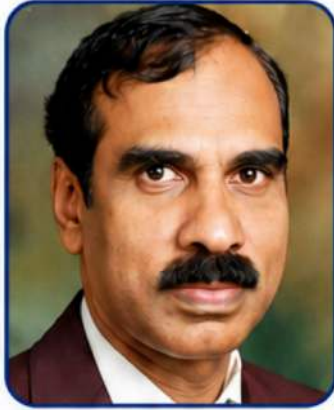


26-27 SEPTEMBER 2026



PUNJAB INSTITUTE OF MEDICAL SCIENCES (PIMS),
JALANDHAR, PUNJAB

Indian Psychiatric Society: National Office Bearers (2026-27)



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President



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Vice President



Dr. Arun V. Marwale
Hon. General Secretary



**Dr. Lakshmi Naresh
Vadlamani**
Hon. Treasurer



Dr. Sujit Sarkhel
Hon. Editor

Dr. Savita Malhotra

Immediate
Past President

Dr. Amrit Patojoshi

Immediate
Past General Secretary

Dr. M. Aleem Siddiqui

Immediate
Past Treasurer

ACIPS-NZ 2026
*Together in Crisis Care,
Together in Mental Health*



ORGANIZING COMMITTEE



PATRONS

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(Executive Chairperson, PIMS)
- Dr. Rajeev Arora
(Director Principal, PIMS)
- Dr. K.S. Baghiana
- Dr. Sarabjit Singh
- Dr. Nirdosh Goyal
- Dr Rupinder Kapur
- Dr. T.L. Chopra
- Dr. Manjeet Singh Saini
- Dr. Baljeet Singh Saini
- Dr. S.P. Singh



ORGANIZING CHAIRPERSON

Dr. Gulbahar Sidhu



ORGANIZING SECRETARY

Dr. Deepali Gul



CO-CHAIRPERSONS:

- Dr. Himanshu Sareen
- Dr. Sanjeev Lochan



JOINT SECRETARY:

Dr Jaswinder Kaur



VENUE MANAGEMENT

- Dr. Sumeet Kaur Madaan
- Dr. Ravneet Brar
- Dr. Abhipsa Das
- Dr. Shrutika Gupta
- Dr. Dimple Gupta
- Dr. Snehil
- Dr. Garvit Shivrani
- Dr. Gaurav Arora
- Dr Puneesha Chawla
- Dr. Nidhi Bhanot
- Dr Harleen Kaur



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- Dr. Sandeep Bhola
- Dr. Himanshu Sareen
- Dr. Aman Sood
- Dr. Kareena Arora
- Dr. Kristy Baruah



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- Dr. Amitabh Saha
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- Dr. Harman Kirandeep Kaur
- Dr. Surbhi Chak
- Dr. Taran Lubana
- Dr. Anupam Madaan
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- Dr. Rupam Dhiman
- Dr. Pankaj Mahal
- Dr Paras Sangra



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- Dr. Shiny
- Dr. Mandeep Singh
- Dr. Jovanjeet Singh
- Dr. Sargamjot Kaur
- Dr. Gaurav Bhagat
- Dr. Karan Singh Bajwa
- Dr Namrata
- Dr Amandeep Kaur
- Dr Ranjit Singh



BROCHURE AND CERTIFICATE

- Dr. Jaswinder Kaur
- Dr. Ishrat
- Dr. Nikhil Singh
- Dr. Nitin Baldeep Duggal



MEDIA MANAGEMENT

- Dr. Balbir Chauhan
- Dr. Ashmeet Singh
- Dr. Anuj Sharma
- Dr. Sukhjeet Chaniana
- Dr. Shubhkarman Singh Saini

Message from the Organizing Team



Indian Psychiatric Society – North Zone

Dear Colleagues,

It gives us immense pleasure to welcome you to the **51st Annual Conference of the Indian Psychiatric Society – North Zone (ACIPS-NZ 2026)**, to be held on **26–27 September 2026** at the **Punjab Institute of Medical Sciences (PIMS), Jalandhar**.

On behalf of the Organizing Committee, the Doaba Psychiatric Forum, and the Department of Psychiatry, Punjab Institute of Medical Sciences, we extend a warm invitation to all delegates, faculty members, researchers, trainees, and mental health professionals to participate in this prestigious academic gathering.

The theme of this year's conference, **"Emergency Psychiatry"**, reflects the evolving challenges faced by mental health professionals in contemporary clinical practice. From acute psychiatric crises and suicide prevention to disaster-related mental health care and substance-use emergencies, the conference aims to provide a platform for meaningful dialogue, learning, and collaboration.

The scientific program has been carefully curated to include keynote lectures, symposiums, workshops, oral paper presentations, poster sessions, and award paper competitions. We are confident that the deliberations during **ACIPS-NZ 2026** will enrich knowledge, strengthen professional networks, and inspire innovative approaches to psychiatric care.

Jalandhar, known for its rich cultural heritage, hospitality, and vibrant spirit, offers an ideal setting for academic exchange and collegial interaction. We hope that your visit will be both professionally rewarding and personally memorable.

We look forward to welcoming you to Punjab and to **ACIPS-NZ 2026**.

With warm regards,

Dr Gulbahar Sidhu
Organizing Chairperson

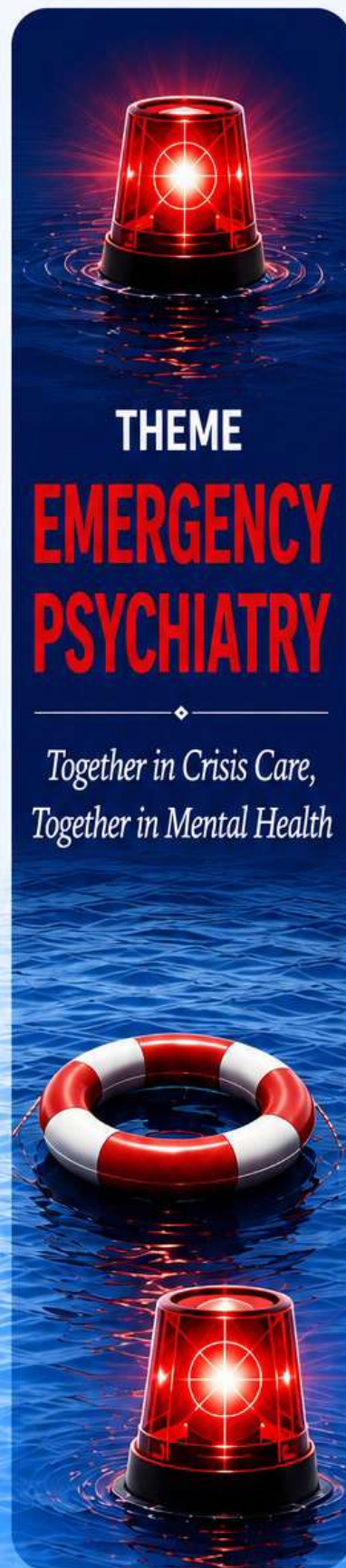
Dr Deepali Gul
Organizing Secretary

ORGANIZING COMMITTEE

ACIPS-NZ 2026

ACIPS-NZ 2026

Together in Crisis Care, Together in Mental Health



THEME

**EMERGENCY
PSYCHIATRY**

*Together in Crisis Care,
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REGISTRATION DETAILS & PAYMENT INFORMATION



PAYMENT OPTIONS

Registration fee may be paid through any of the following modes:

- Online Bank Transfer (NEFT)
- IMPS
- Direct Bank Transfer



Kindly use the bank account details provided below for all online transactions.



IMPORTANT POINTS

- Registration is **non-transferable**.
- All remittance, bank charges, and online transaction charges shall be borne by the registrant.
- A Letter from Head of the Department (HOD) is mandatory for Postgraduate Student registration.
- Conference registration is mandatory for presenting:
 -  Award Papers
 -  Oral Papers
 -  Posters
 -  Symposia
 -  Workshops
- The Organizing Committee shall **not be responsible** for payments made without submission of the registration form and payment details. Requests for refund of such payments will not be entertained.
- Registration forms submitted without valid payment proof **will not be accepted**.
- **Spot Registration:** Payment will be accepted only through **Cash or UPI**.



BANK DETAILS

ACCOUNT NAME	INDIAN PSYCHIATRIC SOCIETY - NZ
ACCOUNT NUMBER	31489959628
IFSC CODE	SBIN0010607
BANK NAME	STATE BANK OF INDIA
BRANCH	GMCH, SECTOR - 32, CHANDIGARH



REGISTRATION PROCESS

OPTION A

Email a scanned copy of the duly completed Registration Form along with proof of payment to:



acipsnz2026@gmail.com

OR

OPTION B

Complete the online registration using the Google Registration Form.



<https://forms.gle/VtJ3fYzCLiKP3BZx9>

SCAN & PAY

Pay using any UPI App



PhonePe

or any Banking App



SBI



UPI ID: **acipsnz2026@sbi**



IMPORTANT

Please mention your Name and Mobile Number in the transaction remarks while making the payment.

After completing the payment, kindly email:

- ✓ Registration Form
- ✓ Payment Proof
- ✓ Transaction Number

to: **acipsnz2026@gmail.com**



ACIPS-NZ 2026

Together in Crisis Care, Together in Mental Health



ACIPS-NZ 2026

51st Annual Conference of the
Indian Psychiatric Society – North Zone

REGISTRATION FORM



26–27 SEPTEMBER 2026



Punjab Institute of Medical Sciences (PIMS),
Jalandhar, Punjab



1. Personal Details

Title: Prof. / Dr. / Mr. / Ms. / Mrs.

Full Name: _____

Age / Sex: _____

Address: _____

City: _____

State: _____ Postal Code: _____

Mobile Number: _____

Email Address: _____

2. Professional Details

Affiliation / Institution: _____

Designation: _____

IPS Membership Number: _____

State Council Medical Registration Number: _____

3. Accompanying Person Details

Person 1

Name: _____

Relationship with Applicant: _____

Person 2

Name: _____

Relationship with Applicant: _____

4. Payment Details

Transaction Number: _____

Mode of Payment: _____

Date of Transaction: _____

Amount Paid: ₹ _____

5. Declaration

I hereby declare that the information furnished above is true and correct to the best of my knowledge.

Place: _____ Date: _____

Signature of Applicant



6. REGISTRATION FEES

Category	Till July 31, 2026	Aug 1 – Aug 30, 2026	Sept 1 – Sept 15, 2026	Spot Registration
IPS-NZ Member	₹ 6,000	₹ 7,000	₹ 8,200	₹ 9,500
PG Student (Medical)	₹ 4,200	₹ 5,500	₹ 6,500	₹ 8,200
PG Student (Non-Medical)	₹ 3,500	₹ 4,800	₹ 6,000	₹ 7,000
Non-Member Delegate	₹ 7,000	₹ 8,200	₹ 9,500	₹ 10,500
Accompanying Person	₹ 3,500	₹ 4,800	₹ 6,000	₹ 7,000

- Registration includes conference kit, lunch and refreshments.
- PG Students must provide a valid ID card.
- Registration once done is non-refundable.
- Cheque/DD to be drawn in favour of **"Indian Psychiatric Society -NZ"**
- Registration is complementary for the members more than 65 years of age.

7. SCAN & PAY



INDIAN PSYCHIATRIC SOCIETY NZ

SCAN & PAY



UPI ID: indianpsychiatricsocietynz@sbi



After payment,
kindly mention the
Transaction Number
above and email
the registration
form to:
acipsnz2026@gmail.com

OR

Register Online



<https://forms.gle/pCRPqfLJ5hPgmRFPa>



CONFERENCE SECRETARIAT



Department of Psychiatry
Punjab Institute of Medical Sciences (PIMS)
Garha Road, Jalandhar, Punjab – 144001



Email:
acipsnz2026@gmail.com



Telephone:
+91 98143 89122
+91 98156 28887



ACADEMIC DETAILS

51st Annual Conference of the Indian Psychiatric Society – North Zone

ACIPS-NZ 2026



AWARD PAPERS

Members are invited to submit their research work for the following prestigious awards:

- Dr. N. N. Wig Award
- Dr. G. D. Koolwal Award
- Dr. R.K. Solanki Memorial Award
- Dr. V. D. Meel Poster Award



Award rules are available on the IPS-NZ website:
<https://ipsnz.org>

Members desirous of submitting their research work for Award Paper should send their complete paper to:



Chairperson, Awards Committee
Dr. Nand Kumar

Email:

awardpapersipsnz2026@gmail.com



Last Date for Submission:

31st July 2026



ORAL PAPERS/POSTERS/SYMPOSIA/WORKSHOPS

Abstract of Paper/Poster, Workshop & Symposium should be submitted to:



President, IPS North Zone
Dr. Rajesh Sagar



Email:

rsagar29@gmail.com
acipsnz@gmail.com



Subject :

ACIPSNZ-2026 Abstract

Registration Number of the conference must be provided with the Abstract.

IMPORTANT CUTOFF DATES



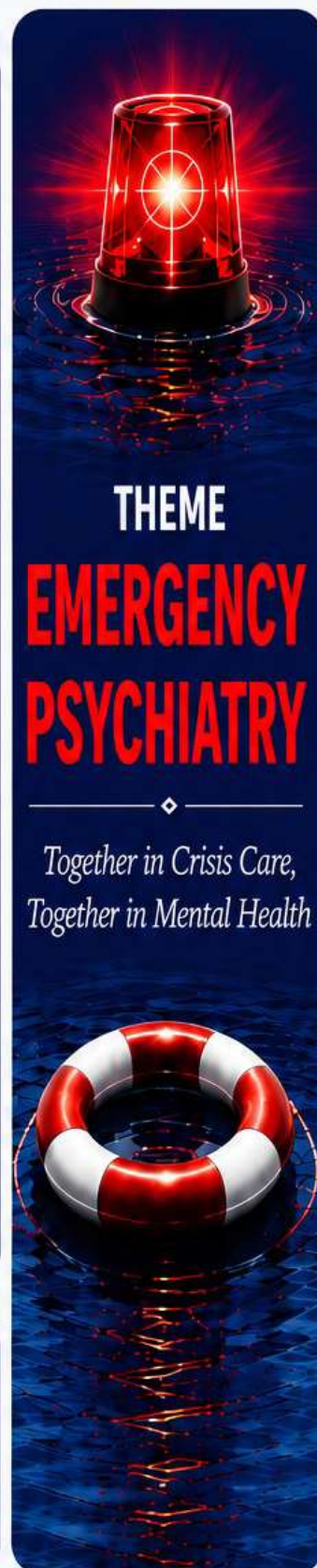
Award Papers/Orations

**31st
JULY 2026**



Last Date for Oral Papers/
Posters/Symposia/Workshops
abstract submissions

**15th
AUGUST 2026**



ACIPS-NZ 2026

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ABSTRACT SUBMISSION GUIDELINES



GENERAL INFORMATION

- Each registrant may submit abstract/s of his or her work for presentation during the ACIPSNZ 2026.
- It is expected that the abstract will include original data not previously published in a peer-reviewed journal or the proceedings of a national meeting or presented in a scientific conference.
- Registration is mandatory for the presenting author to present the poster or oral paper.
- All submissions will go through the peer review process.
- Authors selected for oral paper and poster presentations will be informed well in advance.
- Notices and instructions regarding acceptance of the abstract and presentation guidelines will be sent to the presenting author's e-mail address provided at the time of abstract submission.



ABSTRACT GUIDELINES

- Abstracts selected for presentation during the conference will be printed from the electronically submitted material.
- Every effort will be made to reproduce the content of the abstracts as submitted.
- The Scientific Committee does not proof-read or correct spelling, typographical, grammatical, or scientific errors, nor can changes be made once the abstract is submitted.
- Minor formatting changes may be made by the Abstract Review Committee before publication.
- Detailed information on the presentation format and submission procedures (i.e. duration and timing of the presentation, size of poster) will be emailed to all delegates whose papers have been accepted by the Scientific Committee.
- Registration Number of the conference must be provided with the Abstract.



IMPORTANT NOTE

Only registered delegates will be eligible to present Oral Papers, Posters, Symposiums, or Workshops during ACIPS-NZ 2026.

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ACIPS-NZ 2026

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QUIZ TIME?



PG Quiz at the 51st ACIPSNZ Annual Conference of the **Indian Psychiatric Society – North Zone**

September 26–27, 2026

Theme
Emergency Psychiatry



RULES OF PARTICIPATION

1. Registration is mandatory for all participants.
2. Participants must be currently pursuing MD/DNB (Psychiatry).
3. Each team shall consist of two participants.
Team members may belong to different colleges.
4. Candidates who have completed their postgraduate training are not eligible.
The final decision of the Quiz Committee shall be binding.
5. Participants may either:
 - Register through the Google Form, or
 - Submit their names and details to the coordinators by email:
acipsnz2026@gmail.com
6. Teams must upload a scanned PDF of permission to participate in the quiz, duly forwarded by the Head of the Department. For inter-college or inter-departmental teams, each participant must provide permission from the respective Head of the Department.
7. There is no limit to the number of teams represented by a college.
8. Quiz participants will undergo a preliminary screening round, followed by the final stage round on the second day of the conference.



SCOPE

The quiz shall contain questions related to, but not limited to, the following broad topics:

- Severe Mental Illnesses
- Epidemiology
- Clinical Presentation and Psychopathology
- Psychopharmacology
- Non-pharmacological Interventions
- Rehabilitation
- Current Issues



PRIZES

There will be exciting prizes for the first three winners.



ABOUT JALANDHAR

A City of Heritage, Science, Sports and Hospitality

Jalandhar is one of the oldest and most vibrant cities of Punjab, renowned for its rich cultural heritage, educational institutions, sporting goods industry, and warm hospitality.

Jalandhar is a major sports hub, with cricket bats, footballs, hockey equipment, and other sporting goods manufactured here being used in prestigious international tournaments including the **FIFA World Cup** and the **ICC Cricket World Cup**.



SHREE DEVI TALAAB MANDIR



- The temple, located in the heart of the city, is devoted to Goddess Durga and is visited by thousands of pilgrims every year.
- It is regarded as one of the 51 Shakti Pithas in India and is an important spiritual landmark of Punjab.

📍 Approximate distance from the conference venue: **5 km**



PUSHPA GUJRAL SCIENCE CITY



- A must-visit destination for anyone interested in science, innovation, and technology.
- Science City presents interactive exhibits, immersive experiences, and engaging demonstrations that make science come alive before one's eyes.

📍 Approximate distance from the conference venue: **15 km**



Jalandhar – India's Sporting Goods Capital



HOW TO REACH



BY AIR

- 📍 **Adampur Airport**
 - Approximately 20 km from the conference venue.
 - Daily flight from Delhi (Hindon Airport) operated by Star Air.
 - Daily flight to Mumbai operated by IndiGo.

- 📍 **Guru Ram Dass Ji International Airport, Amritsar**

- Approximately 90 km from Jalandhar.
- Daily flights to:
 - Delhi
 - Mumbai
 - Kolkata
 - Hyderabad
 - Pune
 - Jaipur
 - Goa
 - Bengaluru



BY RAIL

Jalandhar is an important railway junction on the:

- Delhi – Amritsar Main Line
- Delhi – Jammu Main Line

Regular services include:

- Vande Bharat Express
- Shatabdi Express



Travel time from Delhi to Jalandhar by Vande Bharat Express: approximately **4 hours 30 minutes.**



BY ROAD

- Jalandhar lies on **National Highway-1 (NH-44)** connecting Delhi and Amritsar.



Distance from Delhi: approximately **360 km**



Travel time by road: approximately **6 hours**



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Department of Psychiatry,
Punjab Institute of Medical Sciences,
Garha Road,
Jalandhar (Punjab) 144001



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acipsnz2026@gmail.com



Tel
9814389122, 9815628887

THEME

EMERGENCY PSYCHIATRY

*Together in Crisis Care,
Together in Mental Health*



PUNJAB INSTITUTE OF MEDICAL SCIENCES



ACIPS-NZ 2026

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