

YOUNG MINDS. WISE ROOTS. SHARED FUTURE.



2 Inspiring Days



**Young Minds
Big Ideas**



**One Unforgettable
Experience**

12-13 December, 2026
Fairfield by Marriott, Kolkata



An initiative by
Young Psychiatrist
Sub-Committee, IPS

Organised by
Young Psychiatrist
Sub-Committee, IPS

in association with
IPS West Bengal
State Branch

Organising Committee - YPCON 2026



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Dr. Sanjay Garg
Chief Advisor



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Message

Message from the Chief Advisor

Dear Young Colleagues and Friends,

It is a matter of great pride and joy for me to welcome you all to YPCON 2026 on 12-13 December 2026 at Fairfield by Marriott, Newtown - the Conference of Young Psychiatrists, in the City of Joy, Kolkata.

The future of Psychiatry lies in the energy, innovation and empathy of our young minds.

This YPCON is special because it is An initiative by Young Psychiatrist Sub-Committee, IPS, in association with IPS West Bengal State Branch. This platform is designed not just for academic deliberations, but to nurture leadership, friendship and collaboration.

As Chief Advisor, I have seen the Organising Committee led by Dr. Arghya Dutta, Dr. Sonalika Mondal, and the entire young team working tirelessly with great passion and dedication to make this event memorable.

I am confident that YPCON 2026 will be intellectually stimulating, with cutting-edge scientific sessions, and at the same time will give you memories and bonds for a lifetime.

I extend my heartfelt best wishes for the grand success of YPCON 2026 and warmly welcome you all to Kolkata.



Dr. Arabinda Brahma

Chief Advisor,
Young Psychiatrist Conference
Organising Committee





Message

It gives me immense pleasure to welcome you all to **YPCON 2026**, a celebration of young minds, fresh perspectives and the evolving spirit of psychiatry.

The theme, “**Evolving Minds: Psychiatry – Then, Now, Beyond,**” beautifully reflects the journey of our discipline across generations—from descriptive approaches to a deeper understanding of the brain, mind and society. Today, psychiatry stands at the intersection of neuroscience, technology, lived experience and compassionate care. For young psychiatrists, this is a time not only to learn, but to question, innovate and redefine. The future will demand scientific rigour, openness to new ideas and, above all, a deep sense of humanity.

YPCON provides a unique platform to exchange ideas, build friendships and create collaborations that can extend well beyond these two days. I hope the discussions here will encourage us to look beyond established boundaries and imagine what psychiatry can become.

I congratulate the Young Psychiatrist Sub-Committee of IPS and the organizing team led by Dr Arghya Dutta, Organising Chairperson and Dr Sonalika Mondal, Organising Secretary for bringing together this inspiring academic initiative. May these two days be filled with stimulating conversations, new ideas and an unforgettable experience.

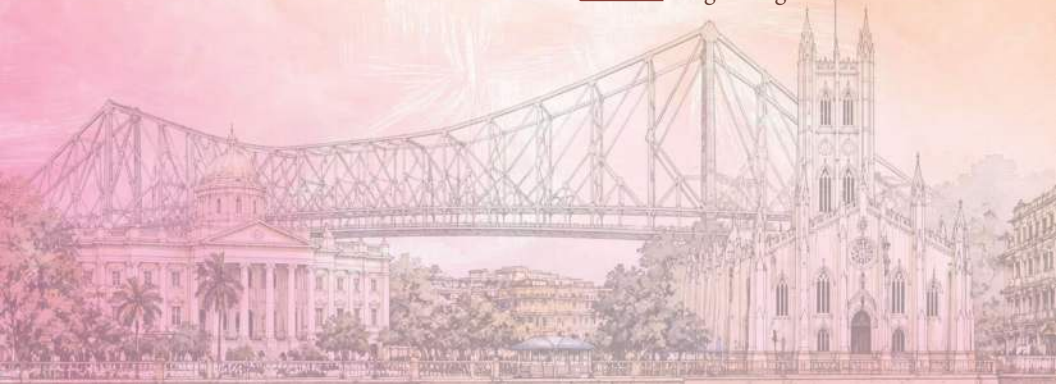
I warmly welcome you all and wish **YPCON 2026** every success.

Let us honour where psychiatry has been, understand where it stands, and together shape where it is going.



Dr. Sanjay Garg

Chief Advisor,
Young Psychiatrist Conference
Organising Committee





Message

Dear Friends, Colleagues, and the Future of Psychiatry,

It gives me immense pleasure to welcome you all to the Young Psychiatrist Conference. This premier event is designed to bridge the gap between decades of established clinical wisdom and the vibrant, forward-thinking energy of our next generation of mental health professionals. The field of psychiatry is evolving at an unprecedented pace.

Today, we are not just treating clinical disorders in isolation; we are actively navigating mental health in a rapidly transforming world driven by digital realities, shifting societal norms, and emerging neuroscientific breakthroughs. As young psychiatrists, you hold the unique responsibility—and the extraordinary privilege—of shaping how mental healthcare will be delivered in the decades to come.

This conference is curated specifically to be an equal platform where you can share breakthrough research, engage in rigorous academic debates, and challenge existing paradigms. Beyond the masterclasses and paper presentations, this event is a sanctuary for connection. I encourage you to use this space to network with peers, seek out mentors, and build lifelong collaborations that will sustain your professional journey. Your fresh perspectives, technological fluency, and empathy are exactly what modern medicine needs. I urge you to participate actively, question deeply, and absorb as much as you can. Let this conference be the catalyst that ignites your passion for innovation and excellence in mental health.

I wish the organizing committee and all the delegates a highly successful, inspiring, and transformative conference.

Warm regards,



Dr. Debjani Bandopadhyay

Chief Advisor,
Young Psychiatrist Conference
Organising Committee





Message

YPCON 2026 | Kolkata

“Evolving Minds: Psychiatry — Then. Now. Beyond.”

It is my immense pleasure and privilege to welcome you all to YPCON 2026, in the vibrant and culturally rich city of Kolkata.

The theme of this year's conference—“Evolving Minds: Psychiatry — Then. Now. Beyond.”—beautifully reflects the journey of psychiatry: its remarkable evolution from understanding the mind through observation and experience, to an increasingly scientific, evidence-based and neuroscience-informed discipline, and towards a future shaped by innovation, technology and personalised mental healthcare.

For young psychiatrists, this journey is particularly significant. We stand at a fascinating crossroads where the wisdom of the past meets the possibilities of the future. Our responsibility is not merely to inherit the knowledge of psychiatry, but to question, refine and expand it.

YPCON is envisioned as a platform where young psychiatrists can exchange ideas, engage in meaningful academic discourse, learn from experienced colleagues and, importantly, build friendships and professional collaborations that extend far beyond the conference.

Kolkata, with its intellectual heritage, artistic spirit and enduring culture of debate and ideas, provides a fitting setting for such an endeavour.

I extend my sincere gratitude to our distinguished faculty, speakers, delegates, organising committee members and all those who have contributed their time and enthusiasm towards making YPCON 2026 possible.

May these few days of learning, dialogue and fellowship inspire us to look beyond what psychiatry is today and imagine what psychiatry can become tomorrow.

I warmly welcome you to YPCON 2026 and wish you an intellectually stimulating, professionally enriching and memorable experience.



Dr. Arghya Dutta

Organising Chairperson
Young Psychiatrist Conference
Organising Committee



Message

Dear Seniors , Friends and Colleagues,

On behalf of the Organizing Committee, it is my distinct privilege and honor to welcome you to the **Young Psychiatrist Conference 2026**, held this December in the culturally vibrant and historically rich city of Kolkata. Kolkata, the "City of Joy," is not merely a geographic location; it is an experience, an intellectual sanctuary, and the cradle of modern Indian thought. For centuries, this city has harmonized the realms of Culture, Art, and Science. It is the land of literary giants, revolutionary artists, and pioneering scientists. Crucially, Kolkata holds a foundational place in the history of medicine and mental health, being home to some of the earliest psychiatric institutions and psychological societies in Asia. Choosing Kolkata as our venue is a tribute to this rich heritage of deep human inquiry. This year, our scientific deliberations center around a compelling theme: "Evolving Minds: Then, Now, and Beyond." This theme perfectly mirrors the dual identity of Kolkata. On one hand, Bengal has always been India's most modern, progressive, and forward-thinking metropolis, filled with people who embrace intellectual evolution. As we step deeper into the Digital Era, our minds are evolving at an unprecedented pace, adapting to artificial intelligence, virtual connectivity, and shifting paradigms of mental well-being. Yet, on the other hand, the "Soul" of this city remains deeply grounded in empathy, community, and human connection. Our theme explores this very intersection—how psychiatry can leap into the technological future ("Beyond") without losing the core human essence and historical wisdom ("Then" and "Now") that defines our practice. To capture this spirit of evolution, boundless thought, and progressive change, we turn to the words of Bengal's greatest visionary, Rabindranath Tagore:

"Where the mind is without fear and the head is held high; Where knowledge is free; Where the world has not been broken up into fragments by narrow domestic walls; Where words come out from the depth of truth; Where tireless striving stretches its arms towards perfection; Where the clear stream of reason has not lost its way into the dreary desert sand of dead habit; Where the mind is led forward by thee into ever-widening thought and action..."

These timeless lines perfectly encapsulate the ethos of our conference. As young psychiatrists, you are the torchbearers who will lead the mind forward into "ever-widening thought and action," breaking down the stigmas and boundaries of the past. Beyond the rich academic feast, December is the absolute best time to experience Kolkata. The city sheds its humid summer and wraps itself in a delightful, crisp winter chill. This season brings with it a treasure trove of seasonal delicacies that you must not miss. You will have the chance to savor the legendary Nolen Gur (date palm jaggery) infused into sweets like Sandesh and Rasgullas, taste the comforting winter street food like piping hot Radhaballabhi with Alur Dom, and indulge in the iconic rich fruit cakes from the bakeries of Park Street. This conference promises to be a remarkable synthesis of cutting-edge neuroscience, progressive social psychiatry, and warm Bengali hospitality. We invite you to bring your ideas, your passion, and your vision to shape the future of mental health. We look forward to welcoming you to Kolkata this December!



Warm regards,

Dr. Sonalika Mondal

Organizing Secretary

Young Psychiatrist Conference, Kolkata



2026

12-13 December, 2026 • Fairfield by Marriott, Kolkata

For **ONLINE Registration**, please click the Link:

REGISTRATION LINK 

Registration Form (Offline)

☐ Member ☐ Non-Member ☐ Corporate ☐ Accompanying Person

Name

Age Gender IPS Membership No.

Address

City State PIN

Mobile No. Whatsapp

Email ID

Registration Tariff

Category	Early Bird Upto 15.10.2026	Upto to 30.11.2026	From 01.12.2026 till Spot
Member	6,000 + 1,080 (GST)	8,000 + 1,440 (GST)	10,000 + 1,800 (GST)
Non Member	7,500 + 1,350 (GST)	8,500 + 1,530 (GST)	11,000 + 1,980 (GST)
Corporate	20,000 + 3,600 (GST)	22,000 + 3,960 (GST)	24,000 + 4,320 (GST)
Accompanying	6,000 + 1,080 (GST)	8,000 + 1,440 (GST)	10,000 + 1,800 (GST)

GST @18%

Details of Accompanying Person(s)

Name M/F Age

Name M/F Age

Name M/F Age

Bank Details:

A/c Name: **YPCON 2026**

Account no. **032088700000753**

Bank: **Yes Bank**

Branch: **Prince Anwar Shah**

Road

IFS code : **YESB0000320**

MICR Code: **700532006**

DD/Cheque No./Transfer No.

..... Dated

Bank

Branch

Amount In words

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